

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2026 Life Enrichment Calendar Seacrest Village Retirement Communities at Encinitas Leichtag Family Assisted Living [Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.] We thank our contributors for making these programs possible: The Haimsohn Family Holiday Program Irwin & Joan Jacobs Cultural Program Irwin & Joan Jacobs Transportation Program The Galinson Family Rehabilitative Therapy Program The Merrill & Robert Haimsohn Alzheimer's Program Lipinsky Family Foundation Nursing Program The A. Wexler, R. Simon & E. Addleson Family Assisted Living Program The Sima & Joseph Oppenheimer Religious & Education Program						
9:30 Daily Chronicle & Daily Scoop (SR)² 10:30 Trivia (SR) 10:40 Pet Therapy Visit w/ Christine & Leo! (DR Lounge) 1:30 Word Games w/ Josh (SR) 2:30 Game Time w/ Josh (SR) 3:45 Trivia Time w/ Elliana (DR Lounge)	9:00 Dominoes w/ Elliot (HUB D)³ 9:30 Morning Moves (SR) 10:00 The Daily News (SR) 10:30 Book Club w/ Ellyn & Keith (SR) 1:15 History Trivia (SR) 1:00 Mahjong (Hub C) 2:15 Nostalgic Trivia (SR) 3:15 Sunshine & Music Requests (DAVS)	9:15 Fun w/ Fitness (SR)⁴ 10:00 The Daily Chronicle & Daily Scoop (SR) 10:30 Corner Store (SR) 1:45 Pet Therapy w/ Kathy & Finn (SR) 1:15 Fun w/ Fitness (SR) 1:45 Schmooze w/ Rabbi Yaffa-Shira (DR Lounge) 2:45 Jeopardy! (SR) 3:30 Trivia (DAVS) 6:00 Movie Night (SR)	9:15 Fun w/ Fitness (SR)⁵ 10:00 Concert: Taylor Bassett! (SR) 1:00 Knitting Club (Hub C) 1:30 Creative Writing w/ Noa (SR) 2:00 Down to Earth Sardinia w/ Zac Efron (SR) 3:00 Trivia (DAVS) 6:00 Puzzles & Games: Resident Led (SR)	9:15 Morning Moves (SR)⁶ 10:00 The Daily Chronicle (SR) 10:30 Concert: Yeoh! (SR) 1:15 Sit n be FIT w/ Fitness Staff (SR) 2:00 Corner Store (SR) 2:30 Word Search & Crossword Puzzles (SR) 3:30 Happy Hour (DR Lounge)	9:30 Morning Moves (SR)⁷ 10:00 Daily Chronicle (SR) 10:30 You Be the Judge (SR) 1:30 \$1 BINGO (SR) 3:00 Trivia (DR Lounge) 4:00 Music Request (DR Lounge) 4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)	10:00 Shabbat Services w/Rabbi Yaffa-Shira (CS/2493)¹ 1:30 Shabbat Limud w/Rabbi Yaffa-Shira (CS) 1:30 Daily News (SR) 2:00 Trivia (SR) 2:30 You Be The Judge (SR) 3:30 Music Time (DAVS) 6:00 Movie Night: (SR)
9:30 Daily Chronicle (SR)⁹ 10:00 Seated Tai Chi & Movement w/ Patrick (SR) 10:30 Down to Earth Lima w/ Zac Efron (SR) 10:40 Pet Therapy Visit w/ Christine & Leo! (DR Lounge) 1:30 Word Games (SR) 2:30 August Word Puzzles (SR) 3:45 Trivia Time w/ Elliana (DR Lounge)	9:00 Dominoes w/ Elliot (HUB D)¹⁰ 9:30 Morning Moves (SR) 10:00 The Daily News (SR) 10:30 Travelogue: Hernan (SR) 1:00 Mahjong (Hub C) 1:15 Nostalgic Trivia (SR) 1:45 Pet Therapy Visit w/ Kathy & Finn (SR) 2:00 Jeopardy (SR) 2:30 Historic Trivia (SR) 3:00 Concert: Vincent Young (SR)	9:15 Fun w/ Fitness (SR)¹¹ 9:30 Scenic Drive (Sign Up-Limit 7): (DR Lounge) 10:00 The Daily Chronicle & Daily Scoop (SR) 10:30 Corner Store (SR) 1:30 Annual Bertha Katz Ice Cream Social (DAVS) 2:30 \$1 BINGO (SR) 3:30 Star of the Month! (DAVS) 6:00 Movie Night (SR)	9:15 Fun w/ Fitness (SR)¹² 10:00 Daily Chronicle & Trivia (SR) 10:30 Whiteboard Games (SR) 1:15 Fun w/ Fitness (SR) 1:00 Knitting Club (Hub C) 2:00 Vision Boards w/Nunu (SR) 3:15 Trivia Time w/Brady (DR Lounge) 6:00 Puzzles & Games: Resident Led (SR)	9:15 Morning Moves (SR)¹³ 10:00 Daily Chronicle (SR) 10:30 Corner Store (SR) 1:15 Sit n be FIT w/ Fitness Staff (SR) 1:30 Fancy Fingers w/ Marianne (Outside SR) 2:00 Down to Earth Puerto Rico w/ Zac Efron (SR) 3:30 Happy Hour w/ Jerry McCann (DR Lounge)	9:30 Morning Moves (SR)¹⁴ 10:00 Daily Chronicle (SR) 10:30 You Be The Judge (SR) 1:30 \$1 BINGO (SR) 3:00 Trivia (DR Lounge) 4:00 Music Request (DR Lounge) 4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)	10:00 Shabbat Services w/Rabbi Yaffa-Shira & Cantor Kathy (CS)¹⁵ 1:30 Shabbat Limud w/Rabbi Yaffa-Shira (CS) 1:30 Daily News (SR) 2:00 Trivia (SR) 2:30 Fun Facts (SR) 3:30 Music Time (DAVS) 6:00 Movie Night: (SR)
9:30 Daily Chronicle (SR)¹⁶ 10:00 Seated Tai Chi & Movement w/ Patrick (SR) 10:30 Down to Earth London w/ Zac Efron (SR) 10:40 Pet Therapy Visit w/ Christine & Leo! (DR Lounge) 1:30 Word Games (SR) 2:30 All Campus Concert: Sharon Friendly (CS) 3:45 Trivia Time w/ Elliana (DR Lounge)	9:00 Dominoes w/ Elliot (HUB D)¹⁷ 9:30 Morning Moves (SR) 10:00 The Daily News (SR) 10:30 Book Club w/ Ellyn & Keith (SR) 1:15 Resident Council (SR) 1:00 Mahjong (Hub C) 1:45 Pet Therapy Visit w/ Kathy & Finn (SR) 2:00 Heart to Heart w/ Carl (SR) 3:00 Sunshine & Music Request (DAVS)	9:15 Fun w/ Fitness (SR)¹⁸ 9:30 Scenic Drive (Sign Up-Limit 7): (DR Lounge) 10:00 The Daily Chronicle & Daily Scoop (SR) 10:30 Corner Store (SR) 11:00 Schmooze w/ Rabbi Yaffa-Shira (DR Lounge) 1:30 Entertainment w Hitoshi! (SR) 2:30 You Be the Judge (SR) 3:00 Music Trivia (DAVS) 6:00 Movie Night (SR)	9:15 Fun w/ Fitness (SR)¹⁹ 10:00 Daily Chronicle & Trivia (SR) 10:30 Whiteboard Games (SR) 1:00 Knitting Club (Hub C) 1:30 Live Entertainment: Glenn Kramer (SR) 2:30 Balloon Volleyball (SR) 3:15 Trivia Time w/Brady (DR Lounge) 6:00 Puzzles & Games: Resident Led (SR)	9:15 Morning Moves (SR)²⁰ 10:00 Beading w/ Rochelle & Marianne (SR) 10:30 Concert: Yeoh! (SR) 1:15 Sit n be FIT w/ Fitness Staff (SR) 2:00 Historic Trivia (SR) 3:00 Corner Store (SR) 3:30 Happy Hour (DR Lounge)	9:30 Morning Moves (SR)²¹ 10:00 Daily Chronicle (SR) 10:30 You Be the Judge (DR Lounge) 1:30 \$1 BINGO (SR) 3:00 Trivia (DR Lounge) 4:00 Music Request (DR Lounge) 4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)	10:00 Shabbat Services w/Rabbi Yaffa-Shira & Cantor Kathy (CS)²² 1:30 Shabbat Limud w/Rabbi Yaffa-Shira (CS) 1:30 Daily News (SR) 2:00 Trivia (SR) 2:30 Fun Facts (SR) 3:30 Music Time (DAVS) 6:00 Movie Night: (SR)
9:30 Daily Chronicle (SR)²³ 10:00 Seated Tai Chi & Movement w/ Patrick (SR) 10:30 Down to Earth Iquitos w/ Zac Efron (SR) 10:40 Pet Therapy Visit w/ Christine & Leo! (DR Lounge) 1:30 Word Games (SR) 2:30 San Diego Men's Jewish Choir (CS) 3:45 Trivia Time w/ Jerry & Elliana (DR Lounge)	9:00 Dominoes w/ Elliot (HUB D)²⁴ 9:30 Stretch & Flex (SR) 10:00 The Daily News (SR) 1:15 Flower Arranging w/ Nunu (SR) 1:00 Mahjong (Hub C) 2:15 Jeopardy (SR) 3:00 Concert: Vincent Young (SR)	9:15 Fun w/ Fitness (SR)²⁵ 9:30 Scenic Drive (Sign Up-Limit 7): (DR Lounge) 10:00 The Daily Chronicle & Daily Scoop (SR) 10:30 Corner Store (SR) 1:15 Fun w/ Fitness (SR) 1:45 Guided Imagery (SR) 2:15 Pet Visit w/ Helen Woodward (DR Lounge) 2:30 Culinary Meeting (SR) 3:00 Music Trivia (DAVS) 6:00 Movie Night (SR)	9:15 Fun w/ Fitness (SR)²⁶ 10:00 Daily Chronicle & Trivia (SR) 10:30 Finish The Line (SR) 1:00 Knitting Club (Hub C) 1:15 Fun w/ Fitness (SR) 2:00 Crossword Puzzles (SR) 3:15 Trivia Time w/Brady (DR Lounge) 6:00 Puzzles & Games: Resident Led (SR)	9:15 Sit n be FIT w/ Fitness Staff (SR)²⁷ 10:00 Beading w/ Rochelle & Marianne(SR) 10:30 Corner Store (SR) 11:00 Daily Chronicle (SR) 1:15 Sit n be FIT w/ Fitness Staff (SR) 1:30 Fancy Fingers w/ Marianne (Outside SR) 2:00 Seacrest Talent Show (CS) 3:30 Birthday Bash w/ Naomi Alter! (Dr Lounge)	9:30 Morning Moves (SR)²⁸ 10:00 Daily Chronicle (SR) 10:30 You Be the Judge (DR Lounge) 1:30 \$1 BINGO (SR) 3:00 Trivia (DR Lounge) 4:00 Music Request (DR Lounge) 4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)	10:00 OUTDOOR Shabbat Services w/Rabbi Yaffa-Shira(DAVS)²⁹ 1:30 Shabbat Limud w/Rabbi Yaffa-Shira (CS) 1:30 Daily News (SR) 2:00 Trivia (SR) 2:30 Fun Facts (SR) 3:30 Music Time (DAVS) 6:00 Movie Night: (SR)
9:30 Daily Chronicle (SR)³⁰ 10:00 Seated Tai Chi & Movement w/ Patrick (SR) 10:30 Down to Earth Habitat Conversation w/ Zac Efron (SR) 10:40 Pet Therapy Visit w/ Christine & Leo! (DR Lounge) 1:30 Word Games (SR) 2:30 Word Puzzles (SR) 3:45 Trivia Time w/ Elliana (DR Lounge)	9:00 Dominoes w/ Elliot (HUB D)³¹ 9:30 Morning Moves (SR) 10:00 The Daily News (SR) 10:30 Book Club w/ Ellyn & Keith (SR) 1:15 History Triva (SR) 1:00 Mahjong (Hub C) 1:45 Pet Therapy Visit w/ Kathy & Finn (SR) 2:15 Nostalgic Trivia (SR) 3:15 Sunshine & Music Requests (DAVS)					



DAVS= Dave & Annette's Village Square**
CL=Computer Lab
CS-DR= Chodorow Synagogue/ Dining Room
FC = Fitness Center
FP = Fireside Patio
GHC= Goldberg Healthcare
GR= Guardian Room in GHC
GRC= Goldberg Residence Court

Room Codes

LI= Library (Building A)
R= Recreation Room*
SR= Assisted Living Sunroom (upstairs)
TH =Theater
TR= Tasting Room*
TVLO= TV Lounge*

Buildings

(A) Independent Living
(B) Healthcare Center
(C) Administration
(D) Assisted Living
(E) Memory Care
(F) Independent Living

** Non Kosher except for tables directly outside Mel's Caf 
* Non Kosher

Happy Birthday!

Gerry Horwitz
8/27



Welcome To Seacrest!

Lois H. Apt 322
Catherine C. Apt 451

Important Contacts

Genesis Franco - Director of Assisted Living - 760-516-2040
Sammi Cohen - Life Enrichment Coordinator - 760-516-2026
Zy Dewey - Fitness Center - 760-632-3739
Sheryl Seltser - Volunteer Liaison - 760-632-3718
Rabbi Yaffa-Shira - Director of Spiritual Life - 760-942-2950
Front Desk Reception - 760-632-0081
Room Tray Line - 760-516-2009

Hair Salon Open Fridays!

To make an appointment, please come to the salon and write your name in the appointment book.



Please contact Zy 760-632-3739 or speak with the fitness staff to be added to the NuStep calendar for consistent exercise.



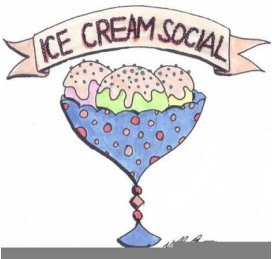
Assisted Living Outings

Scenic Drives

August 11th, 19th, 25th @ 9:30 AM



Annual Bertha Katz Ice Cream Social
Tuesday, August 11
1:30pm DAVS



Entertainment



Special programming

August 9th, 16th,23rd and 30th

10:00 AM Seated Tai Chi w/Patrick (SR)

August 5th 10:00 AM Concert: Taylor Bassett (SR)

August 6th, 10th 10:30 AM Concert: Yeoh (SR)

August 10th 10:30 AM Travelogue with Hernan (SR)

August 10th, 24th 3:30 PM Concert: Vincent Young (SR)

August 13th 3:30 PM Happy Hour with Jerry McCann (DR Lounge)

August 16th 2:30 PM All Campus: Sharon Friendly (CS)

August 18th 1:30 PM Concert: Hitoshi (SR)

August 19th 1:30 PM Concert: Glenn Kramer (SR)

August 23rd 2:30 PM All Campus: San Diego Men's Jewish Choir (CS)

August 24th 3:00 PM Concert: Vincent Young (SR)

August 27th 3:30 PM Concert: Naomi Alter (SR)

Volunteer Activities

Dominoes

w/ Elliot 3rd, 10th, 17th, 24th, 31st at 9:00 (HUB D)

Trivia

w/ Jerry 6th & 20th at 10:30 (DR Lounge)

Trivia

w/ Elliana 2nd, 9th, 16th,23rd, 30th at 3:45 (DR Lounge)

Trivia

w/ Brady 12th, 19th, 26th 3:15 (DR Lounge)

Jewelry Making

w/ Rochelle & Marianne on the 13th & 27th at 10:00 (SR)

Pet Visit

w/ Kathy & Finn on 10th & 24th at 1:45 (SR)

Pet Visit

w/ Helen Woodward on the 25th at 2:15 (DR Lounge)

Fancy Fingers

w/ Marianne on 13th & 27th at 1:30 (Outside SR)

Book Club

w/ Keith and Ellyn on 3rd & 17th at 10:30 (SR)