Monday **Friday** Wednesday Sunday **Tuesday Thursday** Saturday November 2025 We thank our contributors for making these programs possible:
The Haimsohn Family Holiday Program
Irwin & Joan Jacobs Cultural Program
Irwin & Joan Jacobs Transportation Program
The Galinson Family Rehabilitative 10:00 Shabbat Services w/ Rabbi Yaffa-Shira (CS & 2493) **Life Enrichment Calendar** 1:30 Shabbat Limud w/ Rabbi Yaffa-Shira 1:30 Cardio & Stretching w/ Amy (SR) Seacrest Village Retirement Communities at Encinitas Therapy Program
The Merrill & Robert Haimsohn Alzheimer's 2:00 Daily Chronicle (SR) Leichtag Family Assisted Living Residence Program

Lipinsky Family Foundation Nursing Program

kler, R. Simon & E. Addleson Family Assisted Living Program

The Sima & Joseph Oppenheimer Religious and

Education Program 2:15 Whiteboard/Word Games [Activities can occur at any time and are not limited to w/ Amy (SR) formal activity staff. All activities are subject to change.] 3:30 Jewish Celebrities w/ Amy (SR) 6:00 Movie Night: The Cemetery Club (1993) (SR) 9:30 Readings w/ Keith: 9:30 Trivia w/ Congregation Beth 9:00 Dominoes with Elliot (Hub D) 9:30 Scenic Drive (Sign Up-Limit 7): 9:30 Morning Moves w/ Ed (SR) 9:30 Morning Greetings, Breathwork & Am High School Students (SR) 10:00 Shabbat Services w/ Frankly Feminist (SR) 9:15 Fitness & Fun w/ Fitness Staff (SR) Coastal Highway 101 -10:00 Live Concert: Rabbi Yaffa-Shira (CS & 2493) Daily Goals (SR) 10:00 Seated Tai Chi & Movement 10:30 Trivia w/ Jerry (DR Lounge) Encinitas to Carlsbad Village (DR Lounge) 1:30 Shabbat Limud w/ 9:45 Daily Chronicle (SR) Taylor Bassett! (SR) 10:00 Morning Moves (SR) w/ Patrick (SR) 9:30 Morning Moves (SR) 11:45 AL Lunch Outing Rabbi Yaffa-Shira (CS) 10:15 You Be the Judge (SR) 10:30 Roger Hirsh Piano (SR) 11:00 Trivia Time (SR) 10:30 Bingo w/ Congregation Beth Am High 10:00 Daily News (SR) 1:30 Afternoon Moves w/ Amy (SR) (Sign Up-Limit 6): 1:30 Walk Around the Koi Pond 1:45 Art w/ Chanda (SR) 1:30 Whiteboard Games w/ School Students (SR) 10:45 Shmooze w/ Rabbi Yaffa-Shira (DR Lounge) 2:00 Jewish Celebrities (SR) The Henry (DR Lounge) 3:00 Daily News (SR) 1:30 Word Games w/ Kevin (SR) w/ Makavla (DAVS) 1:15 Resident Council Meeting (SR) 2:30 Daily Chronicle (SR) Ed (SR) 1:15 Sit n be FIT w/ 2:45 Poetry Reading w/ Amy (SR) 3:15 Funniest Dance Recital Videos (SR) 2:30 Current Events w/ Rick LeVine (SR) 2:30 Pets Documentary (SR) 2:30 November Trivia 2:45 Corner Store (SR) Fitness Staff (SR) 3:30 You Be the Judge & Trivia 4:45 Shabbat Candle Lighting w/ 3:30 Jewelry Making w/ Rochelle & Marianne (SR) 3:30 Concert: Tom Reich (SR) w/ Makayla (DR Lounge) 3:00 Music Memories (DR Lounge) w/ Amy (SR) 3:45 Timeless Influential Figures 2:00 Israeli Bingo w/ Yaar (SR) Rabbi Yaffa-Shira (DR) 3:45 Trivia Time w/ Makayla & 3:45 Name that Tune! (DR Lounge) 6:00 Movie Night: Whatever Happened To Baby w/ Discussions (DAVS) (Weather Permitting) 3:30 Wild West Happy Hour! (DAVS) Elliana (DR Lounge) Jane? (1962) (SR) Veterans Day 11 9 10 10:00 Shabbat Services w/ Kristallnacht 9:30 Match the Pair. Win a Prize! (SR) 9:30 Morning Moves (SR) 9:30 Scenic Drive (Sign Up-Limit 7): Rabbi Yaffa-Shira (CS & 2493) 9:30 Morning Moves w/ Ed (SR) 10:00 Daily Chronicle + Daily Scoop (SR) 9:30 Daily Chronicle (SR) 10:15 Game: Masters of Mystery! (SR) Del Dios Hwy & 1:30 Shabbat Limud w/ 9:00 Dominoes with Elliot (Hub D) 10:30 The Downfall of Bonnie & Clyde 10:00 Daily Chronicle & Trivia (SR) 10:00 Seated Tai Chi & Movement w/ 1:15 SDJA Visit (CS) Rabbi Yaffa-Shira (CS) Lake Hodges Loop (DR Lounge) 9:15 Fitness & Fun w/ Fitness Staff (SR) Presentation & Discussion (SR) 10:15 Pumpkin Crafts w/ Maya -Patrick (SR) 2:30 Daily Meditations & Goals (DAVS) 2:00 Israeli Chair Dancing w/ Barbara (SR) 9:30 Daily News & Gratitude List (DR Lounge) 1:00 Scenic Drive (Sign Up-Limit 7): 9:45 Daily Chronicle & News (SR) 11:00 Music & Socialization w/ Limit 12 Residents (SR) North Coastal Loop (DR Lounge) (Weather Permitting) 2:30 Daily Chronicle (DAVS) 10:30 Veterans Day All Campus Concert: It 10:30 Travel Log w/ Hernan Perez (SR) Michael (DR Lounge) :15 Sit n be FIT w/ Fitness Staff (SR) 1:30 Whiteboard Games 2:45 News of the Day (DAVS) (Weather Permitting) Takes Two & Friends (CS) 1:30 Jeopardy! w/ Makayla (SR) 1:30 Fancy Fingers w/ Kristallnacht Presentation & Video w/ 2:45 Trivia w/ Amy (DAVS) w/ Ed (SR) (Weather Permitting) 1:30 Letter Writing to the Troops: Marianne! (Outside Sunroom) 1:45 Pet Therapy Visit w/ Werner Dreiffus & (Weather Permitting) Supreme Court Justice Hour USA & IDF (SR) 2:45 Trivia Time (DR Lounge) 2:00 Rock Painting w/ Kathy & Finn (SR) 3:45 Poetry Reading (DAVS) Rabbi Yaffa-Shira (CS) 2:45 Noodle Ball (SR) Yaar (DAVS) (Weather Permitting) (DAVS) (Weather Permitting) 3:30 Music Requests (DR Lounge) (Weather Permitting) Word Games w/ Kevin (SR) 3:00 Concert: Vincent Young (SR) :00 All Campus Concert: The Grandpa's (CS) 3:45 Why is the Pen Mightier than Shabbat Candle Lighting w/ 4:45 6:00 Movie Night: 3:30 Happy Hour w/ Trivia Time w/ Makayla & Elliana (SR) the Sword? (SR) Rabbi Yaffa-Shira (DR) Saving Private Ryan (1998) (SR) Jerry McCann (DR Lounge) 9:30 Book Club w/ Keith: 18 20 17 21 10:00 Shabbat Services w/ 9:30 Morning Moves w/ Ed (SR) 9:30 Daily Chronicle (SR) 9:30 Yoga & Cantor Mark (CS & 2493) 9:30 Scenic Drive (Sign Up-Limit 7): Frankly Feminist (SR) 9:00 Dominoes w/ Elliot (Hub D) 10:00 Daily Chronicle & Trivià (SR) 10:00 Seated Tai Chi & Movement 1:30 Shabbat Limud w/ Coastal Highway 101 Bluff Drive 10:30 Trivia w/ Jerry (DR Lounge) Strength Training (SR) 9:15 Fitness & Fun w/ w/ Patrick (SR) (DR Lounge) 10:15 Broadway Musicals: Rabbi Yaffa-Shira (CS) 10:00 News of the Day (SR) Fitness Staff (SR) 1:00 Scenic Drive (Sign Up-Limit 7): 9:30 Daily News & Gratitude List (DR Lounge) 10:30 You Be the Judge w/ Makayla (SR) A Jewish Legacy (SR) 2:00 Israeli Dancing w/ Barbara (SR) 10:30 Roger Hirsh Piano (SR) 9:45 Daily Chronicle (SR) Seagrove & Powerhouse Park 9:45 The Power & Influence of Theater Lesson 10:40 Pet Therapy Visit w/ Live Entertainment: 2:30 Daily Chronicle (SR) 10:30 World Wide Trivia (SR) 1:45 Art w/ Chanda (SR) (DR Lounge) w/ Discussions (SR) 2:45 Whiteboard/Word Games Christine & Leo! (DR Lounge) Glenn Kramer! (SR) 1:30 Afternoon Workout w/ Makayla (SR) 3:15 Creative Writing w/ Noa (SR 1:15 Sit n be FIT w/ Fitness Staff (SR) 10:45 Shmooze w/ Rabbi Yaffa-Shira (DR Lounge 1:30 Word Games w/ Kevin (SR) Corner Store (SR) w/ Amy (SR) 2:00 Unpopular Opinions w/ Makavla (SR) 1:30 Entertainment with Hitoshi (SR) 2:00 Live Entertainment: Naomi Alter! 4:45 Shabbat Candle Lighting w/ 2:30 Card Games w/ Makayla -3:45 Jewish Celebrities w/ Amy (SR) 3:15 Music Sing Along 3:00 Thanksgiving Art 2:30 Current Events w/ Rick (SR) Rabbi Yaffa-Shira (DR) Rummy & Black Jack) (SR) 6:00 Movie Night: When Harry Met w/ Ed (DR Lounge) 3:45 Corner Store (SR) w/The Mini Vinnies (CS) 3:30 Happy Hour 3:45 Trivia Time w/ Makayla & Elliana (SR) Sally (1989) (SR) w/ Marissa! (DR Lounge) 9:30 Daily Chronicle (SR) 24 **Thanksgiving** 25 26 28 27 29 10:00 Seated Tai Chi & Movement 9:30 Game: 9:00 Dominoes with Elliot (Hub D) 10:00 Shabbat Services w/ 9:30 Scenic Drive (Sign Up-Limit 7): w/ Patrick (SR) 9:30 Thanksgiving Scavenger Hunt: Masters of Mystery! (SR) 9:30 Morning Moves w/ Ed (SR) Cantor Mark (CS & 2493) 9:15 Fitness & Fun w/ 10:30 You be the Judge w/ Makayla (SR) **Encinitas Coastal-Countryside** Find the Golden Turkey! 10:00 Daily Chronicle & Trivià (SR) 10:45 Amelia Earhart 1:30 Shabbat Limud w/ 1:30 Word Games w/ Kevin (SR) Fitness Staff (SR) Scenic Loop (DR Lounge) 10:00 Beading w/ Rochelle & Marianne (SR) 2:30 All Campus Concert: Sean Bostrom (CS) 3:45 Trivia Time w/ Makayla (SR) Rabbi Yaffa-Shira (CS) 10:30 Fosse: A Tribute (SR) Presentation (SR) 10:00 White Board Games 9:30 Magic Show w/ Sophia (SR) 1:00 Scenic Drive (Sign Up-Limit 7): 1:30 Strength Training w/ Amy (SR) 1:30 Whiteboard Games 1:45 Art w/ Chanda (SR) 10:15 One Act Play Script Reading (SR) w/ Makavla (SR) La Jolla & Torrey Pines (DR Lounge) 2:00 You Be the Judge & Trivia w/ w/ Ed (SR) 3:15 Noodle Ball Competition (SR) 1:30 Fancy Fingers w/ 1:30 Noodle Ball (SR) 30 1:30 Gin Rummy w/ Makayla (SR) Amy (SR) 2:15 Pet Visit w/ Marianne (Outside SR) 4:45 Shabbat Candle Lighting w/ 9:30 Daily Chronicle (SR) 2:30 Culinary Meeting (SR) 1:45 Pet Therapy Visit w/ 3:15 Poetry Réadings w/ Amy (SR) Helen Woodward (DR Lounge) 2:00 Thanksgiving Bingo (SR) 10:00 Seated Tai Chi & Movement w/ Patrick (SR) 3:00 Match the Pair, Win a Prize! (SR) Rabbi Yaffa-Shira (DR) Kathy & Finn (SR) 10:30 Trivia Time w/ Makayla (SR) Movie Night: The Philadelphia 2:45 Corner Store (SR) 3:30 Pre-Dinner Social Hour 3:45 Short Story Reading w/ Sophia (SR) 1:30 Word Games w/ Kevin (SR) 3:00 Concert: Vincent Young (SR) Story (1940) (SR) w/ Birthday Celebrations 3:00 Music Requests (DR Lounge) 2:30 The Mind Explained Documentary (SR) 4:00 Fun facts w/ Makayla (DR Lounge) (DR Lounge) 3:45 Name that Tune w/ Makayla (DR Lounge)

**DAVS= Dave &** Annette's Village Square\*\*

ALLO= Assisted Living Lounge CL=Computer Lab

**CS=** Chodorow Synagogue

**DR=** Dining Room

**FC** = Fitness Center

**FP** = Fireside Patio

**GHC=** Goldberg Health

**GR** = Game Room

# **Room Codes**

LI= Library (Building A)
LR = Living Room

TVLO= TV Lounge\*

MR = Meeting Room

R= Recreation Room\*

**SR=** Sunroom

**TH** =Theater

TR= Tasting Room\*

# Buildings

- (A) Independent Living
- (B) Healthcare Center
- (C) Administration
- (D) Assisted Living
- (E) Memory Care
- (F) Independent Living
- \*\* Non Kosher except for tables directly outside Mel's Café
- \* Non Kosher

# **Important Contacts**

Mary Fawell - Director of Assisted Living - 760-516-2040

Sophia Rucireta - Life Enrichment Specialist - 760-632-8948

**Zy Dewey - Fitness Center - 760-632-3739** 

Sheryl Seltser - Volunteer Liaison - 760-632-3718

Rabbi Yaffa-Shira - Director of Spiritual Life - 760-942-2950

**Front Desk Reception - 760-632-0081** 

**Room Tray Line - 760-516-2009** 

## **Hair Salon Open Fridays**

To make an appointment, please come to the salon and write your name in the appointment book.

## **Color Key**

- Trips (Drives, Tours, & Shopping Loops)
- Fitness Programs
- Religious Programming
- Resident Council Meeting
- Vendors
- Volunteers
- Involving Food
- Movie Nights/T.V. Programs



# **Lunch Outing**

The Henry-Carlsbad, CA on 11/6 @ 11:45 (Previous Sign-Up Required – Limit 6 Residents)

# **Scenic Drives**

#### Tuesdays @, 9:30-11:15

#### November 4

(Coastal Highway 101 - Encinitas to Carlsbad Village)

#### November 11

(Del Dios Hwy/Lake Hodges Loop)
November 18

(Coastal Highway 101 Bluff Drive)

#### November 25

(Encinitas Coastal -Countryside Scenic Loop)

### Thursdays @ 1:00-2:45

#### November 13

(North Coastal Loop)

November 20

(Seagrove & Powerhouse Park)

November 27

(La Jolla & Torrey Pines)

# Birthdays

Howard D. - 11/2 🚐

Phyllis S. - 11/4

Nikkii K. - 11/21



**November 2025 - Life Enrichment Newsletter** 

## **All Campus Concert**

**November 11:** Veteran's Day Concert:

It Takes Two & Friends @ 10:30 (CS)

**November 13:** The Grandpa's @ 2:00 (CS)

November 23: Sean Bostrom Piano Concert @ 2:30 (CS)

## **Entertainment in Assisted Living**

**November 2:** Live Music w/ Tom Reich @ 3:30 (SR)

**November 5:** Live Concert w/ Taylor Bassett

@ 10:00 (SR)

**November 10:** Travel Log w/ Hernan @ 10:30 (SR)

**November 13:** Happy Hour Live Music

w/ Jerry McCann @ 3:30 (DR Lounge)

**November 18:** Concert: Hitoshi @ 1:30 (SR)

November 19: Concert: Glenn Kramer @ 1:30 (SR)

November 20: Concert: Naomi Alter @ 2:00 (SR)

**November 2, 9, 16, 23, 30:** Seated Tai Chi w/ Patrick @ 10:00 (SR)

November 4, 18: Current Events w/ Rick LeVine

@ 2:30 (SR)

November 10, 24: Concert: Vincent Young

**November 10, 24:** Concert: Vincent Young
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**November 15, 22:** Israeli Seated Chair Dancing w/ Barbara @ 2:00 (SR)



**Book Club:** w/ Keith on 11/20 at 9:30 (SR)

**Dominoes:** w/ Elliot every Monday at 9:00 (HUB B)

Trivia: w/ Jerry on 11/6 and 11/20 at 10:30 (DR Lounge)

**Trivia:** w/ Elliana on 11/2, 11/9 and 11/16 at 3:45 (SR)

Jewelry Making: w/ Rochelle & Marianne on the 2nd & 4th

Thursday of the month at 10:00 (SR)

Art Hour: w/ Chanda on 11/7, 11/21 and 11/28 at

1:30 (SR) or (DAVS Patio - Weather Permitting)

Whiteboard Games: w/ Kevin every Sunday of the month at 1:30 (SR)

**Pet Visit:** w/ Kathy & Finn on 11/10 and 11/24 at 1:45 (SR)

Pet Visit: w/ Helen Woodward on 11/26 at 2:15 (DR Lounge)

**Pet Therapy:** w/ Christine and Leo on 11/2 at 10:40 (DR Lounge)

**Piano Performance:** w/ Roger on 11/7 and 11/21 at 10:30 (SR)

Music & Socialization: w/ Michael on 11/9 at 11:00 (DR Lounge)

or (DAVS - Weather Permitting)

Happy Hour: w/ Marissa on 11/20 at 3:30 (DR Lounge)

Fancy Fingers: w/ Marianne on the 2nd & 4th

Thursday of the month at 1:30 (Outside SR)

Creative Writing: w/ Noa on 11/21 at 1:30 (SR)