

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
EREV TU B'SHEVAT 1 8:30 Guardian Room Opens 9:30 Chair Dancing 10:00 The Daily Chronicle 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:30 All Campus Concert in the Chodorow Synagogue: "Mainly Mozart" 3:45 "NCIS"	TU B'SHEVAT 2 8:30 Guardian Room Opens 9:30 Exercise to Music 10:00 Live Entertainment: Glenn Kramer! 11:00 Tu B'Shevav Seder 11:30 Individual Seed Planting 2:00 Resident Council Meeting 3:00 Specific Afternoon Bingo	8:30 Guardian Room Opens 3 9:30 Live Entertainment: Senior Samba w/Tamar! 10:30 Live Entertainment: Robert Hardaway! 11:30 The Daily Chronicle 2:00 Relax to Music in the Guardian Room or Patio (weather permitting) 3:00 "I Love Lucy" 4:00 Brain Game Trivia	8:30 Guardian Room Opens 4 9:30 Daily Exercising 10:00 The Daily Chronicle 10:15 Down to Earth with Zac Efron 11:00 White Board—Name 10 2:15 Afternoon Bingo 4:00 "House" 5:45 Evening Movie: "Cape Fear" w/Gregory Peck, Robert Mitchum & Polly Bergen	8:30 Guardian Room Opens 5 9:30 Fun with Fitness Staff 10:00 The Daily Chronicle 10:15 Everyday Trivia 10:45 Live Entertainment: Senior Samba w/Tamar! 2:00 Happy Hour in the Guardian Room 3:00 Movie: "Michael" w/John Travolta, Andie MacDowell & William Hurt 5:45 Rick Time!	8:30 Guardian Room Opens 6 9:30 Let's Move! 9:45 Scenic Drive 10:00 The Daily Chronicle 10:15 Trivia & Reminiscence 11:00 "NCIS" 2:00 Art Time! 3:00 "I Love Lucy" 4:00 Miscellaneous Trivia 4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira in the Dining Room	8:30 Guardian Room Opens 7 10:00 SHABBAT SERVICE w/Rabbi Yaffa Shira & Cantor Mark in Chodorow Synagogue & SVTV Ch 70 2:00 Relax to Music in the Guardian Room or Patio (weather permitting) 3:00 Egypt Uncovered: Volume 1 "Chaos and Kings" 4:00 Trivia for Seniors
SUPERBOWL! 8 8:30 Guardian Room Opens 9:30 Chair Dancing 10:00 The Daily Chronicle 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:00 Wheel of Fortune: Common Phrases 3:00 "NCIS" 4:00 White Board Game—Name 4	8:30 Guardian Room Opens 9 9:30 Exercise to Music 10:00 The Daily Chronicle 10:15 "Somebody Feed Phil" 11:00 White Board—Word Mining 1:30 Live Entertainment: Vincent Young 2:00 Pet Therapy w/Finn 2:30 Finish the Lines 3:00 White Board Game—Name 4 4:00 "Northern Exposure" Season 1 Episode 2	8:30 Guardian Room Opens 10 9:30 Exercise with Fitness Staff 10:00 The Daily Chronicle 10:15 Everyday Trivia 11:15 "The UNXPLAINED" 2:00 Relax to Music in the Guardian Room or Patio (weather permitting) 3:00 "I Love Lucy" 4:00 Brain Game Trivia	8:30 Guardian Room Opens 11 9:30 Daily Exercising 10:00 Live Entertainment: Taylor Bassett! 11:00 White Board—Name 10 2:15 Afternoon Bingo 4:00 "House" 5:45 Evening Movie: "Because I Said So" w/Diane Keaton & Mandy Moore	8:30 Guardian Room Opens 12 9:30 Fun with Fitness Staff 10:15 The Daily Chronicle 10:30 Everyday Trivia 10:45 Live Entertainment: Willow Ridenour! 2:00 Happy Hour in the Guardian Room 2:45 Movie: "Hitch" w/Will Smith & Kevin James 5:45 Rick Time!	8:30 Guardian Room Opens 13 9:30 Let's Move! 10:00 The Daily Chronicle 10:15 Trivia & Reminiscence 11:00 "NCIS" 2:00 All Campus Concert in the Chodorow Synagogue: Sharon Owens as a Barbara Streisand Impersonator 3:15 "I Love Lucy" 4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira in the Dining Room	8:30 Guardian Room Opens 14 10:00 SHABBAT SERVICE w/Rabbi Yaffa Shira & Cantor Kathy in Chodorow Synagogue & SVTV Ch 70 2:00 Relax to Music in the Guardian Room or Patio (weather permitting) 3:00 Egypt Uncovered: Volume 2 "Pyramid, The Resurrection Machine" 4:00 Trivia for Seniors
8:30 Guardian Room Opens 15 9:30 Chair Dancing 10:00 The Daily Chronicle 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:30 All Campus Concert in the Chodorow Synagogue: Dmitry 3:45 "NCIS"	PRESIDENTS DAY 16 8:30 Guardian Room Opens 9:30 Exercise to Music 10:00 Live Entertainment: Glenn Kramer! 11:00 White Board—Word Mining (President's Names) 2:15 Specific Afternoon Bingo 4:00 "Northern Exposure" Season 1 Episode 3	8:30 Guardian Room Opens 17 9:30 Live Entertainment: Hitoshi! 10:30 A to Z Trivia 11:00 "The UNXPLAINED" 2:00 Relax to Music in the Guardian Room or Patio (weather permitting) 3:00 "I Love Lucy" 4:00 Brain Game Trivia	8:30 Guardian Room Opens 18 9:30 Daily Exercising 10:00 Live Entertainment: Taylor Bassett! 11:00 Shmooze with the Rabbi 2:15 Afternoon Bingo 4:00 "House" 5:45 Evening Movie: "An American in Paris" w/Gene Kelly & Leslie Caron	8:30 Guardian Room Opens 19 9:30 Fun with Fitness Staff 10:00 The Daily Chronicle 10:15 Everyday Trivia 10:30 Live Entertainment: Robert Hardaway! 11:30 Daily Chronicle 2:00 Happy Hour in the Guardian Room 2:40 Movie: "City of Angels" w/Nicolas Cage & Meg Ryan 5:45 Rick Time!	8:30 Guardian Room Opens 20 9:30 Let's Move! 9:45 Scenic Drive 10:00 The Daily Chronicle 10:15 Trivia & Reminiscence 11:00 "NCIS" 2:00 Art Time! 3:00 "I Love Lucy" 4:00 Miscellaneous Trivia 4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira in the Dining Room	8:30 Guardian Room Opens 21 10:00 SHABBAT SERVICE w/Rabbi Yaffa Shira & Cantor Kathy in Chodorow Synagogue & SVTV Ch 70 2:00 Relax to Music in the Guardian Room or Patio (weather permitting) 3:00 Egypt Uncovered: Volume 3 "Age of Gold" 4:00 Trivia for Seniors
8:30 Guardian Room Opens 22 9:30 Chair Dancing 10:00 The Daily Chronicle 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:00 Wheel of Fortune: Common Phrases 3:00 "NCIS" 4:00 White Board Game—Name 4	8:30 Guardian Room Opens 23 9:30 Exercise to Music 10:00 The Daily Chronicle 10:15 "Somebody Feed Phil" 11:00 White Board—Word Mining 1:30 Live Entertainment: Vincent Young 2:00 Pet Therapy w/Finn 2:30 Finish the Lines 3:00 White Board Game—Name 4 4:00 "Northern Exposure" Season 1 Episode 4	8:30 Guardian Room Opens 24 9:30 Exercise with Fitness Staff 10:00 The Daily Chronicle 10:15 A to Z Trivia 11:00 "The UNXPLAINED" 1:30 Pet Therapy with Helen Woodward 2:00 Relax to Music in the Guardian Room or Patio (weather permitting) 3:00 "I Love Lucy" 4:00 Brain Game Trivia	8:30 Guardian Room Opens 25 9:30 Daily Exercising 10:00 The Daily Chronicle 10:15 Down to Earth with Zac Efron 11:00 Insight with Yaar 2:15 Afternoon Bingo 4:00 "House" 5:45 Evening Movie: "A Walk to Remember" w/Shane West & Mandy Moore	8:30 Guardian Room Opens 26 9:30 Fun with Fitness Staff 10:00 The Daily Chronicle 10:15 Everyday Trivia 10:45 Live Entertainment: Willow Ridenour! 2:00 Happy Hour in the Guardian Room 2:35 Movie: "Evita" w/Madonna & Antonio Banderas 5:45 Rick Time!	8:30 Guardian Room Opens 27 9:30 Let's Move! 10:00 The Daily Chronicle 10:15 Trivia & Reminiscence 11:00 "NCIS" 2:00 Relax to Music in the Guardian Room or Patio (weather permitting) 3:00 "I Love Lucy" 4:00 Miscellaneous Trivia 4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira in the Dining Room	8:30 Guardian Room Opens 28 10:00 SHABBAT SERVICE w/Rabbi Yaffa Shira & Cantor Mark in Chodorow Synagogue & SVTV Ch 70 2:00 Relax to Music in the Guardian Room or Patio (weather permitting) 3:00 Egypt Uncovered: Volume 4 "Deities and Demons" 4:00 Trivia for Seniors

February 2026 Life Enrichment Calendar

Seacrest Village Retirement Communities at Encinitas
Joseph & Dorothy Goldberg Healthcare Center
[Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]



****Nail Painting & Hand Massages:
By Request & Availability****

We thank our contributors for making these programs possible:
The Haimsohn Family Holiday Program
Irwin & Joan Jacobs Cultural Program
Irwin & Joan Jacobs Transportation Program
The Galinson Family Rehabilitative Therapy Program
The Merrill & Robert Haimsohn Alzheimer's Program
Lipinsky Family Foundation Nursing Program
The A. Wexler, R. Simon & E. Adleson Family Assisted Living Program