Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Daily Chronicle (SR) 10:00 Seated Tai Chi & Movement w/ Patrick (SR) 10:40 Pet Therapy Visit w/ Christine & Leo! (DR Lounge) 11:00 You Be The Judge (SR) 1:15 Ballon Volleyball! (SR) 2:15 Somebody Feed Phil! (SR) 3:45 Trivia Time w/ Elliana (DR Lounge)	2 9:00 Dominoes w/ Elliot (HUB D) 9:30 Morning Moves (SR) 10:00 The Daily News (SR) 10:30 Book Club w/ Ellyn & Keith (SR) 1:15 History Trivia (SR) 1:00 Mahjong (Hub C) 2:15 Nostalgic Trivia (SR) 3:15 Sunshine & Music Requests (DAVS)	3 9:15 Fun w/Fitness (SR) 10:00 The Daily Chronicle & Daily Scoop (SR) 10:45 Schmooze w/ Rabbi Yaffa-Shira (SR) 1:15 Fun w/ Fitness (SR) 2:15 Corner Store & Word Games (SR) 3:15 Trivia Time w/Brady (DR Lounge) 6:00 Movie Night (SR)	4 9:15 Fun w/ Fitness (SR) 10:00 Concert: Taylor Bassett! (SR) 10:30 Knitting Club (Hub C) 1:15 Daily Chronicle & Trivia(SR) 2:00 Program with Or! (SR) 3:15 Trip: IL Library(DR Lounge) 6:00 Puzzles & Games: Resident Led (SR)	5 9:00 Rummy-Q (HUB D) 9:30 Morning Moves (SR) 9:45 Daily Chronicle & Scoop (SR) 10:30 Trivia w/ Jerry (DR Lounge) 1:15 Sit n be FIT w/ Fitness Staff (SR) 2:00 You Be the Judge (SR) 3:00 Corner Store (SR) 3:30 Happy Hour (DR Lounge)	6 9:15 Fun w/ Fitness (SR) 10:00 Daily Chronicle & Fun Fact (SR) 10:30 Trivia (SR) 1:30 $1 BINGO (SR) 3:00 You Be the Judge (DR Lounge) 4:00 Music Request (DR Lounge) 4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)	7 10:00 Shabbat Services w/Rabbi Yaffa-Shira & Cantor Mark (CS) 1:30 Shabbat Limud w/Rabbi Yaffa-Shira (CS) 1:30 Daily News (SR) 2:00 Trivia (SR) 2:30 Fun Facts (SR) 3:30 Music Time (DAVS) 6:00 Movie Night: (SR)
8 9:30 Daily Chronicle (SR) 10:00 Morning Moves (SR) 10:40 Pet Therapy Visit w/ Christine & Leo! (DR Lounge) 11:00 You Be The Judge (SR) 1:30 SDJA Volunteer Fun! (SR) 2:15 Somebody Feed Phil! (SR) 3:45 Trivia Time w/ Elliana (DR Lounge)	9 9:00 Dominoes w/ Elliot (HUB D) 9:30 Morning Moves (SR) 10:00 The Daily News (SR) 10:30 Travelogue: Hernan (SR) 1:00 Mahjong (Hub C) 1:15 Nostalgic Trivia (SR) 1:45 Pet Therapy Visit w/ Kathy & Finn (SR) 2:00 Jeopardy (SR) 2:30 Historic Trivia (SR) 3:00 Concert: Vincent Young (SR)	10 9:15 Fun w/ Fitness (SR) 10:00 The Daily Chronicle & Daily Scoop (SR) 10:30 Corner Store & Word Games (SR) 1:15 Fun w/ Fitness (SR) 2:15 $1 BINGO (SR) 3:15 Trivia Time w/Brady (DR Lounge) 6:00 Movie Night (SR)	11 9:15 Fun w/ Fitness (SR) 10:00 Daily Chronicle & Trivia (SR) 10:30 Art Program w/Sylvia (SR) 10:30 Knitting Club (Hub C) 1:30 Creative Writing w/ Noa (SR) 2:00 Program with Or! (SR) 3:00 Part One Adult Ed (TH) 3:15 Trivia Time (DR Lounge) 6:00 Puzzles & Games: Resident Led(SR)	12 9:00 Rummy-Q (HUB D) 9:30 Morning Moves (SR) 9:45 Daily Chronicle & Scoop (SR) 10:00 Beading w/ Rochelle (SR) 1:15 Sit n be FIT w/ Fitness Staff (SR) 2:00 You Be the Judge (SR) 3:00 Corner Store (SR) 2:30 Entertainment Jerry McCann (DR Lounge) 3:30 Special Happy Hour w/ Carlos V. (DAVS)	13 9:15 Fun w/ Fitness (SR) 10:00 Daily Chronicle & Fun Fact (SR) 10:30 Trivia (SR) 1:30 $1 BINGO (SR) 3:00 You Be the Judge (DR Lounge) 4:00 Music Request (DR Lounge) 4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)	14 10:00 Shabbat Services w/Rabbi Yaffa-Shira (CS) 1:30 Shabbat Limud w/Rabbi Yaffa-Shira (CS) 1:30 Daily News (SR) 2:00 Trivia (SR) 2:30 Fun Facts (SR) 3:30 Music Time (DAVS) 6:00 Movie Night: (SR)
15 Stroll For The Soul 9:30 Daily Chronicle (SR) 10:40 Pet Therapy Visit w/ Christine & Leo! (DR Lounge) 11:00 You Be The Judge (SR) 1:30 SDJA Volunteer Fun! (SR) 2:15 Somebody Feed Phil! (SR) 3:45 Trivia Time w/ Elliana (DR Lounge)	16 9:00 Dominoes w/ Elliot (HUB D) 9:30 Morning Moves (SR) 10:00 The Daily News (SR) 10:30 Somebody Fed Phil (SR) 10:30 Book Club w/ Ellyn & Keith (SR) 1:00 Mahjong (Hub C) 1:00 Jeopardy (SR) 2:00 Heart to Heart w/ Carl (SR) 3:15 Sunshine & Music Requests (DAVS)	17 9:15 Fun w/ Fitness (SR) 10:00 The Daily Chronicle & Daily Scoop (SR) 10:30 Corner Store & Word Games (SR) 10:45 Schmooze w/ Rabbi Yaffa-Shira (DR Lounge) 1:30 Entertainment w Hitoshi! (SR) 2:30 You Be the Judge (SR) 3:15 Trivia Time w/Brady (DR Lounge) 6:00 Movie Night (SR)	18 9:15 Fun w/ Fitness (SR) 10:00 Daily Chronicle & Trivia (SR) 10:30 Art Program w/Sylvia (SR) 10:30 Knitting Club (Hub C) 1:30 Live Entertainment: Glenn Kramer (SR) 2:30 Program with Or! (SR) 3:00 Part Two Adult Ed (TH) 3:15 Trivia Time (DR Lounge) 6:00 Puzzles & Games: Resident Led (SR)	19 Pickle Day! Wear Green! 9:00 Rummy-Q (HUB D) 9:30 Morning Moves (SR) 9:45 Daily Chronicle & Scoop (SR) 10:00 Pickle Trivia (SR) 10:30 Trivia w/ Jerry (DR Lounge) 1:15 Resident Council 2:00 Live Entertainment: Naomi Alter! (SR) 3:30 Happy Hour (DAVS)	20 9:15 Fun w/ Fitness (SR) 10:00 Daily Chronicle & Scoop (SR) 10:30 History Trivia (SR) 1:30 $1 BINGO (SR) 2:45 You Be the Judge (DR Lounge) 4:00 Music Request (DR Lounge) 4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)	21 10:00 Shabbat Services w/Rabbi Yaffa-Shira & Cantor Kathy (CS) 1:30 Shabbat Limud w/Rabbi Yaffa-Shira (CS) 1:30 Daily News (SR) 2:00 Trivia (SR) 2:30 Pumpkin Tasting (SR) 3:30 Music Time (DAVS) 6:00 Movie Night: (SR)
22 9:30 Daily Chronicle (SR) 10:00 Seated Tai Chi & Movement w/ Patrick (SR) 10:40 Pet Therapy Visit w/ Christine & Leo! (DR Lounge) 11:00 You Be The Judge (SR) 1:30 Noodle Ball (SR) 2:30 All Campus Concert: Dimetery (CS) 3:45 Trivia Time w/ Elliana (DR Lounge)	23 9:00 Dominoes w/ Elliot (HUB D) 9:30 Stretch & Flex (SR) 10:00 The Daily News (SR) 10:30 Somebody Fed Phil (SR) 1:00 Mahjong (Hub C) 1:00 Jeopardy (SR) 2:00 Historic Trivia (SR) 3:00 Concert: Vincent Young (SR)	24 9:15 Fun w/ Fitness (SR) 10:00 The Daily Chronicle & Daily Scoop (SR) 10:30 Corner Store & Word Games (SR) 1:35 Meditation with Mona; Body Scan (SR) 2:00 Heart to Heart w/ Carl (SR) 3:15 Trivia Time w/Brady (DR Lounge) 6:00 Movie Night (SR)	25 9:15 Fun w/ Fitness (SR) 10:00 Daily Chronicle & Trivia (SR) 10:30 Finish The Line (SR) 2:00 Program with Or! (SR) 3:00 Part Three Adult Ed (TH) 3:15 Trivia Time (DR Lounge) 6:00 Puzzles & Games: Resident Led (SR)	26 Happy Thanksgiving! 9:00 Rummi-Q (HUB D) 9:30 Morning Moves (SR) 9:45 Daily Chronicle & Scoop (SR) 10:00 Beading w/ Rochelle (SR) 12:30 Thanksgiving Day Lunch! 1:30 Thanksgiving Day Trivia! (SR) 2:00 BINGO (SR) 3:00 Music on the Patio (DAVS)	27 9:15 Fun w/ Fitness (SR) 10:00 Daily Chronicle & Scoop (SR) 10:30 History Trivia (SR) 1:30 $1 BINGO (SR) 2:45 You Be the Judge (DR Lounge) 4:00 Music Request (DR Lounge) 4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)	28 10:00 Shabbat Services w/Rabbi Yaffa-Shira & Cantor Kathy (CS) 1:30 Shabbat Limud w/Rabbi Yaffa-Shira (CS) 1:30 Daily News (SR) 2:00 Trivia (SR) 2:30 Fun Facts (SR) 3:30 Music Time (DAVS) 6:00 Movie Night: (SR)
29 9:30 Daily Chronicle (SR) 10:00 Seated Tai Chi & Movement w/ Patrick (SR) 10:40 Pet Therapy Visit w/ Christine & Leo! (DR Lounge) 11:00 You Be The Judge (SR) 1:15 Ballon Volleyball! (SR) 2:15 Somebody Feed Phil! (SR) 3:45 Trivia Time w/ Elliana (DR Lounge)	30 9:00 Dominoes w/ Elliot (HUB D) 9:30 Morning Moves (SR) 10:00 The Daily News & Scoop (SR) 10:30 You Be The Judge (SR) 1:15 History Trivia (SR) 1:00 Mahjong (Hub C) 2:15 Nostalgic Trivia (SR) 3:15 Sunshine & Music Requests (DAVS)					

November 2026
Life Enrichment Calendar

Seacrest Village Retirement Communities at Encinitas
Leichtag Family Assisted Living Residence

[Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]

We thank our contributors for making these programs possible:
The Haimsohn Family Holiday Program
Irwin & Joan Jacobs Cultural Program
Irwin & Joan Jacobs Transportation Program
The Galinson Family Rehabilitative Therapy Program
The Merrill & Robert Haimsohn Alzheimer's Program
Lipinsky Family Foundation Nursing Program
The A. Wexler, R. Simon & E. Addleson Family Assisted Living Program

November 2026 - Life Enrichment

AL-SR= Assisted Living Sunroom
CL=Computer Lab
CS= Chodorow Synagogue
DAVS= Dave &Annette's Village Square**
FC = Fitness Center
FP = Fireside Patio
Francy's' = Dining Room Lounge
GHC= Goldberg Health
GRC= Goldberg Resident Court
LI= Library (Building A)
PDR = Private Dining Room
R= Recreation Room*
TH =Theater
TR= Tasting Room*
TVLO= TV Lounge*

Buildings
(A) Independent Living
(B) Healthcare Center
(C) Administration
(D) Assisted Living
(E) Memory Care
(F) Independent Living

Important Contacts

Genesis Franco - Director of Assisted Living - 760-516-2040
Sammi Cohen - Life Enrichment Coordinator - 760-516-2026
Alex Chmiel - AL Life Enrichment - 760-632-8948
Zy Dewey - Senior Fitness Program Coordinator - 760-632-3739
Sheryl Seltser - Volunteer Liaison - 760-632-3718
Rabbi Yaffa-Shira - Director of Spiritual Life - 760-942-2950
Front Desk Reception - 760-632-0081
Room Tray Line - 760-516-2009

Hair Salon Open Fridays!

To make an appointment, please come to the salon and write your name in the appointment book.



Please contact Zy **760-632-3739** or speak with the fitness staff to be added to the NuStep calendar for consistent exercise.



Color Key

- Trips (Drives, Tours, & Shopping Loops)
- Religious Programming
- Special Programming
- MOVIES

Bus Updates



Happy Birthday

Howard D. 11/02
Phyllis S. 11/04
Judith G. 11/14
Norma K 11/21



Welcome To Seacrest!

Zita N.!



Entertainment & Special programming

November 1st, 22nd, 29th
10:00 AM Seated Tai Chi w/Patrick (SR)

November 4th 10:00 AM Concert: Taylor Bassett (SR)

November 12th 2:30 PM Happy Hour with Jerry McCann (DR Lounge)

November 9th 10:30 AM Travelogue with Hernan (SR)

November 9th & 23rd 3:00 PM Concert: Vincent Young (SR)

November 17th 1:30 PM Concert: Hitoshi (SR)

November 22nd 2:30 PM All Campus:Dimetery (CS)

November 18th 1:30 PM Concert: Glenn Kramer (SR)

November 19th 3:30 PM Concert: Naomi Alter (SR)

Special Event!





