

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
September 2026 Life Enrichment Calendar Seacrest Village Retirement Communities at Encinitas Joseph & Dorothy Goldberg Healthcare Center [Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]		1 8:30 Guardian Room Opens 9:30 Live Entertainment: Senior Samba w/Tamar! 10:30 A to Z Trivia 11:00 Travel / Nature Documentary 2:00 Art Time! 3:15 "The Golden Girls" 4:15 Brain Game Trivia	2 8:30 Guardian Room Opens 9:30 Let's Move w/Fitness Staff! 10:00 The Daily Chronicle 10:15 Travel / Nature Documentary 11:00 Schmooze with the Rabbi Insights with OR 2:15 Afternoon Bingo! 4:00 "Northern Exposure" 5:45 Evening Movie: TBD	3 8:30 Guardian Room Opens 9:30 Fun w/Fitness Staff! 10:00 The Daily Chronicle 10:15 Everyday Trivia 10:45 Live Entertainment: Senior Samba w/Tamar! 2:00 Happy Hour in the Guardian Room 2:00 Afternoon Movie: TBD 5:45 Rick Time!	4 8:30 Guardian Room Opens 9:30 Balloon & Noodle Fun! 10:00 Live Entertainment: Glenn Kramer!! 11:00 White Board: Word Mining 2:00 Relax to Music on Patio or in the Guardian Rm (weather permitting) 3:00 "Murder She Wrote w/Angela Lansbury 4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira In Dining Rm	5 SELICHOT 8:30 Guardian Room Opens 10:00 SHABBAT Services w/Rabbi Yaffa-Shira & Cantor Kathy In Chodorow Synagogue & SVTV Ch 70 2:00 Relax to Music on Patio or in the Guardian Rm (weather permitting) 3:15 Trivia for Seniors 3:45 Nature Doc (TBD) 7:00 Selichot & Havdalah	
6 8:30 Guardian Room Opens 9:30 Let's Get Moving! 10:00 The Daily Chronicle! 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:00 Wheel of Fortune: Common Phrases / Jeopardy 3:15 Nature Doc / Show	7 LABOR DAY 8:30 Guardian Room Opens 9:30 Fun with Fitness Staff 10:00 The Daily Chronicle! 10:15 Travel / Nature Doc 11:00 White Board: Word Mining 2:15 Bingo Time! 4:00 "Northern Exposure" 	8 8:30 Guardian Room Opens 9:30 Exercise w/Fitness Staff! 10:00 A to Z Trivia 10:30 Live Entertainment: Robert Hardaway! 11:30 The Daily Chronicle 2:00 Resident Council Meeting in the Guardian Room Library 3:00 "Golden Girls" 4:00 Brain Game Trivia	9 8:30 Guardian Room Opens 9:30 Let's Move w/Fitness Staff! 10:00 Live Entertainment: Taylor Bassett! 11:00 The Daily Chronicle 11:15 Fun Trivia 2:15 Afternoon Bingo! 4:00 "Northern Exposure" 5:45 Evening Movie: TBD	10 8:30 Guardian Room Opens 9:30 Fun w/Fitness Staff! 10:00 The Daily Chronicle 10:15 Everyday Trivia 10:45 Music Circle w/Willow! 2:00 Happy Hour in the Guardian Room 2:00 Afternoon Movie: TBD 5:45 Rick Time!	11 EREV ROSH HASHANAH 8:30 Guardian Room Opens 9:30 Balloon & Noodle Fun! 10:00 The Daily Chronicle! 10:15 Trivia & Reminiscence 11:00 "Murder She Wrote" w/Angela Lansbury 2:00 Relax to Music on Patio or in the Guardian Rm (weather permitting) 3:15 "Golden Girls" (2 Episodes) 4:30 Erev Rosh Hashanah Candle Lighting w/Rabbi Yaffa-Shira In Dining Rm	12 ROSH HASHANAH 8:30 Guardian Room Opens 10:00 SHABBAT Rosh Hashanah Services w/ Rabbi Yaffa-Shira & Cantor Kathy In Chodorow Synagogue & SVTV Ch 70 (2 hrs) 1:30 Rosh Hashanah Tashlikh Service (DAVS) 2:00 Relax to Music on Patio or in the Guardian Rm (weather permitting) 3:15 Trivia for Seniors 3:45 Nature Doc (TBD)	
13 ROSH HASHANAH DAY 2 10:00 ROSH HASHANAH Service w/Rabbi Yaffa-Shira & Cantor Kathy In Chodorow Synagogue & SVTV Ch 70 (2 hrs) 2:00 Wheel of Fortune: Common Phrases / Jeopardy 3:15 Nature Doc / Show / Movie	14 8:30 Guardian Room Opens 9:30 Fun with Fitness Staff 10:00 The Daily Chronicle! 10:15 Travel / Nature Doc 11:00 White Board: Word Mining 1:30 Live Entertainment: Vincent Young! 2:00 Pet Therapy w/Kathy & Finn! 2:30 Finish the Lines / Lyrics 3:00 White Board Game: Name 4 4:00 "Northern Exposure"	15 8:30 Guardian Room Opens 9:30 Live Entertainment: Hitoshi! 10:30 Everyday Trivia 11:00 Travel / Nature Documentary 2:00 Relax to Music on the Patio or In the Guardian Rm (weather permitting) 2:30 Pet Therapy w/Judy & Atticus! 3:15 "The Golden Girls" 4:15 Brain Game Trivia	16 8:30 Guardian Room Opens 9:30 Let's Move w/Fitness Staff! 10:30 ALL CAMPUS CONCERT: David Saliamonas in the Chodorow Synagogue 2:15 Afternoon Bingo! 4:00 "Northern Exposure" 5:45 Evening Movie: TBD	17 8:30 Guardian Room Opens 9:30 Fun w/Fitness Staff! 10:00 A to Z Trivia 10:30 Live Entertainment: Robert Hardaway! 11:30 The Daily Chronicle 2:00 Happy Hour in the Guardian Room 2:00 Afternoon Movie: TBD 5:45 Rick Time!	18 8:30 Guardian Room Opens 9:30 Balloon & Noodle Fun! 9:45 Scenic Drive! (TBD) 10:00 The Daily Chronicle! 10:15 Trivia & Reminiscence 11:00 "Murder She Wrote" w/Angela Lansbury 2:00 Relax to Music on Patio or in the Guardian Rm (weather permitting) 3:15 "Golden Girls" (2 Episodes) 4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira In Dining Rm	19 8:30 Guardian Room Opens 10:00 SHABBAT Services w/Rabbi Yaffa-Shira & Cantor Kathy In Chodorow Synagogue & SVTV Ch 70 2:00 Relax to Music on Patio or in the Guardian Rm (weather permitting) 3:15 Trivia for Seniors 3:45 Nature Doc (TBD)	
20 KOL NIDRE 8:30 Guardian Room Opens 9:30 Let's Get Moving! 10:00 The Daily Chronicle! 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:00 Special All Campus Concert: Musical Moments ~ The Music of Broadway 3:15 White Board Game: Name 4 4:00 Candle Lighting in Guardian Room GHC & Katzin w/Cantor Kathy (30 min)	21 YIZKOR / YOM KIPPUR 10:00 YOM KIPPUR Service w/Rabbi Yaffa-Shira & Cantor Kathy In Chodorow Synagogue & SVTV Ch 70 (2 hrs) 2:00 White Board: Name 10 2:45 This & That Trivia 3:15 "Northern Exposure"(2 Episodes) 4:30 Yizk or Neirah (By Request)	22 8:30 Guardian Room Opens 9:30 Exercise w/Fitness Staff! 10:00 Live Entertainment: Glenn Kramer! 11:00 White Board Game: Word Mining 1:30 Pet Therapy w/Helen Woodward 2:00 Relax to Music on the Patio or In the Guardian Rm (Decorate Sukkah) (weather permitting) 3:15 "The Golden Girls" 4:15 Brain Game Trivia	23 ** Sukkah Decorating ** 8:30 Guardian Room Opens 9:30 Let's Move w/Fitness Staff! 10:00 The Daily Chronicle 10:15 Travel / Nature Documentary 11:00 Schmooze with the Rabbi/ Insights with OR (TBC) 2:15 Afternoon Bingo! 4:00 "Northern Exposure" 5:45 Evening Movie: TBD	24 ** Sukkah Decorating ** 8:30 Guardian Room Opens 9:30 Fun w/Fitness Staff! 10:00 The Daily Chronicle 10:15 Everyday Trivia 10:45 Music Circle w/Willow! 2:00 Happy Hour in the Guardian Room 2:00 Afternoon Movie: TBD 5:45 Rick Time!	25 EREV SUKKOT 8:30 Guardian Room Opens 9:30 Balloon & Noodle Fun! 10:00 Live Entertainment: Taylor Bassett! 11:00 The Daily Chronicle! 11:15 Trivia & Reminiscence 2:00 Relax to Music on Patio or in the Guardian Rm (weather permitting) 3:15 "Golden Girls" (2 Episodes) 4:30 Erev Sukkot Candle Lighting w/ Rabbi	26 SUKKOT 8:30 Guardian Room Opens 10:00 SUKKOT DAY 1 Services w/ Rabbi Yaffa-Shira & Cantor Kathy In Chodorow Synagogue & SVTV Ch 70 (2 hrs) 2:00 Relax to Music on Patio or in the Guardian Rm (weather permitting) 3:15 Trivia for Seniors	
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