

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2026 Life Enrichment Calendar Seacrest Village Retirement Communities at Encinitas Joseph & Dorothy Goldberg Healthcare Center [Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.] We thank our contributors for making these programs possible: The Haimsohn Family Holiday Program Irwin & Joan Jacobs Cultural Program Irwin & Joan Jacobs Transportation Program The Galinson Family Rehabilitative Therapy Program The Merrill & Robert Haimsohn Alzheimer's Program Lipinsky Family Foundation Nursing Program The A. Wexler, R. Simon & E. Addleson Family Assisted Living Program The Sima & Joseph Oppenheimer Religious & Education Program						
2 8:30 Guardian Room Opens 9:30 Let's Get Moving! 10:00 The Daily Chronicle! 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:00 Wheel of Fortune: Common Phrases / Jeopardy 3:15 Nature Doc: "A Gorilla Story" told by David Attenborough (Netflix) 4:30 Finish the Lyrics	3 8:30 Guardian Room Opens 9:30 Fun with Fitness - Zyl! 10:00 Live Entertainment: Glenn Kramer! 11:00 White Board - Word Mining 2:00 Resident Council Meeting 3:00 Bingo Time! 4:30 Finish the Lines / Lyrics!	4 8:30 Guardian Room Opens 9:30 Live Entertainment: Senior Samba w/Tamar! 10:30 Live Entertainment: Robert Hardaway! 11:30 The Daily Chronicle! 2:00 Art Time! 3:15 "The Golden Girls" 4:15 Brain Game Trivia	5 8:30 Guardian Room Opens 9:30 Exercise w/Fitness Staff! 10:00 The Daily Chronicle 10:15 Travel Documentary 11:00 Schmooze with the Rabbi 2:15 Afternoon Bingo! 4:00 "Northern Exposure" 5:45 NO EVENING MOVIE!	6 8:30 Guardian Room Opens 9:30 Fun w/Fitness Staff! 10:00 The Daily Chronicle! 10:15 Everyday Trivia 10:45 Live Entertainment: Senior Samba w/Tamar! 2:00 Happy Hour in the Guardian Room 2:30 Movie: "Julie & Julia" w/Meryl Streep & Amy Adams 5:45 NO Rick Time!	7 8:30 Guardian Room Opens 9:30 Exercise w/Balloon & Noodles! 10:00 The Daily Chronicle! 10:15 Trivia & Reminiscence 11:00 "Murder She Wrote" w/Angela Lansbury 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 "Golden Girls" 4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira In the Dining Rm	8 8:30 Guardian Room Opens 10:00 SHABBAT SERVICE w/Rabbi Yaffa Shira In Chodorow Synagogue & SVTV Ch 70 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 Trivia for Seniors 3:45 Nature:"Amazing Places" (DVD) Africa:Drakensberg Barrier of Spears
9 8:30 Guardian Room Opens 9:30 Let's Get Moving! 10:00 The Daily Chronicle! 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:00 Wheel of Fortune: Common Phrases / Jeopardy 3:00 Show / Nature Documentary	10 8:30 Guardian Room Opens 9:30 Fun with Fitness - Zyl! 10:00 The Daily Chronicle! 10:15 "Somebody Feed Phil" 11:00 White Board - Word Mining 1:30 Live Entertainment: Vincent Young 2:30 Finish the Lines / Lyrics 3:00 White Board Game: Name 4 4:00 "Northern Exposure"	11 8:30 Guardian Room Opens 9:30 Let's Move w/Fitness Staff! 10:00 The Daily Chronicle! 10:15 A to Z Trivia 11:00 Our Universe:"Chasing Starlight" 1:30 Annual Bertha Katz Memorial Ice Cream Social on DAVS Patio 2:30 "The Golden Girls" 3:30 Brain Game Trivia 4:00 White Board Game Fun!	12 8:30 Guardian Room Opens 9:30 Exercise w/Fitness Staff! 10:00 Live Entertainment: Taylor Bassett! 11:00 White Board Game Fun! 2:15 Afternoon Bingo! 4:00 "Northern Exposure" 5:45 Evening Movie: "Indiana Jones & the Last Crusade" w/Harrison Ford	13 8:30 Guardian Room Opens 9:30 Fun w/Fitness Staff! 10:00 The Daily Chronicle! 10:15 Everyday Trivia 10:45 Music Circle w/Willow! 2:00 Happy Hour in the Guardian Room 2:15 Movie: "The Great Gatsby" w/Robert Redford & Mia Farrow 5:45 Rick Time!	14 8:30 Guardian Room Opens 9:30 Exercise w/Balloon & Noodles! 10:00 The Daily Chronicle! 10:15 Trivia & Reminiscence 11:00 "Murder She Wrote" w/Angela Lansbury 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 "Golden Girls" 4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira In the Dining Rm	15 8:30 Guardian Room Opens 10:00 SHABBAT SERVICE w/Rabbi Yaffa Shira In Chodorow Synagogue & SVTV Ch 70 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 Trivia for Seniors 3:45 Nature: Gorgongosa Park "Lion Mystery" (DVD)
16 8:30 Guardian Room Opens 9:30 Let's Get Moving! 10:00 The Daily Chronicle! 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:30 All Campus Concert: Sharon Friendly (former Ms Arizona) In the Chodorow Synagogue 3:45 Finish the Lines / Lyrics 4:00 Show / Nature Documentary	17 8:30 Guardian Room Opens 9:30 Fun with Fitness - Zyl! 10:00 Live Entertainment: Glenn Kramer! 11:00 White Board - Word Mining 2:00 Pet Therapy w/Kathy & Finn 2:15 Bingo Time! 4:00 "Northern Exposure"	18 8:30 Guardian Room Opens 9:30 Live Entertainment: Hitoshi! 10:30 A to Z Trivia 11:00 Our Universe:"The Cosmic Clock" 2:00 Art Time! 3:15 "The Golden Girls" 4:15 Brain Game Trivia	19 8:30 Guardian Room Opens 9:30 Exercise w/Fitness Staff! 10:00 The Daily Chronicle! 10:15 Travel Documentary 11:00 Schmooze with the Rabbi! 2:15 Afternoon Bingo! 4:00 "Northern Exposure" 5:45 Evening Movie: "Chicago" w/Renee Zellweger, Richard Gere & Catherine Zeta-Jones	20 8:30 Guardian Room Opens 9:30 Fun w/Fitness Staff! 10:00 Everyday Trivia 10:30 Live Entertainment: Robert Hardaway! 11:30 The Daily Chronicle 1:45 Movie: "The Sound of Music" w/Julie Andrews & Christopher Plummer 2:00 Happy Hour in the Guardian Room 5:45 Rick Time!	21 8:30 Guardian Room Opens 9:30 Exercise w/Balloon & Noodles! 9:30 Scenic Drive! 10:00 Live Entertainment: Taylor Bassett! 11:00 The Daily Chronicle! 11:00 This & That Trivia! 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 "Golden Girls" 4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira In the Dining Rm	22 8:30 Guardian Room Opens 10:00 SHABBAT SERVICE w/Rabbi Yaffa Shira In Chodorow Synagogue & SVTV Ch 70 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 Trivia for Seniors 3:45 Nature Doc: Gorgongosa Park "Elephant Whisperer" (DVD)
23 8:30 Guardian Room Opens 9:30 Let's Get Moving! 10:00 The Daily Chronicle 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:30 All Campus Concert: "Jewish Men's Choir" In the Chodorow Synagogue 3:45 Finish the Lines / Lyrics 4:00 Wheel of Fortune "Common Phrases"	24 8:30 Guardian Room Opens 9:30 Fun with Fitness - Zyl! 10:00 The Daily Chronicle! 10:15 "Somebody Feed Phil" 11:00 White Board - Word Mining 1:30 Live Entertainment: Vincent Young 2:30 Finish the Lines / Lyrics 3:00 White Board Game: Name 4 4:00 "Northern Exposure"	25 8:30 Guardian Room Opens 9:30 Let's Move w/Fitness Staff! 10:00 The Daily Chronicle 10:30 A to Z Trivia 11:00 Our Universe: "Turning Seasons" 1:30 Pet Therapy w/Helen Woodward 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 "The Golden Girls" 4:00 Brain Game Trivia	26 8:30 Guardian Room Opens 9:30 Exercise w/Fitness Staff! 10:00 The Daily Chronicle! 10:15 Travel Documentary 11:00 White Board Game Fun! 2:15 Afternoon Bingo! 4:00 "Northern Exposure" 5:45 NO EVENING MOVIE!	27 8:30 Guardian Room Opens 9:30 Fun w/Fitness Staff! 10:00 The Daily Chronicle! 10:15 Everyday Trivia 10:45 Music Circle w/Willow! 2:00 "Seacrest Talent Show" In the Chodorow Synagogue 3:45 TV Show / Documentary 5:45 Rick Time!	28 8:30 Guardian Room Opens 9:30 Exercise w/Balloon & Noodles! 10:00 The Daily Chronicle! 10:15 Trivia & Reminiscence 11:00 "Murder She Wrote" w/ Angela Lansbury 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 "Golden Girls" 4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira In the Dining Rm	29 8:30 Guardian Room Opens 10:00 SHABBAT SERVICE w/Rabbi Yaffa Shira In Chodorow Synagogue & SVTV Ch 70 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 Trivia for Seniors 3:45 Nature: Gorgongosa Park "New Blood" (DVD)
30 8:30 Guardian Room Opens 9:30 Let's Get Moving! 10:00 The Daily Chronicle 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:00 Wheel of Fortune: Common Phrases 3:15 Show / Nature Documentary	31 8:30 Guardian Room Opens 9:30 Fun with Fitness - Zyl! 10:00 The Daily Chronicle! 10:15 "Somebody Feed Phil" 11:00 White Board - Word Mining 2:00 Pet Therapy w/Kathy & Finn 2:15 Bingo Time! 4:00 "Northern Exposure"	**Nail Painting & Hand Massages: By Request & Availability **				