

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2026

## Life Enrichment Calendar

Seacrest Village Retirement Communities at Encinitas  
Joseph & Dorothy Goldberg Healthcare Center  
[Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]

 **\*\*Nail Painting & Hand Massages: By Request & Availability\*\*** 

We thank our contributors for making these programs possible:

The Haimsohn Family Holiday Program  
Irwin & Joan Jacobs Cultural Program  
Irwin & Joan Jacobs Transportation Program  
The Galinson Family Rehabilitative Therapy Program  
The Merrill & Robert Haimsohn Alzheimer's Program  
Lipinsky Family Foundation Nursing Program  
The A. Wexler, R. Simon & E. Addleson Family Assisted Living Program



**\*\* New Year's Day \*\***

8:30 Guardian Room Opens  
9:30 Chair Dancing  
10:00 The Daily Chronicle  
10:15 Everyday Trivia  
10:45 Live Entertainment: Samba w/Tamar!  
2:00 Movie: "Doctor Doolittle" with Rex Harrison  
4:30 Encyclopedia of Animals

8:30 Guardian Room Opens  
9:30 Let's Move!  
9:45 Scenic Drive  
10:00 The Daily Chronicle  
10:15 Trivia & Reminiscence  
11:00 "NCIS"  
2:00 Special Movie: "Apollo 13" w/Th Tom Hanks, Kevin Bacon, Bill Paxton & Gary Sinise  
4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira in Dining Room

8:30 Guardian Room Opens  
10:00 SHABBAT SERVICE w/Rabbi Yaffa-Shira in the Synagogue & SVTV Ch70  
2:00 Relax to Music in the Guardian Rm or Patio (weather permitting)  
3:00 Disney Nature EARTH  
4:30 Trivia for Seniors

4  
8:30 Guardian Room Opens  
9:30 Chair Dancing  
10:00 The Daily Chronicle  
10:15 Miscellaneous Trivia  
**11:00 Live Entertainment: Roger Hirsch!**  
2:00 Wheel of Fortune: Common Phrases  
3:00 "NCIS"  
4:00 White Board Game—Name 4

5  
8:30 Guardian Room Opens  
9:30 Exercise to Music  
**10:00 Live Entertainment: Glenn Kramer!**  
11:00 White Board—Word Mining  
**2:00 Resident Council Meeting in the Guardian Room Library**  
3:00—4:45 Specific Afternoon Bingo

6  
8:30 Guardian Room Opens  
**9:30 Live Entertainment: Senior Samba w/Tamar!**  
**10:30 Live Entertainment: Robert Hardaway!**  
11:30 Daily Chronicle  
2:00 Relax to Music in the Guardian Rm or Patio (weather permitting)  
3:00 "I Love Lucy"  
4:00 Brain Game Trivia

7  
8:30 Guardian Room Opens  
9:30 Chair Dancing  
10:00 The Daily Chronicle  
10:15 Down to Earth with Zac Efron  
**11:00 Shmooze with the Rabbi**  
2:15—4:00 Afternoon Bingo  
4:00 "House"

8  
8:30 Guardian Room Opens  
**9:30 Fun with Fitness Staff**  
10:00 The Daily Chronicle  
10:15 Everyday Trivia  
**10:45 Live Entertainment: Willow Ridenour!**  
2:00 Happy Hour in the Guardian Rm  
**2:30 Memorial Service "Gone but Never forgotten" (Please refer to flyers)**  
2:40 Movie: "Persuasion" from Jane Austen w/Amanda Root  
4:30 Encyclopedia of Animals  
5:45 Rick Time!

9  
8:30 Guardian Room Opens  
9:30 Let's Move!  
10:00 The Daily Chronicle  
10:15 Trivia & Reminiscence  
11:00 "NCIS"  
2:00 Relax to Music in the Guardian Rm or Patio (weather permitting)  
3:00 "I Love Lucy"  
4:00 Miscellaneous Trivia  
4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira in Dining Room

10  
8:30 Guardian Room Opens  
**10:00 SHABBAT SERVICE w/Rabbi Yaffa-Shira in the Synagogue & SVTV Ch70**  
2:00 Relax to Music in the Guardian Rm or Patio (weather permitting)  
3:00 Disney Nature EARTH  
4:30 Trivia for Seniors

11  
8:30 Guardian Room Opens  
9:30 Chair Dancing  
10:00 The Daily Chronicle  
10:15 Miscellaneous Trivia  
**11:00 Live Entertainment: Roger Hirsch!**  
**2:30 All Campus Concert in the Chodorow Synagogue**  
3:30 "NCIS"  
4:30 A to Z Trivia

12  
8:30 Guardian Room Opens  
9:30 Exercise to Music  
10:00 The Daily Chronicle  
10:15 "Somebody Feed Phil"  
11:15 White Board—Word Mining  
**1:30 Live Entertainment: Vincent Young**  
2:00 Pet Therapy w/Finn  
2:30 "This and That" Trivia  
3:30 BBC Earth Life: "Creatures of the Deep"  
4:30 Miscellaneous Trivia

13  
8:30 Guardian Room Opens  
**9:30 Exercise with Fitness Staff**  
10:00 Daily Chronicle  
10:15 A to Z Trivia  
11:00 "The UNXPLAINED"  
2:00 Relax to Music in the Guardian Rm or Patio (weather permitting)  
3:00 "I Love Lucy"  
4:00 Brain Game Trivia

14  
8:30 Guardian Room Opens  
9:30 Chair Dancing  
**10:00 Live Entertainment: Taylor Bassett!**  
**11:00 Insights with Yaar**  
2:15—4:00 Afternoon Bingo  
4:00 "House"  
5:45 Evening Movie with Nate: "The Englishman" w/Hugh Grant, Tara Fitzgerald & Colm Meaney

15  
8:30 Guardian Room Opens  
**9:30 Fun with Fitness Staff**  
10:00 Everyday Trivia  
**10:45 Live Entertainment: Robert Hardaway!**  
11:30 The Daily Chronicle  
2:00 Happy Hour in the Guardian Rm  
2:30 Movie: "Oblivion" with Tom Cruise & Morgan Freeman  
4:30 Encyclopedia of Animals  
5:45 Rick Time!

16  
8:30 Guardian Room Opens  
9:30 Let's Move!  
10:00 The Daily Chronicle  
10:15 Trivia & Reminiscence  
11:00 "NCIS"  
2:00 Relax to Music in the Guardian Rm or Patio (weather permitting)  
4:00 Miscellaneous Trivia  
4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira in Dining Room

17  
8:30 Guardian Room Opens  
**10:00 SHABBAT SERVICE w/Rabbi Yaffa-Shira in the Synagogue & SVTV Ch70**  
2:00 Relax to Music in the Guardian Rm or Patio (weather permitting)  
3:00 National Geographic 30 Years

18  
8:30 Guardian Room Opens  
9:30 Chair Dancing  
10:00 The Daily Chronicle  
**10:30 All Campus Concert in the Chodorow Synagogue: David Saliamonas!**  
2:00 Special Movie: "The Color Purple" with Whoopi Goldberg

19  
**\*\* Martin Luther King Jr. Day\*\***  
8:30 Guardian Room Opens  
9:30 Exercise to Music  
**10:00 Live Entertainment: Glenn Kramer!**  
11:00 White Board—Word Mining  
2:00 Bingo Set Up  
2:15—4:00 Specific Afternoon Bingo  
4:00 "Northern Exposure" Season 1, Episode 1

20  
8:30 Guardian Room Opens  
**9:30 Live Entertainment: Hitoshi!**  
10:30 A to Z Trivia  
11:00 "The UNXPLAINED"  
**1:30 Art Show in the Synagogue**  
2:00 Relax to Music in the Guardian Rm or Patio (weather permitting)  
3:00 "I Love Lucy"  
4:00 Brain Game Trivia

21  
8:30 Guardian Room Opens  
9:30 Chair Dancing  
10:00 The Daily Chronicle  
10:15 Down to Earth with Zac Efron  
**11:00 Shmooze with the Rabbi**  
2:15—4:00 Afternoon Bingo  
4:00 "House"  
5:45 Evening Movie with Nate: "The Wedding Singer" w/Adam Sandler & Drew Barrymore

22  
8:30 Guardian Room Opens  
**9:30 Fun with Fitness Staff**  
10:00 The Daily Chronicle  
10:15 Everyday Trivia  
**10:45 Live Entertainment: Willow Ridenour!**  
2:00 Happy Hour in the Guardian Rm  
2:15 Movie: "To be decided... ☺"  
4:30 Encyclopedia of Animals  
5:45 Rick Time!

23  
8:30 Guardian Room Opens  
9:30 Let's Move!  
9:45 Scenic Drive  
10:00 The Daily Chronicle  
10:15 Trivia & Reminiscence  
11:00 "NCIS"  
2:00 Relax to Music in the Guardian Rm or Patio (weather permitting)  
3:00 "Alaska" narrated by Charlton Heston  
3:45 Trivia for Seniors

24  
8:30 Guardian Room Opens  
**10:00 SHABBAT SERVICE w/Rabbi Yaffa-Shira in the Synagogue & SVTV Ch70**  
2:00 Relax to Music in the Guardian Rm or Patio (weather permitting)  
3:00 "Alaska" narrated by Charlton Heston  
3:45 Trivia for Seniors

25  
8:30 Guardian Room Opens  
9:30 Chair Dancing  
10:00 The Daily Chronicle  
10:15 Miscellaneous Trivia  
**11:00 Live Entertainment: Roger Hirsch!**  
2:00 Wheel of Fortune: Common Phrases  
3:00 "NCIS"  
4:00 White Board Game—Name 4

26  
8:30 Guardian Room Opens  
9:30 Exercise to Music  
10:00 The Daily Chronicle  
10:15 "Somebody Feed Phil"  
11:15 White Board—Word Mining  
**1:30 Live Entertainment: Vincent Young**  
2:00 Pet Therapy w/Finn  
2:30 "This and That" Trivia  
3:30 BBC Earth Life: "Plants"  
4:30 Miscellaneous Trivia

27  
8:30 Guardian Room Opens  
**9:30 Exercise with Fitness Staff**  
10:00 Daily Chronicle  
10:15 A to Z Trivia  
11:00 "The UNXPLAINED"  
**1:30 Pet Therapy w/Helen Woodward**  
2:00 Relax to Music in the Guardian Rm or Patio (weather permitting)  
3:00 "I Love Lucy"  
4:00 Brain Game Trivia

28  
8:30 Guardian Room Opens  
9:30 Chair Dancing  
10:00 The Daily Chronicle  
10:15 Down to Earth with Zac Efron  
**11:00 Insights with Yaar**  
2:15—4:00 Afternoon Bingo  
4:00 "House"  
5:45 Evening Movie with Nate: "Due Date" with Robert Downey Jr. & Zack Galifianakis

29  
8:30 Guardian Room Opens  
**9:30 Fun with Fitness Staff**  
10:00 The Daily Chronicle  
10:15 "Somebody Feed Phil"  
11:15 Whiteboard Mining  
2:00 Happy Hour in the Guardian Rm  
2:30 Movie: "MALEFICIENT" with Angelina Jolie  
4:30 Encyclopedia of Animals  
5:45 Rick Time!

30  
8:30 Guardian Room Opens  
9:30 Let's Move!  
10:00 The Daily Chronicle  
10:15 Trivia & Reminiscence  
11:00 "NCIS"  
2:00 Relax to Music in the Guardian Rm or Patio (weather permitting)  
3:00 "I Love Lucy"  
4:00 Miscellaneous Trivia  
**4:30 Shabbat Candle Lighting w/Rabbi Yaffa-Shira in Dining Room**

31  
8:30 Guardian Room Opens  
**10:00 SHABBAT SERVICE w/Rabbi Yaffa-Shira in the Synagogue & SVTV Ch70**  
2:00 Relax to Music in the Guardian Rm or Patio (weather permitting)  
3:00 Earthscapes: Costa Rica  
4:00 Trivia for Seniors