

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<p>9:45 Daily Chronicle w/ Sophia (SR) <b>1</b></p> <p>10:00 <b>Seated Tai Chi &amp; Movement w/ Patrick (SR)</b></p> <p>10:30 <b>Documentary: Uncovering Shakespeare's Mysterious Life (SR)</b></p> <p>10:40 Pet Therapy Visit w/ Christine &amp; Leo! (DR Lounge)</p> <p>1:30 Word Games w/ Kevin (SR)</p> <p>2:30 Indoor Volleyball w/ Sophia</p> <p>3:30 <b>Concert: Tom Reich (SR)</b></p> <p>3:45 Trivia Time w/ Sophia &amp; Elliana (DR Lounge)</p>	<p style="text-align:center;"><b>EREV PURIM</b> <b>2</b></p> <p>9:00 Dominoes with Elliot (Hub D)</p> <p>9:15 <b>Fitness &amp; Fun w/ Fitness Staff (SR)</b></p> <p>10:00 Daily Chronicle (SR)</p> <p>10:30 <b>Book Club w/ Ellyn &amp; Keith (SR)</b></p> <p>2:00 <b>Afternoon Movie: Resident Request: The Cemetery Club (1993) (SR)</b></p>	<p style="text-align:center;"><b>PURIM</b> <b>3</b></p> <p>9:30 Purim Dress-Up (DR Lounge)</p> <p>10:00 <b>Purim Celebration (CS)</b></p> <p>1:30 <b>Resident Council Meeting (SR)</b></p> <p>3:00 Daily Chronicle (DR Lounge)</p> <p>3:15 Sensory Social Hour w/ Music: Hand Massages &amp; Stress Balls (DAVS) (Weather Permitting)</p>	<p style="text-align:right;"><b>4</b></p> <p>9:30 Morning Moves w/ Jody(SR)</p> <p>10:00 <b>Live Entertainment: Taylor Bassett! (SR)</b></p> <p>11:00 Daily Chronicle &amp; Trivia (SR)</p> <p>1:30 Whiteboard Games (SR)</p> <p>2:45 Music &amp; Sunshine (DAVS)</p> <p>3:15 Trivia w/ Brady (DR Lounge)</p>	<p style="text-align:right;"><b>5</b></p> <p>9:30 Coffee, Tea &amp; Conversation: Origins of Folklore (SR)</p> <p>10:30 Trivia w/ Jerry (DR Lounge)</p> <p>11:45 <b>AL Lunch Outing (Sign Up-Limit 6): Islands Restaurant (DR Lounge)</b></p> <p>1:15 <b>Sit n be FIT w/ Fitness Staff (SR)</b></p> <p>2:00 Music in the Sun w/ Yaar</p> <p>3:30 <b>Happy Hour w/ Marissa (DR Lounge)</b></p>	<p style="text-align:right;"><b>6</b></p> <p>9:30 Daily Chronicle (SR)</p> <p>9:45 The Importance of Women's History Month (SR)</p> <p>10:45 <b>Shmooze w/ Rabbi Yaffa-Shira (DR Lounge)</b></p> <p>1:45 <b>Paint By Numbers w/ Chanda: Rosie The Riveter (SR)</b></p> <p>3:15 Noodle Ball! (SR)</p> <p>4:45 <b>Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)</b></p>	<p style="text-align:right;"><b>7</b></p> <p>10:00 <b>Shabbat Services w/ Rabbi Yaffa-Shira &amp; Cantor Kathy (CS &amp; 2493)</b></p> <p>1:30 <b>Shabbat Limud w/ Rabbi Yaffa-Shira (CS)</b></p> <p>1:30 Daily Chronicle w/ Amy (SR)</p> <p>2:00 You Be the Judge (SR)</p> <p>3:00 Travel Talk w/ Amy: Honduras (SR)</p> <p>4:00 Words and their Meanings (DR Lounge)</p> <p>6:00 <b>Movie Night: Out of Africa (1985) (SR)</b></p>
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<p style="text-align:center;"><b>DAYLIGHT SAVINGS: Spring Forward</b> <b>8</b></p> <p>9:30 Daily Chronicle (SR)</p> <p>10:00 Morning Exercise w/ Makayla (SR)</p> <p>10:30 Learn about the Brain w/ Makayla (SR)</p> <p>1:30 <b>Word Games w/ Kevin (SR)</b></p> <p>2:30 Best Musical Numbers of the 20th Century (SR)</p> <p>3:45 Trivia Time w/ Makayla &amp; Elliana (DR Lounge)</p>	<p style="text-align:right;"><b>9</b></p> <p>9:00 Dominoes with Elliot (Hub D)</p> <p>9:15 <b>Fitness &amp; Fun w/ Fitness Staff (SR)</b></p> <p>10:00 Daily Chronicle w/ Nunu (SR)</p> <p>10:30 <b>Travel Log w/ Herman Perez (SR)</b></p> <p>1:30 Afternoon Moves w/ Nunu (SR)</p> <p>1:45 Pet Therapy Visit w/ Kathy &amp; Finn (SR)</p> <p>2:00 Art Project w/ Nunu (SR)</p> <p>3:00 <b>Concert: Vincent Young (SR)</b></p>	<p style="text-align:right;"><b>10</b></p> <p>9:30 Fads of the 1970s (SR)</p> <p>10:00 <b>Shopping Loop (Sign Up-Limit 2): Home Goods (DR Lounge) (W/ Caregiver)</b></p> <p>10:30 Noodle Ball! (SR)</p> <p>1:30 Quotes That Will Change the Way You Think: Sports Icons (SR)</p> <p>2:30 <b>Current Events w/ Rick LeVine (SR)</b></p> <p>3:30 Daily Chronicle (SR)</p> <p>3:45 Corner Store (SR)</p>	<p style="text-align:right;"><b>11</b></p> <p>9:30 Morning Moves w/ Ed (SR)</p> <p>10:00 Daily Chronicle &amp; Trivia (SR)</p> <p>10:30 Arts &amp; Crafts w/ Maya &amp; Ed (SR)</p> <p>1:30 Whiteboard Games w/ Ed (SR)</p> <p>2:45 Sunshine &amp; Music (DAVS)</p> <p>3:30 Trivia Time w/ Brady (DR Lounge)</p>	<p style="text-align:right;"><b>12</b></p> <p>9:30 Daily News (SR)</p> <p>9:45 Sports Trivia (SR)</p> <p>10:15 The Black Sox Chicago White Sox Scandal of 1919 (SR)</p> <p>1:00 <b>Scenic Drive (Sign Up-Limit 7): Coronado Bridge/Island (DR Lounge)</b></p> <p>1:15 <b>Sit n be FIT w/ Fitness Staff (SR)</b></p> <p>1:30 <b>Fancy Fingers w/ Marianne! (Outside Sunroom)</b></p> <p>2:00 Music &amp; Fresh Air w/ Yaar (DAVS) (Weather Permitting)</p> <p>3:30 <b>Happy Hour w/ Jerry McCann &amp; Karen! (DR Lounge)</b></p>	<p style="text-align:right;"><b>13</b></p> <p>9:30 Daily Chronicle (SR)</p> <p>9:45 Morning Moves (SR)</p> <p>10:30 Listen &amp; Learn: The Incomparable Bill Withers (DAVS) (Weather Permitting)</p> <p>1:45 <b>New Name Cards w/ Chanda (SR)</b></p> <p>3:00 <b>Documentary: Still Bill (2009) (SR)</b></p> <p>4:45 <b>Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)</b></p>	<p style="text-align:right;"><b>14</b></p> <p>10:00 <b>Shabbat Services w/ Rabbi Yaffa-Shira &amp; Cantor Mark (CS &amp; 2493)</b></p> <p>1:30 <b>Shabbat Limud w/ Rabbi Yaffa-Shira (CS)</b></p> <p>2:00 <b>Israeli Dancing w/ Barbara (SR)</b></p> <p>2:45 <b>Afternoon Movie: Apollo 13 (1995) (SR)</b></p> <p>6:00 <b>Movie Night: Tootsie (1982) (SR)</b></p>
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<p style="text-align:right;"><b>15</b></p> <p>9:30 Daily Chronicle (SR)</p> <p>10:00 <b>Seated Tai Chi &amp; Movement w/ Patrick (SR)</b></p> <p>10:30 You be the Judge (SR)</p> <p>1:30 <b>Word Games w/ Kevin (SR)</b></p> <p>2:30 Card Games w/ Makayla (SR)</p> <p>3:45 Trivia Time w/ Makayla &amp; Elliana (DR Lounge)</p>	<p style="text-align:right;"><b>16</b></p> <p>9:00 Dominoes with Elliot (Hub D)</p> <p>9:15 <b>Fitness &amp; Fun w/ Fitness Staff (SR)</b></p> <p>10:00 Daily Chronicle w/ Nunu (SR)</p> <p>10:30 <b>Book Club w/ Ellyn &amp; Keith (SR)</b></p> <p>1:30 Afternoon Moves w/ Nunu (SR)</p> <p>2:00 Word Games w/ Nunu (SR)</p> <p>3:15 Music &amp; Reminiscence w/ Nunu (DAVS) (Weather Permitting)</p>	<p style="text-align:right;"><b>17</b></p> <p>9:30 This-Or-That &amp; Finish The Phrase (SR)</p> <p>10:00 <b>Shopping Loop (Sign Up-Limit 2): Barnes &amp; Noble (DR Lounge)</b></p> <p>10:00 Morning Moves (SR)</p> <p>10:45 <b>Shmooze w/ Rabbi Yaffa-Shira (DR Lounge)</b></p> <p>1:30 <b>Entertainment with Hitoshi (SR)</b></p> <p>2:30 Star of the Month: Audrey Hepburn Presentation (SR)</p> <p>3:30 Audrey Hepburn Trivia (SR) </p>	<p style="text-align:right;"><b>18</b></p> <p>9:30 Morning Moves w/ Ed (SR)</p> <p>10:00 Daily Chronicle &amp; Trivia (SR)</p> <p>10:30 <b>The Legendary Crooners (SR)</b></p> <p>1:30 <b>Live Entertainment - Glenn Kramer! (SR)</b></p> <p>1:30 Coffee Dilemma w/ Yaar: What is a Leader? (CS)</p> <p>2:30 Whiteboard Games w/ Ed (SR)</p> <p>3:30 Trivia Time w/ Brady (DR Lounge)</p>	<p style="text-align:right;"><b>19</b></p> <p>9:30 Coffee, Tea &amp; Conversation: Women of the World (SR)</p> <p>10:30 Trivia w/ Jerry (DR Lounge)</p> <p>1:00 <b>Scenic Drive (Sign Up-Limit 7): Little Italy (DR Lounge)</b></p> <p>1:15 <b>Sit n be FIT w/ Fitness Staff (SR)</b></p> <p>2:00 Passover w/ Yaar (SR)</p> <p>3:30 <b>Happy Hour (DR Lounge)</b></p>	<p style="text-align:center;"><b>Spring Begins!</b> <b>20</b></p> <p>9:30 Daily Chronicle (SR)</p> <p>10:00 On This Day in History... (SR)</p> <p>10:30 Noodle Ball! (SR)</p> <p>1:30 <b>SDJA Visit: Tikken Olam Project (SR)</b></p> <p>2:45 Daily Chronicle (DAVS) (Weather Permitting)</p> <p>3:15 Music &amp; Walk Around the Koi Pond (DAVS) (Weather Permitting)</p> <p>4:45 <b>Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)</b> </p>	<p style="text-align:right;"><b>21</b></p> <p>10:00 <b>Shabbat Services w/ Rabbi Yaffa-Shira (CS &amp; 2493)</b></p> <p>1:30 <b>Shabbat Limud w/ Rabbi Yaffa-Shira (CS)</b></p> <p>1:30 Daily Chronicle w/ Amy (SR)</p> <p>2:15 Word Games w/ Amy (SR)</p> <p>3:30 Trivia w/ Amy (DR Lounge)</p> <p>6:00 <b>Movie Night: The Sunshine Boys (1975) (SR)</b></p>
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<p style="text-align:right;"><b>22</b></p> <p>9:30 Daily Chronicle (SR)</p> <p>10:00 <b>Seated Tai Chi &amp; Movement w/ Patrick (SR)</b></p> <p>10:30 1926 vs 2026 Discussion w/ Makayla (SR)</p> <p>1:30 Afternoon Moves w/ Makayla (SR)</p> <p>2:30 <b>All Campus Concert: The Bayou Brothers (CS)</b></p> <p>3:45 Trivia Time w/ Makayla (DR Lounge)</p>	<p style="text-align:right;"><b>23</b></p> <p>9:00 Dominoes with Elliot (Hub D)</p> <p>9:15 <b>Fitness &amp; Fun w/ Fitness Staff (SR)</b></p> <p>10:00 Daily Chronicle w/ Nunu (SR)</p> <p>10:30 Book Club w/ Nunu (SR)</p> <p>1:30 Afternoon Moves w/ Nunu (SR)</p> <p>1:45 Pet Therapy Visit w/ Kathy &amp; Finn (SR)</p> <p>2:00 Collage Making w/ Nunu (SR)</p> <p>3:00 <b>Concert: Vincent Young (SR)</b></p>	<p style="text-align:right;"><b>24</b></p> <p>9:30 Morning Sing-A-Long (SR)</p> <p>10:00 <b>Shopping Loop (Sign Up-Limit 2): Barnes &amp; Noble (DR Lounge) (W/ Caregiver)</b></p> <p>10:30 Daily Chronicle (SR)</p> <p>10:45 Morning Moves (SR)</p> <p>1:30 Music &amp; Reminiscence (DAVS) (Weather Permitting)</p> <p>2:15 Pet Visit w/ Helen Woodward (DR Lounge)</p> <p>2:30 <b>Culinary Meeting (SR)</b></p> <p>3:00 Quotes That Will Change the Way You Think: Sports Icons (SR)</p>	<p style="text-align:right;"><b>25</b></p> <p>9:30 Morning Moves w/ Ed (SR)</p> <p>10:00 Daily Chronicle &amp; Trivia (SR)</p> <p>10:30 <b>Tony Bennett &amp; Lady Gaga: Cheek to Cheek (SR)</b></p> <p>1:30 Creative Writing w/ Ed &amp; Noa (SR)</p> <p>3:00 Corner Store (SR)</p> <p>3:30 Finish the Lines w/ Brady (DR Lounge)</p>	<p style="text-align:right;"><b>26</b></p> <p>9:30 Morning Moves (SR)</p> <p>10:00 <b>Beading w/ Rochelle &amp; Marianne (SR)</b></p> <p>1:00 <b>Scenic Drive (Sign Up-Limit 7): Cabrillo National Monument (DR Lounge)</b></p> <p>1:15 <b>Sit n be FIT w/ Fitness Staff (SR)</b></p> <p>1:30 <b>Fancy Fingers w/ Marianne (Outside SR)</b></p> <p>2:00 <b>Live Entertainment: Naomi Alter! (SR)</b></p> <p>3:30 <b>Birthday Celebrations/Happy Hour w/ Karen &amp; Yaar! (DR Lounge)</b></p>	<p style="text-align:right;"><b>27</b></p> <p>9:30 Daily Chronicle (SR)</p> <p>9:45 The Impact of Gratitude on Our Health (SR)</p> <p>10:30 Roger Hirsh Piano (SR)</p> <p>1:45 Collage Making w/ Chanda: Women's History! (SR)</p> <p>3:00 \$1 Bingo! (SR)</p> <p>4:45 <b>Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)</b></p>	<p style="text-align:right;"><b>28</b></p> <p>10:00 <b>Shabbat Services w/ Rabbi Yaffa-Shira &amp; Cantor Kathy (CS &amp; 2493)</b></p> <p>1:30 <b>Shabbat Limud w/ Rabbi Yaffa-Shira (CS)</b></p> <p>1:30 Daily Chronicle w/ Amy (SR)</p> <p>2:00 <b>Israeli Dancing w/ Barbara (SR)</b></p> <p>2:45 <b>Surprise Tasting Party! (SR)</b></p> <p>6:00 <b>Movie Night: The Way We Were (1973) (SR)</b></p>
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<p style="text-align:right;"><b>29</b></p> <p>9:30 Daily Chronicle (SR)</p> <p>10:00 <b>Seated Tai Chi &amp; Movement w/ Patrick (SR)</b></p> <p>10:30 <b>All Campus Concert: David Saliamonas-Piano (CS)</b></p> <p>1:30 Word Games w/ Kevin (SR)</p> <p>2:30 Bouquet Making w/ Makayla (SR)</p> <p>3:45 Trivia Time w/ Makayla &amp; Elliana (DR Lounge)</p>	<p style="text-align:right;"><b>30</b></p> <p>9:00 Dominoes with Elliot (Hub D)</p> <p>9:15 <b>Fitness &amp; Fun w/ Fitness Staff (SR)</b></p> <p>10:00 Daily Chronicle w/ Nunu (SR)</p> <p>10:30 Book Club w/ Nunu (SR)</p> <p>1:30 Afternoon Moves w/ Nunu (SR)</p> <p>2:15 Walk Around the Koi Pond w/ Nunu (DAVS) (Weather Permitting)</p> <p>3:15 Music Trivia w/ Nunu (DAVS) (Weather Permitting)</p>	<p style="text-align:right;"><b>31</b></p> <p>9:30 Cold Case Files: The Case of Edward Munst (SR)</p> <p>1:30 <b>Judy Garland at Carnegie Hall (Full Concert Highlights) (SR)</b></p> <p>2:45 Daily Chronicle &amp; Fun Facts (DAVS) (Weather Permitting)</p> <p>3:15 Listen &amp; Learn: The Unbelievable Judy Garland (DAVS) (Weather Permitting)</p>	<h2 style="margin:0;">March 2026</h2> <h1 style="margin:0;">Life Enrichment Calendar</h1> <p style="margin:0;">Seacrest Village Retirement Communities at Encinitas Leichtag Family Assisted Living Residence</p> <p style="margin:0;">[Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]</p>	<p style="font-size: small; margin:0;">We thank our contributors for making these programs possible:</p> <p style="font-size: x-small; margin:0;">The Haimsohn Family Holiday Program Irwin &amp; Joan Jacobs Cultural Program Irwin &amp; Joan Jacobs Transportation Program The Galinson Family Rehabilitative Therapy Program The Merrill &amp; Robert Haimsohn Alzheimer's Program Lipinsky Family Foundation Nursing Program The A. Wexler, R. Simon &amp; E. Adleson Family Assisted Living Program The Sima &amp; Joseph Oppenheimer Religious &amp; Education</p>	<p style="font-size: x-large; font-weight: bold; color: purple; margin:0;">HAPPY purim</p>
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**AS=** Art Studio  
**CL=** Computer Lab  
**CS=** Chodorow Synagogue  
**DAVS=** Dave & Annette's Village Square\*\*  
**DR=** Dining Room  
**FC =** Fitness Center  
**FP =** Fireside Patio  
**Francy's=** Dining Room Lounge

**Room Codes**  
**GRC=** Goldberg Residence Court  
**LI=** Library (Building A)  
**PDR =** Private Dining Room  
**R=** Recreation Room\*  
**SR=** Assisted Living Sunroom  
**TH =**Theater  
**TR=** Tasting Room\*

**Buildings**  
**(A)** Independent Living  
**(B)** Healthcare Center  
**(C)** Administration  
**(D)** Assisted Living  
**(E)** Memory Care  
**(F)** Independent Living

\*\* Non Kosher except for tables directly outside Mel's Café  
 \* Non Kosher

## Important Contacts

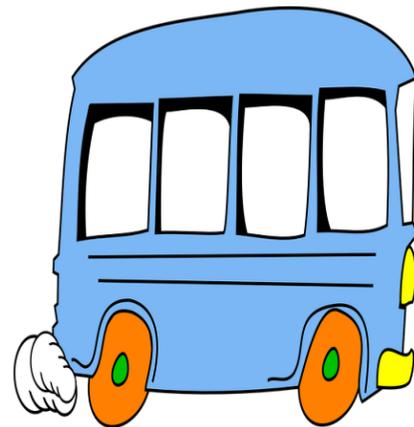
**Mary Fawell - Director of Assisted Living - 760-516-2040**  
**Sophia Rucireta - Life Enrichment Specialist - 760-632-8948**  
**Zy Dewey - Fitness Center - 760-632-3739**  
**Sheryl Seltser - Volunteer Liaison - 760-632-3718**  
**Rabbi Yaffa-Shira - Director of Spiritual Life - 760-942-2950**  
**Front Desk Reception - 760-632-0081**  
**Room Tray Line - 760-516-2009**

## Hair Salon Open Fridays

To make an appointment, please come to the salon and write your name in the appointment book.

### Color Key

- **Trips (Drives, Tours, & Shopping Loops)**
- \* Accompanied by Caregiver
- **Fitness Programs**
- **Religious Programming**
- **Resident Council Meeting**
- **Vendors**
- **Volunteers**
- **Involving Food**
- **Movie Nights/T.V. Programs**



## Assisted Living Outings Meet at the DR Lounge

### Lunch Outing

3/5 @ 11:45  
 (Previous Sign-Up Required - Islands Restaurant - Limit 6 Residents)

### Shopping Loops Tuesdays @ 10:00-11:30

**March 10**  
 (Home Goods)\*  
**March 17**  
 (Barnes & Noble)  
**March 24**  
 (Barnes & Noble)\*

### Scenic Drives Thursdays @ 1:00-2:45

**March 12**  
 (Coronado Bridge/Island)  
**March 19**  
 (Little Italy)  
**March 26**  
 (Cabrillo National Monument)



"MARCH IS THE END OF THE BEGINNING — THE BEST TIME TO ADJUST YOUR GOALS, MAKE REALISTIC PLANS, AND BE AMAZING".

## Live Events in the Synagogue

**March 3:** Purim Celebration! @ 10:00am  
**March 22:** Live Concert –The Bayou Brothers @ 2:30pm  
**March 29:** Live Concert—David Saliamonas on Piano @ 10:30am

## Entertainment in Assisted Living

**March 1, 15, 22:** Seated Tai Chi w/ Patrick @ 10:00 (SR)  
**March 1:** Concert: Tom Reich @ 3:30 (SR)  
**March 4:** Concert: Taylor Bassett @ 10:00 (SR)  
**March 9:** Travel Log w/ Hernan @ 10:30 (SR)  
**March 9 & 23:** Concert: Vincent Young @ 3:00 (SR)  
**March 10:** Current Events w/ Rick @ 2:30 (SR)  
**March 12:** Happy Hour Live Music w/ Jerry McCann @ 3:30 (DR Lounge)  
**March 14, 28:** Israeli Seated Chair Dancing w/ Barbara @ 2:00 (SR)  
**March 17:** Concert: Hitoshi @ 1:30 (SR)  
**March 18:** Concert: Glenn Kramer @ 1:30 (SR)  
**March 26:** Concert: Naomi Alter @ 2:00 (SR)

## Birthdays

### Residents:

Bo A. 3/27  
 Gilda B. 3/4  
 Trudi K. 3/7



**Dominoes:** w/ Elliot every Monday at 9:00 (HUB D)  
**Trivia:** w/ Jerry on 3/5 & 3/19 at 10:30 (DR Lounge)  
**Trivia:** w/ Elliana on 3/1, 3/8, 3/15 and 3/29 at 3:45 (DR Lounge)  
**Trivia:** w/ Brady every Wednesday at 3:30 (3:15 on 3/4) (DR Lounge)  
**Jewelry Making:** w/ Rochelle & Marianne on the 2nd & 4th Thursday of the month at 10:00 (SR)  
**Brain Teasers:** w/ Kevin every Sunday at 1:30 (SR)  
**Pet Therapy:** w/ Christine & Leo on 3/1 @ 10:40 (DR Lounge)  
**Pet Visit:** w/ Kathy & Finn on 3/9 and 3/23 at 1:45 (SR)  
**Pet Visit:** w/ Helen Woodward on 3/24 at 2:15 (DR Lounge)  
**Fancy Fingers:** w/ Marianne on the 2nd & 4th Thursday of the month at 1:30 (Outside SR)  
**Art:** w/ Chanda on 3/6, 3/13 and 3/27 at 1:45 (SR)  
**Book Club:** w/ Keith and Ellyn on the 1st and 3rd Monday of the month at 10:15 (SR)  
**Creative Writing:** w/ Noa on 3/25 at 1:30 (SR)  
**Happy Hour:** w/ Karen on 3/12 and 3/26 (DR Lounge)  
**Happy Hour:** w/ Marissa on 3/5 at 3:30 (DR Lounge)  
**Live Music:** w/ Roger on 3/27 at 10:30 (SR)