

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

April 2026

Life Enrichment Calendar

Seacrest Village Retirement Communities at Encinitas

Joseph & Dorothy Goldberg Healthcare Center

[Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]

We thank our contributors for making these programs possible:

- The Haimsohn Family Holiday Program
Irwin & Joan Jacobs Cultural Program
Irwin & Joan Jacobs Transportation Program
The Galinson Family Rehabilitative Therapy Program
The Merrill & Robert Haimsohn Alzheimer's Program
Lipinsky Family Foundation Nursing Program
The A. Wexler, R. Simon & E. Addleson Family Assisted Living Program
The Sima & Joseph Oppenheimer Religious and Education Program

FIRST SEDER 1

- 8:30 Guardian Room Opens
9:30 Morning Exercise
10:00 The Daily Chronicle
10:15 Down to Earth with Zac Efron
11:00 Everyday Life Trivia
2:00 Afternoon Bingo
3:45 "House"
4:45 Seder with Cantor Kathy in the Guardian Room

PASSOVER (Quiet Day) 2

- 8:30 Guardian Room Opens
10:00 Passover Day 1 in the Chodorow Synagogue with Rabbi Yaffa-Shira & Cantor Kathy
2:00 Movie/Documentary "Charlie Chaplin Special"
5:45 Rick Time!

PASSOVER 3

- 8:30 Guardian Room Opens
9:30 Morning Light Stretch
9:45 Scenic Drive
10:00 The Daily Chronicle
10:15 Trivia & reminiscence
11:00 "NCIS"
2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)
3:00 "I Love Lucy"
4:00 Miscellaneous Trivia
4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira In the Dining Room

INTERMEDIATE DAY 4

- 8:30 Guardian Room Opens
10:00 SHABBAT SERVICE w/Rabbi Yaffa-Shira & Cantor Kathy In the Chodorow Synagogue & SVTV Ch 70
2:00 Relax to Music in the Guardian Room or Patio (weather permitting)
3:00 South Africa—Safari
4:15 Trivia for Seniors

INTERMEDIATE DAY 5

- 8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 The Daily Chronicle
10:15 Miscellaneous Trivia
11:00 Live Entertainment: Roger Hirsch!
2:00 Wheel of Fortune: Common Phrases
3:00 "The Closer"
4:00 Star of the Month: Spencer Tracy (Full Name: Spencer Bonaventore Tracy)

INTERMEDIATE DAY 6

- 8:30 Guardian Room Opens
9:30 Exercise to Music
10:00 Live Entertainment: Glenn Kramer!
11:00 White Board—Word Mining
2:00 Resident Council Meeting in the Guardian Room Library
3:00 Specific Afternoon Bingo

INTERMEDIATE DAY 7

- 8:30 Guardian Room Opens
9:30 Live Entertainment: Senior Samba w/Tamar!
10:30 Live Entertainment: Robert Hardaway!
11:30 The Daily Chronicle
2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)
3:00 "I Love Lucy"
4:00 Brain Game Trivia
4:30 Passover Candle Blessing w/Rabbi Yaffa-Shira In the Dining Room

PASSOVER (Quiet Day) 8

- 8:30 Guardian Room Opens
9:30 Morning Light Stretch
10:00 Passover Morning Service Day 7 w/Yizkor in the Chodorow Synagogue w/Rabbi Yaffa-Shira
2:15 The Daily Chronicle
2:30 Art with Sharon!
4:00 "House"
5:45 Evening Movie: "Promised Land" w/ Matt Damon, John Krasinski and Frances McDormand

YIZKOR/PASSOVER 9

- 8:30 Guardian Room Opens
9:30 Morning Light Stretch
10:00 The Daily Chronicle
10:15 Everyday Trivia
10:45 Musical Circle w/ Willow Ridenour!
1:45 Special Movie: "The Sound of Music" With Julie Andrews & Christopher Plummer
5:45 Rick Time!

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- 8:30 Guardian Room Opens
9:30 Let's Move!
10:00 Live Entertainment: Taylor Bassett!
11:00 "NCIS"
2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)
3:00 "I Love Lucy"
4:00 Miscellaneous Trivia
4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira In the Dining Room

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- 8:30 Guardian Room Opens
10:00 SHABBAT SERVICE w/Rabbi Yaffa-Shira & Cantor Cathy In the Chodorow Synagogue & SVTV Ch 70
2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)
3:00 South Africa—Cape Town
4:15 Trivia for Seniors

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- 8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 The Daily Chronicle
10:15 Miscellaneous Trivia
11:00 Live Entertainment: Roger Hirsch!
2:30 All Campus Concert in the Chodorow Synagogue: S.D. Harp Society Youth Concert!
3:45 "The Closer"

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- 8:30 Guardian Room Opens
9:30 Exercise to Music
10:00 The Daily Chronicle
10:15 Miscellaneous Trivia
10:45 Live Entertainment: Senior Samba w/Tamar!
1:30 Live Entertainment: Vincent Young!
2:00 Pet Therapy w/Finn
3:00 White Board Game—Name 4
4:00 "Northern Exposure"

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- YOM HASHOAH HOLOCAUST REMEMBRANCE DAY
8:30 Guardian Room Opens
10:00 Yom Hashoah Service in the Chodorow Synagogue with Rabbi Yaffa-Shira
2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)
3:00 "I Love Lucy"
4:00 Brain Game Trivia

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- 8:30 Guardian Room Opens
9:30 Morning Exercise
10:00 The Daily Chronicle
10:15 Down to Earth with Zac Efron
11:00 Insight with Yaar
1:30 Live Entertainment: Senior Samba w/Tamar!
2:30 Afternoon Bingo
4:30 Finish the Lines
5:45 Evening Movie: "The Bucket List" w/Jack Nickolson & Morgan Freeman

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- 8:30 Guardian Room Opens
9:30 Fun with Fitness Staff
10:00 Everyday trivia
10:30 Musical Circle w/Willow Ridenour!
11:30 The Daily Chronicle
2:00 Happy Hour in the Guardian Room
2:45 Movie: "Rudy" with Sean Astin & Ned Beatty
5:45 Rick Time!

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- 8:30 Guardian Room Opens
9:30 Let's Move!
9:45 Scenic Drive
10:15 Trivia & Rreminiscence
11:00 "NCIS"
2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)
3:00 "I Love Lucy"
4:00 Miscellaneous Trivia
4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira In the Dining Room

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- 8:30 Guardian Room Opens
10:00 SHABBAT SERVICE w/Rabbi Yaffa-Shira & Cantor Mark In the Chodorow Synagogue & SVTV Ch 70
2:00 Relax to Music in the Guardian Room or Patio (weather permitting)
3:00 South Africa—Garden Route & Wine Country
4:15 Trivia for Seniors

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- 8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 The Daily Chronicle
10:15 Miscellaneous Trivia
11:00 Live Entertainment: Roger Hirsch!
2:00 Wheel of Fortune: Common Phrases
3:00 "The Closer"
4:00 White Board Game—Name 4

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- 8:30 Guardian Room Opens
9:30 Exercise to Music
10:00 Live Entertainment: Glenn Kramer!
11:00 White Board—Word Mining
2:15 Afternoon Bingo
3:30 Volunteer Appreciation on the DAVS Patio
4:00 "Northern Exposure"

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- YOM HAZIKARON DAY OF REMEMBRANCE (Quiet Day)
8:30 Guardian Room Opens
10:00 Yom Hazikaron Service in the Chodorow Synagogue with Rabbi Yaffa-Shira
1:30 Live Entertainment: Hitoshi!
2:30 Finish the Lines
3:00 "I Love Lucy"
4:00 Brain Game Trivia

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- YOM HA'ATZMAUT ISRAELI INDEPENDENCE DAY
8:30 Guardian Room Opens
9:30 Morning Exercise
10:00 The Daily Chronicle
10:15 Down to Earth with Zac Efron
11:00 Insight with Yaar
2:30 Special Event: YOM HA'ATZMAUT ON THE DAVS Patio
4:00 "House"
5:45 Evening Movie: "Meet the Parents" w/Robert DeNiro & Ben Stiller

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- 8:30 Guardian Room Opens
9:30 Fun with Fitness Staff
10:00 The Daily Chronicle
10:15 Everyday Trivia
10:45 Live Entertainment: Robert Hardaway!
2:00 Volunteer Appreciation Day in the DAVS Patio
2:00 Happy Hour in the Guardian Room
2:45 Movie: "Seven Brides for Seven Brothers" w/Jane Powell and Howard Keel
5:45 Rick Time!

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- 8:30 Guardian Room Opens
9:30 Let's Move!
10:00 Live Entertainment: Taylor Bassett!
11:00 "NCIS"
2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)
3:00 "I Love Lucy"
4:00 Miscellaneous Trivia
4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira In the Dining Room

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- 8:30 Guardian Room Opens
10:00 SHABBAT SERVICE w/Rabbi Yaffa-Shira & Cantor Cathy In the Chodorow Synagogue & SVTV Ch 70
2:00 Relax to Music in the Guardian Room or Patio (weather permitting)
3:00 Passport to Europe: Simply Paris, Zurich, Switzerland
4:00 Trivia for Seniors

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- 8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 The Daily Chronicle
10:15 Miscellaneous Trivia
11:00 Live Entertainment: Roger Hirsch!
2:00 Wheel of Fortune: Common Phrases
3:00 "The Closer"
4:00 White Board Game—Name 4

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- 8:30 Guardian Room Opens
9:30 Exercise to Music
10:00 The Daily Chronicle
10:15 "Somebody Feed Phil"
11:15 White Board—Word Mining
1:30 Live Entertainment: Vincent Young!
2:00 Pet Therapy w/Finn
2:30 Finish the Lines
3:00 White Board Game—Name 4
4:00 "Northern Exposure"

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- 8:30 Guardian Room Opens
9:30 Exercise with Fitness Staff
10:00 The Daily Chronicle
10:15 A to Z Trivia
11:00 "The UNXPLAINED"
1:30 Pet Therapy w/Helen Woodward
2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)
3:00 "I Love Lucy"
4:00 Brain Game Trivia

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- 8:30 Guardian Room Opens
9:30 Morning Exercise
10:00 The Daily Chronicle
10:15 Down to Earth with Zac Efron
11:00 Schmooze with the Rabbi
2:15 Afternoon Bingo
4:00 "House"
5:45 Evening Movie: "Jeremiah Johnson" with Robert Redford

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- 8:30 Guardia Room Opens
9:30 Fun with Fitness Staff
10:00 The Daily Chronicle
10:15 Everyday Trivia
11:00 White Board Game—Name 10
2:00 Happy Hour in the Guardian Room
2:30 Movie: "The Best Exotic Marigold Hotel" w/Judi Dench, Bill Nighy & Maggie Smith
5:45 Rick Time!

Nail Painting & Hand Massages: By Request & Availability