

September 2026 - Life Enrichment

DAVS= Dave & Annette's Village Square**
CL=Computer Lab
CS-DR= Chodorow Synagogue/ Dining Room
FC = Fitness Center
FP = Fireside Patio
GHC= Goldberg Healthcare
GR= Guardian Room in GHC
GRC= Goldberg Residence Court

LI= Library (Building A)
R= Recreation Room*
SR= Assisted Living Sunroom (upstairs)
TH =Theater
TR= Tasting Room*
TVLO= TV Lounge*

** Non Kosher except for tables directly outside Mel's Café

Buildings
(A) Independent Living
(B) Healthcare Center
(C) Administration
(D) Assisted Living
(E) Memory Care
(F) Independent Living

Happy Birthday!

Shirley G. 9/26

Welcome To Seacrest!

Catherine C.apt 451

HIGH HOLIDAY SERVICES

SELICHOT– Saturday, Sept. 5
Havdalah & Selichot Services
7pm Synagogue

EREV ROSH HASHANAH– Friday, Sept. 11
Erev Rosh Hashanah & Shabbat
Candle Lighting
5pm Dining Room

Erev Rosh Hashanah Service
6:30pm Synagogue

ROSH HASHANAH DAY ONE– Saturday, Sept. 12
(QUIET DAY)
Rosh Hashana & Shabbat Services
10am Synagogue

Tashlich Ritual
1:30pm DAVS

ROSH HASHANAH DAY TWO–Sunday, Sept. 13
Rosh Hashanah Service
10am Synagogue

EREV YOM KIPPUR–Sunday, Sept. 20
Yom Kippur Candle Lighting
5pm Dining Room

Kol Nidre Service
6:30pm Synagogue

YOM KIPPUR/YIZKOR–Sunday, Sept. 21
(QUIET DAY)
Yom Kippur Service
10am Synagogue

Yizkor & Neilah Service
4:30pm Synagogue

Yom Kippur Break-fast
6pm Dining Room

EREV SUKKOT–Friday, Sept. 25
Erev Sukkot & Shabbat Candle Lighting
5pm Dining Room

Entertainment



Special programming

September 6th and 27th

10:00 AM Seated Tai Chi w/Patrick (SR)

September 1st 1:00 PM Concert: Tom Reich (SR)

September 2nd 10:00 AM Concert: Taylor Bassett (SR)

September 3rd and 17th 2:00 PM Concert: Yeoh (SR)

September 10th 3:30 PM Happy Hour with Jerry McCann
(DR Lounge)

September 14th 10:30 AM Travelogue with Hernan (SR)

September 14th & 28th 3:00 PM Concert: Vincent Young
(SR)

September 15th 1:30 PM Concert: Hitoshi (SR)

September 15th 10:30 PM All Campus: David Saliamonas
(CS)

September 16th 1:30 PM Concert: Glenn Kramer (SR)

September 24th 3:30 PM Concert: Naomi Alter (SR)

Assisted Living Outings

Scenic Drives

September 1st, 15th, 29th @ 9:30 AM

September 10th & 17th @ 1:00 PM



Lunch Outing
September 22nd @ 11:45
The Cottage in Encinitas!



Important Contacts

Genesis Franco - Director of Assisted Living - 760-516-2040

Sammi Cohen - Life Enrichment Coordinator - 760-516-2026

Zy Dewey - Senior Fitness Program Coordinator - 760-632-3739

Sheryl Seltser - Volunteer Liaison - 760-632-3718

Rabbi Yaffa-Shira - Director of Spiritual Life - 760-942-2950

Front Desk Reception - 760-632-0081

Room Tray Line - 760-516-2009

Hair Salon Open Fridays!

To make an appointment, please come to write your name in the appointment book.



the salon and in the appointment book.

Please contact Zy 760-632-3739 or speak with the fitness staff to be added to the NuStep calendar for consistent exercise.

