

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>8:30 Guardian Room Opens 9:30 Chair Dancing 10:00 The Daily Chronicle 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:00 Wheel of Fortune: Common Phrases 3:00 "The Closer" 4:00 Star of the Month: Audrey Hepburn! (Real Name: Audrey Kathleen Ruston)</p> <p>★ ★ ★</p>	<p>8:30 Guardian Room Opens 9:30 Exercise to Music 10:00 Live Entertainment: Glenn Kramer! 11:00 White Board—Word Mining 2:00 Resident Council Meeting 3:00 Afternoon Bingo</p>	<p>PURIM</p> <p>8:30 Guardian Room Opens 10:00 PURIM Celebration in the Chodorow Synagogue with Rabbi Yaffa-Shira 11:30 The Daily Chronicle 2:00 Relax to Music in the Guardian Room Or Patio (weather permitting) 3:00 "Northern Exposure" Season 1 Episode 4 4:00 Brain Game Trivia</p>	<p>8:30 Guardian Room Opens 9:30 Morning Exercise 10:00 The Daily Chronicle 10:15 Down to Earth with Zac Efron 11:00 Shmooze with the Rabbi 2:15 Afternoon Bingo 4:00 "House" 5:45 Evening Movie: "The Time Machine" with Rod Taylor, Alan Young & Yvette Mimieux</p>	<p>8:30 Guardian Room Opens 9:30 Fun with Fitness Staff 10:00 The Daily Chronicle 10:15 Everyday Trivia 10:45 Live Entertainment: Senior Samba w/Tamar! 2:00 Happy Hour in the Guardian Room 3:00 Movie: "Music and Lyrics" with Hugh Grant & Drew Barrymore 5:45 Rick Time!</p>	<p>8:30 Guardian Room Opens 9:30 Let's Move 9:45 Scenic Drive 10:00 The Daily Chronicle 10:15 Trivia & Reminiscence 11:00 "The Closer" 2:00 Art Time! 3:00 "I Love Lucy" 4:00 Miscellaneous Trivia 4:30 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira in the Dining Room</p>	<p>8:30 Guardian Room Opens 10:00 SHABBAT SERVICE w/Rabbi Yaffa-Shira in the Chodorow Synagogue & SVTV Ch 70 2:00 Relax to Music in the Guardian Room or Patio (weather permitting) 3:00 Egypt Uncovered: Volume 5 "Mummies: Into the Afterlife" 4:00 Trivia for Seniors</p>
<p>8:30 Guardian Room Opens 9:30 Chair Dancing 10:00 The Daily Chronicle 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:00 Wheel of Fortune: Common Phrases 3:00 "The Closer" 4:00 White Board Game—Name 4</p>	<p>8:30 Guardian Room Opens 9:30 Exercise to Music 10:00 The Daily Chronicle 10:15 "Somebody Feed Phil" 11:15 White Board—Word Mining 1:30 Live Entertainment: Vincent Young! 2:00 Pet Therapy w/Finn 2:30 Finish the Lines 3:00 White Board Game—Name 4 4:00 "Northern Exposure" Season 1 Episode 5</p>	<p>8:30 Guardian Room Opens 9:30 Exercise with Fitness Staff 10:00 The Daily Chronicle 10:15 A to Z Trivia 11:00 "The UNXPLAINED" 2:00 Relax to Music in the Guardian Room Or Patio (weather permitting) 3:00 "The Closer" 4:00 Brain Game Trivia</p>	<p>8:30 Guardian Room Opens 9:30 Morning Exercise 10:00 The Daily Chronicle 10:15 Down to Earth with Zac Efron 11:00 Insight with Yaar 2:15 Afternoon Bingo 4:00 "House" 5:45 Evening Movie: "School of Rock" with Jack Black and a bunch of talented kids</p>	<p>8:30 Guardian Room Opens 9:30 Fun with Fitness Staff 10:00 The Daily Chronicle 10:15 Everyday Trivia 10:45 Live Entertainment: Willow Ridenour! 2:00 Happy Hour in the Guardian Room 3:00 Movie: "Home Fries" with Drew Barrymore & Luke Wilson 5:45 Rick Time!</p>	<p>8:30 Guardian Room Opens 9:30 Let's Move 10:00 The Daily Chronicle 10:15 Trivia & Reminiscence 11:00 "The Closer" 2:00 Relax to Music in the Guardian Room or Patio (weather permitting) 3:00 "I Love Lucy" 4:00 Miscellaneous Trivia 4:30 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira in the Dining Room</p>	<p>8:30 Guardian Room Opens 10:00 SHABBAT SERVICE w/Rabbi Yaffa-Shira in the Chodorow Synagogue & SVTV Ch 70 2:00 Relax to Music in the Guardian Room or Patio (weather permitting) 3:00 BBC Earth: Primates 4:00 Trivia for Seniors</p>
<p>8:30 Guardian Room Opens 9:30 Chair Dancing 10:00 The Daily Chronicle 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:00 Wheel of Fortune: Common Phrases 3:00 "The Closer" 4:00 White Board Game—Name 4</p>	<p>8:30 Guardian Room Opens 9:30 Exercise to Music 10:00 Live Entertainment: Glenn Kramer! 11:00 White Board—Word Mining 2:15 Afternoon Bingo 4:00 "Northern Exposure" Season 1 Episode 6</p>	<p>8:30 Guardian Room Opens 9:30 Live Entertainment: Hitoshi! 10:30 A to Z Trivia 11:00 "The UNXPLAINED" 2:00 Relax to Music in the Guardian Room Or Patio (weather permitting) 3:00 "The Closer" 4:00 Brain Game Trivia</p>	<p>8:30 Guardian Room Opens 9:30 Morning Exercise 10:00 The Daily Chronicle 10:15 Down to Earth with Zac Efron 11:00 Shmooze with the Rabbi 2:15 Afternoon Bingo 4:00 "House" 5:45 Evening Movie: "The Bounty Hunter" with Jennifer Aniston & Gerard Butler</p>	<p>8:30 Guardian Room Opens 9:30 Fun with Fitness Staff 10:00 The Daily Chronicle 10:15 Everyday Trivia 10:45 Live Entertainment: Robert Hardaway! 2:00 Happy Hour in the Guardian Room 3:00 Movie: "Singing in the Rain" with Gene Kelly, Donald O'Connor & Debbie Reynolds 5:45 Rick Time!</p>	<p>SPRING BEGINS 🌸</p> <p>8:30 Guardian Room Opens 9:30 Let's Move 9:45 Scenic Drive 10:00 The Daily Chronicle 10:15 Trivia & Reminiscence 11:00 "The Closer" 2:00 Relax to Music in the Guardian Room or Patio (weather permitting) 3:00 "I Love Lucy" 4:00 Miscellaneous Trivia 4:30 Shabbat Candle Lighting w/ Rabbi</p>	<p>8:30 Guardian Room Opens 10:00 SHABBAT SERVICE w/Rabbi Yaffa-Shira in the Chodorow Synagogue & SVTV Ch 70 2:00 Relax to Music in the Guardian Room or Patio (weather permitting) 3:00 How the Earth Changed History: "Wind" 4:00 Trivia for Seniors</p>
<p>8:30 Guardian Room Opens 9:30 Chair Dancing 10:00 The Daily Chronicle 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:30 All Campus Concert in the Chodorow Synagogue: "The Bayou Brothers" 3:45 "The Closer"</p>	<p>8:30 Guardian Room Opens 9:30 Exercise to Music 10:00 The Daily Chronicle 10:15 "Somebody Feed Phil" 11:15 White Board—Word Mining 1:30 Live Entertainment: Vincent Young! 2:00 Pet Therapy w/Finn 2:30 Finish the Lines 3:00 White Board Game—Name 4 4:00 "Northern Exposure" Season 1 Episode 7</p>	<p>8:30 Guardian Room Opens 9:30 Exercise with Fitness Staff 10:00 The Daily Chronicle 10:15 A to Z Trivia 11:00 "The UNXPLAINED" 1:30 Pet Therapy with Helen Woodward 2:00 Relax to Music in the Guardian Room Or Patio (weather permitting) 3:00 "The Closer" 4:00 Brain Game Trivia</p>	<p>8:30 Guardian Room Opens 9:30 Morning Exercise 10:00 The Daily Chronicle 10:15 Down to Earth with Zac Efron 11:00 Insight with Yaar 2:15 Afternoon Bingo 4:00 "House" 5:45 Evening Movie: "How Do You Know" with Reese Witherspoon and Owen Wilson</p>	<p>8:30 Guardian Room Opens 9:30 Fun with Fitness Staff 10:00 The Daily Chronicle 10:15 Everyday Trivia 10:45 Live Entertainment: Willow Ridenour! 2:00 Happy Hour in the Guardian Room 3:00 Movie: "Bell, Book and Candle" w/with James Stewart & Kim Novak 5:45 Rick Time!</p>	<p>8:30 Guardian Room Opens 9:30 Let's Move 10:00 Live Entertainment: Taylor Bassett! 11:00 "The Closer" 2:00 Relax to Music in the Guardian Room or Patio (weather permitting) 3:00 "I Love Lucy" 4:00 Miscellaneous Trivia 4:30 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira in the Dining Room</p>	<p>8:30 Guardian Room Opens 10:00 SHABBAT SERVICE w/Rabbi Yaffa-Shira in the Chodorow Synagogue & SVTV Ch 70 2:00 Relax to Music in the Guardian Room or Patio (weather permitting) 3:00 How the Earth Changed History: "Water" 4:00 Trivia for Seniors</p>

8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 The Daily Chronicle
10:30 **All Campus Concert in the Chodorow Synagogue "David Saliomonas" Piano**
2:00 Wheel of Fortune:
Common Phrases
3:00 "The Closer"
4:00 White Board Game—Name 4

8:30 Guardian Room Opens
9:30 Exercise to Music
10:00 The Daily Chronicle
10:15 "Somebody Feed Phil"
11:15 White Board—Word Mining
2:15 Specific Afternoon Bingo
4:00 "Northern Exposure"
Season 1 Episode 8

8:30 Guardian Room Opens
9:30 **Exercise with Fitness Staff**
10:00 The Daily Chronicle
10:15 A to Z Trivia
11:00 "The UNXPLAINED"
2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)
3:00 "The Closer"
4:00 Brain Game Trivia

****Nail Painting & Hand Massages: By Request & Availability****



March 2026
Life Enrichment Calendar
Seacrest Village Retirement Communities at Encinitas
Joseph & Dorothy Goldberg Healthcare Center
[Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]

We thank our contributors for making these programs possible:
The Haimsohn Family Holiday Program
Irwin & Joan Jacobs Cultural Program
Irwin & Joan Jacobs Transportation Program
The Galinson Family Rehabilitative Therapy Program
The Merrill & Robert Haimsohn Alzheimer's Program
Lipinsky Family Foundation Nursing Program
The A. Wexler, R. Simon & E. Addleson Family Assisted Living Program
The Sima & Joseph Oppenheimer Religious & Education

