July 2026
Life Enrichment Calendar

Seacrest Village Retirement Communities at Encinitas
Joseph & Dorothy Goldberg Healthcare Center
[Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		**Nail Painting & Hand Massages: **By Request & Availability **	1 8:30 Guardian Room Opens 9:30 Exercise with Fitness Staff 10:00 The Daily Chronicle 10:15 "Tales by Light" S1 ~ Exploring the Natural World 11:00 White Board Game—Name 4 2:15 Afternoon Bingo 4:00 "Wild Babies" E1 5:45 Evening Movie:"Indiana Jones & The Raiders of the Lost Ark" w/Harrison Ford	2 8:30 Guardian Room Opens 9:30 Fun with Fitness Staff 10:00 The Daily Chronicle 10:15 Everyday Trivia 10:45 Live Entertainment: Senior Samba w/Tamar! 2:00 Happy Hour in the Guardian Rm 2:30 Movie: "Song Sung Blue" w/Hugh Jackman & Kate Hudson 5:45 Rick Time!	3 Independence Day Celebration 8:30 Guardian Room Opens 9:30 Let's Move! 10:00 The Daily Chronicle 10:15 Trivia & Reminiscence 11:00 Sing A Long w/Friends (Karaoke) 11:45 4th of July BBQ on the Back Patio of GHC Building 2:00 Movie: "Special" 4:30 Shabbat Candle Lighting w/Rabbi Yaffa Shira	4 INDEPENDENCE DAY! 10:00 SHABBAT SERVICE w/Rabbi Yaffa Shira In the Chodorow Synagogue & SVTV Ch 70 2:00 Relax to Music on the Patio (weather permitting) 3:00 Movie at the Nurses: To be decided
5 8:30 Guardian Room Opens 9:30 Let's Get Moving! 10:00 The Daily Chronicle 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:00 Wheel of Fortune: "Common Phrases" 3:00 "Murder She Wrote" w/Jessica Fletcher	6 8:30 Guardian Room Opens 9:30 Exercise to Music 10:00 Live Entertainment: Glenn Kramer! 11:00 White Board—Word Mining 2:00 Resident Council Meeting in the Guardian Room Library 3:00 Bingo Time! 4:30 Finish the Lyrics	7 8:30 Guardian Room Opens 9:30 Live Entertainment: Senior Samba w/Tamar! 10:30 Live Entertainment: Robert Hardaway! 11:30 The Daily Chronicle 1:45 Relax to Music in the Guardian Rm Or Patio (weather permitting) 2:00 Pet Therapy w/Finn 3:15 "The Golden Girls" 4:00 Brain Game Trivia	8 8:30 Guardian Room Opens 9:30 Exercise with Fitness Staff 10:00 Live Entertainment: Taylor Bassett! 11:00 Schmooze with the Rabbi 2:15 Afternoon Bingo 4:00 "Wild Babies" E2 5:45 Evening Movie: "Indiana Jones & The Temple of Doom" w/Harrison Ford	9 8:30 Guardian Room Opens 9:30 Fun with Fitness Staff 10:00 The Daily Chronicle 10:15 Everyday Trivia 10:45 Music Circle w/Willow Ridenour! 2:00 Happy Hour in the Guardian Rm 2:00 Campus Wide Memorial In the Chodorow Synagogue 2:40 Movie: "The Lion King" 5:45 Rick Time!	10 8:30 Guardian Room Opens 9:30 Let's Move! 10:00 The Daily Chronicle 10:15 Trivia & reminiscence 11:00 "Murder She Wrote" w/Angela Lansbury 2:00 Relax to Music in the Guardian Room Or Patio (weather permitting) 3:00 "Golden Girls" First Season 4:00 Miscellaneous Trivia 4:30 Shabbat Candle Lighting w/Rabbi Yaffa Shira	11 8:30 Guardian Room Opens 10:00 SHABBAT SERVICE ~ OUTSIDE On DAVS Patio (Koi pond) w/Cantor Mark & Rabbi Yaffa-Shira In the Chodorow Synagogue & SVTV Ch 70 2:00 Relax to Music in the Guardian Room or Patio (weather permitting) 3:00 Trivia for Seniors 4:00 "Life in Color" E1,Seeing in Color w/David Attenborough
12 8:30 Guardian Room Opens 9:30 Let's Get Moving! 10:00 The Daily Chronicle 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:00 Wheel of Fortune: "Common Phrases" 3:00 "Murder She Wrote" w/Jessica Fletcher	13 8:30 Guardian Room Opens 9:30 Exercise to Music 9:30 Scenic Drive 10:00 The Daily Chronicle 10:15 "Somebody Feed Phil" 11:00 White Board—Word Mining 1:30 Live Entertainment: Vincent Young! 2:30 Finish the Lines 3:00 White Board Game—Name 4 4:00 "Northern Exposure"	14 8:30 Guardian Room Opens 9:30 Let's Move w/Fitness Staff 10:00 The Daily Chronicle 10:15 A to Z Trivia 11:00 "Our Great National Parks" E1 2:00 Art Time! 3:15 "The Golden Girls" 4:00 Brain Game Trivia	15 8:30 Guardian Room Opens 9:30 Exercise with Fitness Staff 10:00 The Daily Chronicle 10:15 "Tales by Light" S1 ~ Exploring the Natural World 11:00 White Board Game - Name 4 2:15 Afternoon Bingo 4:00 "Wild Babies E3" 5:45 Evening Movie: "Indiana Jones & the Last Crusade" w/Harrison Ford	16 8:30 Guardian Room Opens 9:30 Fun with Fitness Staff 10:00 The Daily Chronicle 10:15 "Somebody Feed Phil" 11:00 White Board Game: Name 10 2:00 Happy Hour in the Guardian Room 2:30 Movie: "Bee Season" w/Richard Gere & Juliette Binoche 5:45 Rick Time!	17 8:30 Guardian Room Opens 9:30 Let's Move! 10:00 The Daily Chronicle 10:15 Trivia & Reminiscence 11:00 "Murder She Wrote" w/Angela Lansbury 2:00 Relax to Music in the Guardian Room Or Patio (weather permitting) 3:00 "Golden Girls" First Season 4:00 Miscellaneous Trivia 4:30 Shabbat Candle Lighting w/Rabbi Yaffa Shira	18 8:30 Guardian Room Opens 10:00 PRIDE SHABBAT SERVICE w/Cantor Kathy& Rabbi Yaffa-Shira In the Chodorow Synagogue & SVTV Ch 70 2:00 Relax to Music in the Guardian Room or Patio (weather permitting) 3:00 Trivia for Seniors 4:00 "Life in Color" E2, Hiding in Color w/David Attenborough
19 8:30 Guardian Room Opens 9:30 Let's Get Moving! 10:00 The Daily Chronicle 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:00 Wheel of Fortune: "Common Phrases" 3:00 "Murder She Wrote" w/Jessica Fletcher	20 8:30 Guardian Room Opens 9:30 Exercise to Music 9:30 Scenic Drive 10:00 Live Entertainment: Glenn Kramer! 11:00 White Board—Word Mining 2:15 Bingo Time! 4:00 "Northern Exposure"	21 8:30 Guardian Room Opens 9:30 Live Entertainment: Hitoshi! 10:30 A to Z Trivia 11:00 "Our Great National Parks" E2 2:00 Art Time! 3:15 "The Golden Girls" 4:00 Brain Game Trivia	22 EREV TISHA B'AV 8:30 Guardian Room Opens 9:30 Exercise with Fitness Staff 10:00 The Daily Chronicle 10:15 "Tales by Light" S1 ` Exploring The Natural World 11:00 Schmooze with the Rabbi 2:15 Relax to Music in the Guardian Room Or Patio (weather permitting) 4:00 "Wild Babies" E4 4:30 Finish the Lyrics 5:45 Evening Movie: "Chicago" w/Richard Gere, Renee Zellweger	23 TISHA B'AV (Quiet Day) 8:30 Guardian Room Opens 9:30 Light Stretching for 10 min 10:00 Tisha B'AV Service In the Chodorow Synagogue w/Rabbi Yaffa Shira 2:00 NO HAPPY HOUR 2:40 Movie: "Dolphin Tale" 5:45 Rick Time!	24 8:30 Guardian Room Opens 9:30 Let's Move! 10:00 Live Entertainment: Taylor Bassett! 11:00 "Murder She Wrote" w/Angela Lansbury 2:00 Relax to Music in the Guardian Room Or Patio (weather permitting) 3:00 "Golden Girls" First Season 4:00 Miscellaneous Trivia 4:30 Shabbat Candle Lighting w/Rabbi Yaffa Shira	25 8:30 Guardian Room Opens 10:00 SHABBAT SERVICE w/Cantor Kathy & Rabbi Yaffa-Shira In the Chodorow Synagogue & SVTV Ch 70 2:00 Relax to Music in the Guardian Room or Patio (weather permitting) 3:00 Trivia for Seniors 4:00 "Life in Color" E3, Chasing Color
26 8:30 Guardian Room Opens 9:30 Let's Get Moving! 10:00 The Daily Chronicle 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:00 Wheel of Fortune: "Common Phrases" 3:00 "Murder She Wrote" w/Jessica Fletcher	27 8:30 Guardian Room Opens 9:30 Exercise to Music 10:00 The Daily Chronicle 10:15 "Somebody Feed Phil" 11:00 White Board—Word Mining 1:30 Live Entertainment: Vincent Young! 2:00 Pet Therapy w/Finn 2:30 Finish the Lines 3:00 White Board Game—Name 4 4:00 "Northern Exposure"	28 8:30 Guardian Room Opens 9:30 Let's Move w/Fitness Staff 10:00 A to Z Trivia 10:30 Live Entertainment: Robert Hardaway 11:30 The Daily Chronicle 1:30 Pet Therapy w/Helen Woodward 2:00 Relax to Music in the Guardian Room Or Patio (weather permitting) 3:00 "Golden Girls" 4:00 Brain Game Trivia	29 8:30 Guardian Room Opens 9:30 Exercise with Fitness Staff 10:00 The Daily Chronicle 10:15 "Tales by Light" S1 ` Exploring The Natural World 11:00 White Board Game—Name 4 2:15 Afternoon Bingo 4:00 "Wild Babies E4" 5:45 Evening Movie: "The Day The Earth Stood Still" w/Michael Rennie, Patricia Neal & Hugh Marlowe"	30 8:30 Guardian Room Opens 9:30 Fun with Fitness Staff 10:00 The Daily Chronicle 10:15 Everyday Trivia 10:45 Music Circle w/Willow Ridenour! 2:00 Happy Hour in the Guardian Rm 1:45 Movie: "My Fair Lady" 5:45 Rick Time!	31 8:30 Guardian Room Opens 9:30 Let's Move! 10:00 The Daily Chronicle 10:15 Sing A Long w/Friends (Karaoke) 11:00 "Murder She Wrote" w/Angela Lansbury 2:00 Relax to Music in the Guardian Room Or Patio (weather permitting) 3:00 "Golden Girls" First Season 4:00 Miscellaneous Trivia 4:30 Shabbat Candle Lighting w/Rabbi Yaffa Shira	We thank our contributors for making these programs possible: The Haimsohn Family Holiday Program Irwin & Joan Jacobs Cultural Program Irwin & Joan Jacobs Transportation Program The Galinson Family Rehabilitative Therapy Program