

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MAY 2026

Life Enrichment Calendar

Seacrest Village Retirement Communities at Encinitas
Leichtag Family Assisted Living Residence
[Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]



We thank our contributors for making these programs possible:
The Haimsohn Family Holiday Program
Irwin & Joan Jacobs Cultural Program
Irwin & Joan Jacobs Transportation Program
The Galinson Family Rehabilitative Therapy Program
The Merrill & Robert Haimsohn Alzheimer's Program
Lipinsky Family Foundation Nursing Program
The A. Wexler, R. Simon & E. Adleson Family Assisted Living Program

1
9:30 Morning Moves w/Makayla (SR)
10:00 Daily Chronicle (SR)
10:30 Poetry Class w/ Makayla (SR)
1:30 Color Trivia (SR)
3:00 \$1 Bingo (SR)
4:00 Music Request (DR Lounge)
4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)

2
10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Kathy (CS & 2493)
1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)
2:45 Programming w/ Amy! (SR)
6:00 Movie Night: One Life (SR)

3
9:30 Daily Chronicle (SR)
10:00 Seated Tai Chi & Movement w/ Patrick (SR)
10:30 Haiku Writing w/ Makayla!
10:40 Pet Therapy Visit w/ Christine & Leo! (DR Lounge)
1:30 Word Games w/ Kevin (SR)
2:30 Strange Conspiracies Discussion (SR)
3:30 Concert: Tom Reich! (SR)
3:45 Trivia Time w/ Makayla & Elliana (DR Lounge)

4
9:30 The Daily News (SR)
10:00 Morning Moves! (SR)
10:30 Finish the Line! (SR)
1:00 Mahjong (Hub C)
2:00 Homophone Hotline! (DAVS)
3:00 Trivia (DAVS)

5
9:30 Morning Moves (SR)
10:00 The Daily Chronicle & Daily Scoop (SR)
10:45 Schmooze w/ Rabbi Yaffa-Shira (SR)
1:30 Word Games & Trivia (SR)
2:30 Cinco de Mayo and the Battle of Puebla (DAVS)
3:15 Adult Ed. w/ Rabbi Yaffa-Shira (TH)
3:30 Mariachi Music! (DAVS)

6
9:30 Morning Moves (SR)
10:00 Live Entertainment: Taylor Bassett! (SR)
11:15 Daily Chronicle & Trivia (SR)
1:30 Whiteboard Games (SR)
2:00 Special Event: Mother's Day Tea & Music! (CS)
3:00 Corner Store (SR)
3:15 Trivia Time w/Brady (DR Lounge)

7
9:30 Daily Chronicle (SR)
10:00 Travelogue (SR)
10:30 Trivia w/ Jerry (DR Lounge)
11:45 Lunch Outing: Leucadia Pizzeria! (Sign-Up Limit 6)
1:15 Sit n be FIT w/ Fitness Staff (SR)
2:00 Words and Their meaning (SR)
3:30 Happy Hour (DR Lounge)

8
9:30 Daily Chronicle & Daily Scoop (SR)
10:00 Morning Moves w/ Makayla (SR)
10:30 Write a letter to Your Younger Self (SR)
1:00 Travelogue: The State of Hawaii w/Hernan
2:00 Jeopardy! (SR)
3:00 \$1 BINGO! (SR)
4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)

9
10:00 Shabbat Services w/ Rabbi Yaffa-Shira (CS & 2493)
1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)
2:45 Parfait Tasting (SR)
6:00 Movie Night: Our Souls at Night (SR)

MOTHERS DAY 10
9:30 Daily Chronicle (SR)
10:00 Seated Tai Chi & Movement w/ Patrick (SR)
10:30 Let Debate That! Discussion Group w/ Makayla (SR)
1:30 Word Games w/ Kevin (SR)
2:30 Make Ice cream w/ Makayla (SR)
3:45 Trivia Time w/ Makayla & Elliana (DR Lounge)

11
9:00 Dominoes w/ Elliot (HUB D)
10:00 The Daily News (SR)
10:30 All Campus Concert: Pacific Woodwind Quintet (CS)
1:15 Fitness & Fun w/ Fitness Staff (SR)
1:00 Mahjong (Hub C)
1:45 Pet Therapy Visit w/ Kathy & Finn (SR)
2:00 Men's Group w/ Carl Measer (Francy's)
2:00 Jeopardy & Trivia! (SR)
3:00 Concert: Vincent Young! (SR)

12
9:30 Morning Moves (SR)
10:00 The Daily Chronicle & Daily Scoop (SR)
10:30 Star of the Month Presentation: George Lucus!
1:30 Word Games & Trivia (SR)
2:30 Current Event w/ Rick LeVine (SR)
3:15 Adult Ed. w/ Rabbi Yaffa-Shira (TH)
3:30 Name That Tune (DAVS)

13
9:30 Morning Moves (SR)
10:00 Daily Chronicle & Trivia (SR)
10:30 Who, What, Where (SR)
1:30 Whiteboard Games (SR)
2:00 Heart-to-Heart with Carl (SR)
3:15 Trivia Time w/Brady (DR Lounge)

14
9:30 Daily Chronicle (DR Lounge)
10:00 Beading w/ Rochelle & Marianne (SR)
11:00 You Be The Judge! (SR)
1:00 Scenic Drive (Sign Up-Limit 7)
1:15 Sit n be FIT w/ Fitness Staff (SR)
1:30 Fancy Fingers w/ Marianne (Outside SR)
2:00 Art History (SR)
3:30 Happy Hour w/ Jerry McCann (DR Lounge)

15
9:30 Daily Chronicle & Daily Scoop (SR)
10:00 Morning Moves (SR)
10:30 Family Tree Making (SR)
1:30 \$1 BINGO! (SR)
2:45 Getting to Know Guatemala! (SR)
3:30 Trivia and Brain Teasers (DR Lounge)
4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)
6:30 Kabbalat Services (CS)

16
10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Kathy (CS & 2493)
1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)
2:45 Programming w/ Amy!
6:00 Movie Night: The Thursday Murder Club (SR)

17
9:30 Daily Chronicle (SR)
10:30 The Science of Exercise & Movement w/ Makayla (SR)
1:30 Word Games w/ Kevin (SR)
2:30 Life in Color Documentary (SR)
3:45 Trivia Time w/ Makayla & Elliana (DR Lounge)

18
9:00 Dominoes w/ Elliot (HUB D)
10:00 The Daily News (SR)
10:30 Book Club w/ Elynn & Keith (SR)
1:15 Fitness & Fun w/ Fitness Staff (SR)
1:00 Mahjong (Hub C)
2:00 Queen Victoria and Victorian Literature (SR)
3:00 Victorian Fan Craft (SR)

19
9:30 Morning Moves (SR)
10:00 The Daily Chronicle & Daily Scoop (SR)
10:45 Schmooze w/ Rabbi Yaffa-Shira (SR)
1:30 Entertainment w Hitoshi! (SR)
2:00 Adult Ed. w/ Rabbi Yaffa-Shira (TH)
3:00 Name That Tune (DAVS)

20
9:30 Morning Moves (SR)
10:00 Daily Chronicle & Trivia (SR)
10:30 Whiteboard Games (SR)
1:30 Live Entertainment: Glenn Kramer! (SR)
3:00 Corner Store (SR)
3:15 Trivia Time w/Brady (DR Lounge)

21
Erev Shavuot
9:30 Daily Chronicle & Daily Scoop (SR)
10:30 Trivia w/ Jerry (DR Lounge)
10:30 Wisser Than Me Podcast & Discussion (SR)
1:15 Sit n be FIT w/ Fitness Staff (SR)
2:00 All About Shavuot! (SR)
3:30 Happy Hour (DR Lounge)
4:45 Shavuot Candle Lighting w/ Rabbi Yaffa-Shira

22
Shavuot (Quiet Day)
9:30 Daily Chronicle & Daily Scoop (SR)
10:00 Shavuot Service and Yizkor w/Rabbi Yaffa-Shira & Cantor Kathy (CS)
11:00 The Ten Commandments Part 1 (SR)
1:30 The Ten Commandment Part 2 (SR)
2:00 Trivia w/ Makayla (DR Lounge)
3:15 Shavuot Song's & Walk (DAVS)
3:45 Schmooze w/ Makayla
4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)

23
Shavuot
10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Mark (CS & 2493)
1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)
2:45 Programming w/ Amy!
6:00 Movie Night: From Russia With Love (SR)

24
9:30 Daily Chronicle (SR)
10:00 Seated Tai Chi & Movement w/ Patrick (SR)
11:00 You be the Judge! (SR)
1:30 Word Games w/ Kevin (SR)
2:30 Cards & Board Games (SR)
3:45 Trivia Time w/ Makayla & Elliana (DR Lounge)

25
Memorial Day
9:00 Dominoes w/ Elliot (HUB D)
10:00 The Daily News (SR)
10:30 Memorial Day Word Search (SR)
1:00 Mahjong (Hub C)
1:45 Pet Therapy Visit w/ Kathy & Finn (SR)
2:00 Afternoon Stretching (SR)
3:00 Concert: Vincent Young! (SR)

26
9:30 Morning Moves (SR)
10:00 Scenic Drive (Sign Up-Limit 7): (DR Lounge)
10:00 The Daily Chronicle & Daily Scoop (SR)
10:30 Movies & Stars: Who Am I? (SR)
1:45 Diaphragmatic Breathing (SR)
2:15 Pet Visit w/ Helen Woodward (DR Lounge)
2:30 Culinary Meeting (SR)
3:00 Name That Tune (DAVS)

27
9:30 Morning Moves (SR)
10:00 Daily Chronicle & Trivia (SR)
10:30 Finish The Line (SR)
1:30 Whiteboard Games (SR)
2:30 Resident Council Meeting (SR)
3:15 Trivia Time w/Brady (DR Lounge)

28
9:30 Daily Chronicle (SR)
10:00 Beading w/ Rochelle & Marianne (SR)
10:00 Trivia! (DR Lounge)
11:00 Crossword Puzzles (SR)
1:00 Scenic Drive (Sign Up-Limit 7)
1:15 Sit n be FIT w/ Fitness Staff (SR)
1:30 Fancy Fingers w/ Marianne (Outside SR)
2:00 Live Entertainment: Naomi Alter(SR)
3:30 Birthday Celebration/ Happy Hour (DR Lounge)

29
9:30 Morning Workout w/ Makayla (SR)
10:00 Daily Chronicle (SR)
10:30 Jeopardy! (SR)
1:15 SDJA: Tikkun Olam Project (SR)
2:30 \$1 BINGO (SR)
3:00 Trivia! (DR Lounge)
4:00 Music Requests (DR Lounge)
4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)

30
10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Mark (CS & 2493)
1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)
2:45 Programming w/ Amy! (SR)
6:00 Movie Night: Casino (SR)

31
9:30 Daily Chronicle (SR)
10:00 Seated Tai Chi & Movement w/ Patrick (SR)
11:00 You be the Judge! (SR)
1:30 Word Games w/ Kevin (SR)
2:30 My Octopus Teacher Documentary (SR)
3:45 Trivia Time Elliana (DR Lounge)

August 2025- Life Enrichment Newsletter

DAVS= Dave &Annette's Village Square**
ALLO= Assisted Living Lounge
CL=Computer Lab
CS= Chodorow Synagogue
DR= Dining Room
FC = Fitness Center
FP = Fireside Patio
GHC= Goldberg Health
GR = Game Room

Room Codes

LI= Library (Building A)
LR = Living Room
TVLO= TV Lounge*
MR = Meeting Room
R= Recreation Room*
SR= Sunroom
TH =Theater
TR= Tasting Room*

Buildings

(A) Independent Living
(B) Healthcare Center
(C) Administration
(D) Assisted Living
(E) Memory Care
(F) Independent Living

** Non Kosher except for tables directly outside Mel's Café
 * Non Kosher

Welcome to Seacrest Village!

Adrienne G. & Steven G.

Happy Birthday!

*Rhoda K, 5/5 Shirley R, 5/13
 Martha A. 5/28 Helen K, 5/29
 Cookie Rubinfeld 5/30*

Important Contacts

Genesis Franco - Director of Assisted Living - 760-516-2040
Sammi Cohen - Life Enrichment Coordinator - 760-516-2026
Zy Dewey - Fitness Center - 760-632-3739
Sheryl Seltser - Volunteer Liaison - 760-632-3718
Rabbi Yaffa-Shira - Director of Spiritual Life - 760-942-2950
Front Desk Reception - 760-632-0081

Hair Salon Open Fridays!

To make an appointment, please come to the salon and write your name in the appointment book.



Please contact Zy **760-632-3739** or speak with the fitness staff to be added to the NuStep calendar for consistent exercise.



Assisted Living Outings

Lunch Outing

Leucadia Pizzeria!
 Encinitas, CA on 5/7 @ 11:45
 (Previous Sign-Up Required -
 Limit 6 Residents)



Scenic Drives

5/14 @ 1:00 pm
 5/26 @ 10:00 pm
 5/28 @ 1:00 pm



Entertainment



Special programming

May 3rd,10th,24th & 31st
 10:00 Seated Tai Chi w/Patrick (SR)
 May 3rd 3:30 Concert: Tom Reich (SR)
 May 6th 10:00 Concert: Taylor Bassett (SR)
 May 11th 10:30 All Campus Concert: Pacific Woodwind Quintet (CS)
 May 11th 3:00 Concert: Vincent Young
 May 12th 2:30 Current Event: Rick Levine (SR)
 May 14th 3:30 Concert: Jerry McCann (DR Lounge)
 May 19th 1:30 Concert: Hitoshi (SR)
 May 20th 1:30 Concert: Glenn Kramer (SR)
 May 25th 3:00 Concert: Vincent Young (SR)
 May 28th Concert: Naomi Alter (SR)

Adult Education with Rabbi Yaffa- Shira

May 5th,12th and 19th at 3:15: Adult Education (IL TH)

Volunteer Activities

Dominoes

w/ Elliot 11th, 18th and 25th at 9:00 (HUB D)

Trivia

w/ Jerry 7th & 21st at 10:30 (DR Lounge)

Trivia

w/ Elliana 3rd, 10th, 17th, 24th and 31st at 3:45 (DR Lounge)

Trivia

w/ Brady 6th,13th, 20th and 27th 3:15 (DR Lounge)

Jewelry Making

w/ Rochelle & Marianne on the
 14th and 28th of the month at 10:00 (SR)

Brain Teasers

w/ Kevin every Sunday at 1:30 (SR)

Pet Visit

w/ Kathy & Finn on 11th and 25th at 1:45 (SR)

Pet Visit

w/ Helen Woodward on the 26th at 2:15 (DR Lounge)

Pet Visit

w/ Christine & Leo on the 3rd at 10:40 (DR Lounge)

Fancy Fingers

w/ Marianne on the 14th and 27th at 1:30 (Outside SR)

Book Club

w/ Keith and Ellyn on the 11th, 18th and 25th at 10:30 (SR)