

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
<div>January 2026</div> <div>Life Enrichment Calendar</div> <div>Seacrest Village Retirement Communities at Encinitas Joseph & Dorothy Goldberg Healthcare Center [Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]</div> <div> **Nail Painting & Hand Massages: By Request & Availability** </div>				<div><u>We thank our contributors for making these programs possible:</u></div> <div>The Haimsohn Family Holiday Program Irwin & Joan Jacobs Cultural Program Irwin & Joan Jacobs Transportation Program The Galinson Family Rehabilitative Therapy Program The Merrill & Robert Haimsohn Alzheimer's Program Lipinsky Family Foundation Nursing Program The A. Wexler, R. Simon & E. Addleson Family Assisted Living Program</div>				<div></div>		<div>** New Year's Day ** 1</div> <div>8:30 Guardian Room Opens 9:30 Chair Dancing 10:00 The Daily Chronicle 10:15 Everyday Trivia 10:45 Live Entertainment:Samba w/Tamar! 2:00 Movie: "Doctor Doolittle" with Rex Harrison 4:30 Encyclopedia of Animals</div>		<div>2</div> <div>8:30 Guardian Room Opens 9:30 Let's Move! 9:45 Scenic Drive 10:00 The Daily Chronicle 10:15 Trivia & Reminiscence 11:00 "NCIS" 2:00 Special Movie: "Apollo 13" w/th Tom Hanks, Kevin Bacon, Bill Paxton & Gary Sinise 4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira in Dining Room</div>		<div>3</div> <div>8:30 Guardian Room Opens 10:00 SHABBAT SERVICE w/Rabbi Yaffa-Shira in the Synagogue & SVTV Ch70 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 Disney Nature EARTH 4:30 Trivia for Seniors</div>	
<div>4</div> <div>8:30 Guardian Room Opens 9:30 Chair Dancing 10:00 The Daily Chronicle 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:00 Wheel of Fortune: Common Phrases 3:00 "NCIS" 4:00 White Board Game—Name 4</div>		<div>5</div> <div>8:30 Guardian Room Opens 9:30 Exercise to Music 10:00 Live Entertainment: Glenn Kramer! 11:00 White Board—Word Mining 2:00 Resident Council Meeting in the Guardian Room Library 3:00—4:45 Specific Afternoon Bingo</div>		<div>6</div> <div>8:30 Guardian Room Opens 9:30 Live Entertainment: Senior Samba w/Tamar! 10:30 Live Entertainment: Robert Hardaway! 11:30 Daily Chronicle 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 "I Love Lucy" 4:00 Brain Game Trivia</div>		<div>7</div> <div>8:30 Guardian Room Opens 9:30 Chair Dancing 10:00 The Daily Chronicle 10:15 Down to Earth with Zac Efron 11:00 Shmooze with the Rabbi 2:15 —4:00 Afternoon Bingo 4:00 "House"</div>		<div>8</div> <div>8:30 Guardian Room Opens 9:30 Fun with Fitness Staff 10:00 The Daily Chronicle 10:15 Everyday Trivia 10:45 Live Entertainment: Willow Ridenour! 2:00 Happy Hour in the Guardian Rm 2:30 Memorial Service "Gone but Never forgotten" (Please refer to flyers) 2:40 Movie: "Persuasion" from Jane Austen w/Amanda Root 4:30 Encyclopedia of Animals 5:45 Rick Time!</div>		<div>9</div> <div>8:30 Guardian Room Opens 9:30 Let's Move! 10:00 The Daily Chronicle 10:15 Trivia & Reminiscence 11:00 "NCIS" 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 "I Love Lucy" 4:00 Miscellaneous Trivia 4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira in Dining Room</div>		<div>10</div> <div>8:30 Guardian Room Opens 10:00 SHABBAT SERVICE w/Rabbi Yaffa-Shira in the Synagogue & SVTV Ch70 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 Disney Nature EARTH 4:30 Trivia for Seniors</div>			
<div>11</div> <div>8:30 Guardian Room Opens 9:30 Chair Dancing 10:00 The Daily Chronicle 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:30 All Campus Concert in the Chodorow Synagogue 3:30 "NCIS" 4:30 A to Z Trivia</div>		<div>12</div> <div>8:30 Guardian Room Opens 9:30 Exercise to Music 10:00 The Daily Chronicle 10:15 "Somebody Feed Phil" 11:15 White Board—Word Mining 1:30 Live Entertainment: Vincent Young 2:00 Pet Therapy w/Finn 2:30 "This and That" Trivia 3:30 BBC Earth Life: "Creatures of the Deep" 4:30 Miscellaneous Triva</div>		<div>13</div> <div>8:30 Guardian Room Opens 9:30 Exercise with Fitness Staff 10:00 Daily Chronicle 10:15 A to Z Trivia 11:00 "The UNXPLAINED" 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 "I Love Lucy" 4:00 Brain Game Trivia</div>		<div>14</div> <div>8:30 Guardian Room Opens 9:30 Chair Dancing 10:00 Live Entertainment: Taylor Bassett! 11:00 Insights with Yaar 2:15 —4:00 Afternoon Bingo 4:00 "House" 5:45 Evening Movie with Nate: "The Englishman" w/Hugh Grant, Tara Fitzgerald & Colm Meaney</div>		<div>15</div> <div>8:30 Guardian Room Opens 9:30 Fun with Fitness Staff 10:00 Everyday Trivia 10:45 Live Entertainment: Robert Hardaway! 11:30 The Daily Chronicle 2:00 Happy Hour in the Guardian Rm 2:30 Movie: "Oblivion" with Tom Cruise & Morgan Freeman 4:30 Encyclopedia of Animals 5:45 Rick Time!</div>		<div>16</div> <div>8:30 Guardian Room Opens 9:30 Let's Move! 10:00 The Daily Chronicle 10:15 Trivia & Reminiscence 11:00 "NCIS" 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 4:00 Miscellaneous Trivia 4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira in Dining Room</div>		<div>17</div> <div>8:30 Guardian Room Opens 10:00 SHABBAT SERVICE w/Rabbi Yaffa-Shira in the Synagogue & SVTV Ch70 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 National Geographic 30 Years</div>			
<div>18</div> <div>8:30 Guardian Room Opens 9:30 Chair Dancing 10:00 The Daily Chronicle 10:30 All Campus Concert in the Chodorow Synagogue: David Saliamonas! 2:00 Special Movie: "The Color Purple" with Whoopi Goldberg</div>		<div>** Martin Luther King Jr. Day ** 19</div> <div>8:30 Guardian Room Opens 9:30 Exercise to Music 10:00 Live Entertainment:Glenn Kramer! 11:00 White Board—Word Mining 2:00 Bingo Set Up 2:15—4:00 Specific Afternoon Bingo 4:00 "Northern Exposure" Season 1, Episode 1</div>		<div>20</div> <div>8:30 Guardian Room Opens 9:30 Live Entertainment: Hitoshi! 10:30 A to Z Trivia 11:00 "The UNXPLAINED" 1:30 Art Show in the Synagogue 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 "I Love Lucy" 4:00 Brain Game Trivia</div>		<div>21</div> <div>8:30 Guardian Room Opens 9:30 Chair Dancing 10:00 The Daily Chronicle 10:15 Down to Earth with Zac Efron 11:00 Shmooze with the Rabbi 2:15 —4:00 Afternoon Bingo 4:00 "House" 5:45 Evening Movie with Nate: "The Wedding Singer" w/Adam Sandler & Drew Barrymore</div>		<div>22</div> <div>8:30 Guardian Room Opens 9:30 Fun with Fitness Staff 10:00 The Daily Chronicle 10:15 Everyday Trivia 10:45 Live Entertainment: Willow Ridenour! 2:00 Happy Hour in the Guardian Rm 2:15 Movie: "To be decided...☺" 4:30 Encyclopedia of Animals 5:45 Rick Time!</div>		<div>23</div> <div>8:30 Guardian Room Opens 9:30 Let's Move! 9:45 Scenic Drive 10:00 The Daily Chronicle 10:15 Trivia & Reminiscence 11:00 "NCIS" 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 "I Love Lucy" 4:00 Miscellaneous Trivia 4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira in Dining Room</div>		<div>24</div> <div>8:30 Guardian Room Opens 10:00 SHABBAT SERVICE w/Rabbi Yaffa-Shira in the Synagogue & SVTV Ch70 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 "Alaska" narrated by Charlton Heston 3:45 Trivia for Seniors</div>			
<div>25</div> <div>8:30 Guardian Room Opens 9:30 Chair Dancing 10:00 The Daily Chronicle 10:15 Miscellaneous Trivia 11:00 Live Entertainment: Roger Hirsch! 2:00 Wheel of Fortune: Common Phrases 3:00 "NCIS" 4:00 White Board Game—Name 4</div>		<div>26</div> <div>8:30 Guardian Room Opens 9:30 Exercise to Music 10:00 The Daily Chronicle 10:15 "Somebody Feed Phil" 11:15 White Board—Word Mining 1:30 Live Entertainment: Vincent Young 2:00 Pet Therapy w/Finn 2:30 "This and That" Trivia 3:30 BBC Earth Life: "Plants" 4:30 Miscellaneous Triva</div>		<div>27</div> <div>8:30 Guardian Room Opens 9:30 Exercise with Fitness Staff 10:00 Daily Chronicle 10:15 A to Z Trivia 11:00 "The UNXPLAINED" 1:30 Pet Therapy w/Helen Woodward 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 "I Love Lucy" 4:00 Brain Game Trivia</div>		<div>28</div> <div>8:30 Guardian Room Opens 9:30 Chair Dancing 10:00 The Daily Chronicle 10:15 Down to Earth with Zac Efron 11:00 Insights with Yaar 2:15 —4:00 Afternoon Bingo 4:00 "House" 5:45 Evening Movie with Nate: "Due Date" with Robert Downey Jr. & Zack Galifianakis</div>		<div>29</div> <div>8:30 Guardian Room Opens 9:30 Fun with Fitness Staff 10:00 The Daily Chronicle 10:15 "Somebody Feed Phil" 11:15 Whiteboard Mining 2:00 Happy Hour in the Guardian Rm 2:30 Movie: "MALEFICIENT" with Angelina Jolie 4:30 Encyclopedia of Animals 5:45 Rick Time!</div>		<div>30</div> <div>8:30 Guardian Room Opens 9:30 Let's Move! 10:00 The Daily Chronicle 10:15 Trivia & Reminiscence 11:00 "NCIS" 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 "I Love Lucy" 4:00 Miscellaneous Trivia 4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira in Dining Room</div>		<div>31</div> <div>8:30 Guardian Room Opens 10:00 SHABBAT SERVICE w/Rabbi Yaffa-Shira in the Synagogue & SVTV Ch70 2:00 Relax to Music in the Guardian Rm or Patio (weather permitting) 3:00 Earthscapes: Costa Rica 4:00 Trivia for Seniors</div>			