

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labor Day 1 9:00 Dominoes with Elliot (Hub D) 9:15 Fitness & Fun w/ Fitness Staff (SR) 9:45 Daily Chronicle + Local news (SR) 10:00 You be the Judge (SR) 11:00 Nature Trivia w/ Makayla (SR) 1:30 Walk around the Koi Pond w/ Makayla 2:30 Jeopardy! w/ Makayla (SR) 3:45 Shmooze & Music w/ Makayla (DR Lounge)	2 9:30 Senior Samba w/ Tamar! (SR) 10:30 Resident Council Meeting (SR) 1:30 Balloons + Noodles (SR) 2:30 Current Events w/ Rick LeVine (SR) 3:30 Daily News (DAVS) 3:45 Music and Sunshine (DAVS)	3 9:30 Morning Moves w/ Ed (SR) 10:00 Live Entertainment: Taylor Bassett! (SR) 11:00 Trivia w/ Ed (SR) 1:30 Seacrest Has Talent w/ MC Danny (CS) 3:15 Walk About w/ Music (DAVS)	4 9:30 Daily News (DR Lounge) 10:00 You Be The Judge (DR Lounge) 10:45 Poetry Readings w/ Discussion (SR) 11:45 AL Lunch Outing (Sign Up-Limit 6) HUB B: Hernandez Hideaway 1:15 Sit n be FIT w/ Fitness Staff (SR) 1:30 Woman in Gold (SR) 3:30 Happy Hour (DR Lounge)	5 9:30 Morning Walk & Talk Around the Koi Pond (DAVS) 10:15 Daily Chronicle (SR) 10:30 Roger Hirsh Piano (SR) 1:30 Art Hour w/ Chanda (SR) 3:00 Healthy Beverage & Snack Tasting (DAVS) 4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)	6 10:00 Outdoor Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Mark (DAVS) 1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS) 1:30 Noodle Ball w/ Amy (SR) 2:45 Music & Sunshine (DAVS) 3:45 Poetry Reading w/ Amy (DAVS) 6:00 Documentary Film: RBG (2018) (SR)
Grandparent's Day 7 9:30 Daily Chronicle (SR) 10:30 Grandparents Day All Campus Comedy Show w/ Alan Maisel (CS) 10:40 Pet Therapy Visit w/ Christine & Leo! (DR Lounge) 1:30 Word Games w/ Kevin (SR) 2:45 Our Planet (SR) 3:30 Concert: Tom Reich (SR)	8 9:00 Dominoes with Elliot (Hub D) 9:15 Fitness & Fun w/ Fitness Staff (SR) 9:45 Daily Chronicle + News Discussion w/ Makayla (SR) 10:30 Travel Log w/ Hernan Perez (SR) 1:45 Pet Therapy Visit w/ Kathy & Finn (SR) 2:00 Jeopardy! w/ Makayla (SR) 3:00 Concert: Vincent Young (SR)	9 9:30 Scenic Drive (Sign Up-Limit 7) HUB B: Silver Strand 9:45 Daily Chronicle (SR) 10:15 Noodle Ball (SR) 1:30 Creative Writing w/ Noa (SR) 2:30 Influential Speeches throughout History (SR) 3:30 Sunshine Time w/ Tunes (DAVS)	10 9:30 Morning Moves w/ Ed (SR) 10:00 Daily Chronicle & Trivia (SR) 10:30 Count Basie at Carnegie Hall (SR) 1:30 Ice Cream Social w/ Ed & Danny (DAVS) 3:00 Trivia (DR Lounge)	11 9:15 Sound Therapy w/ Kathleen (SR) 9:30 Daily News (DR Lounge) 10:00 Jewelry Making w/ Rochelle & Marianne (SR) 1:15 Sit n be FIT w/ Fitness Staff (SR) 1:30 Fancy Fingers w/ Marianne! (Outside Sunroom) 2:00 Relax on the Patio (DAVS) 3:30 Happy Hour w/ Jerry McCann (DR Lounge)	12 9:45 Morning News (SR) 10:15 Female Supreme Court Justice Appreciation (SR) 1:30 Art w/ Chanda (SR) 3:00 Music in the Sun (DAVS) 4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)	Selichot 13 10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Kathy (CS & 2493) 1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS) 2:00 Israeli Dancing w/ Barbara (SR) 2:30 Poetry Reading w/ Amy (SR) 3:30 Daily Chronicle & Discussion (DAVS) 3:45 Music & Sunshine (DAVS) 6:00 Movie Night: 9 to 5 (1980) (SR) 6:30 Selichot Service w/ Rabbi Yaffa-Shira (CS)
14 9:30 Daily Chronicle (SR) 10:30 All Campus Concert: The Bayou Brothers (CS) 1:30 Word Games w/ Kevin (SR) 2:45 Card Games w/ Makayla (SR) 3:45 Trivia Time w/ Makayla (SR)	15 9:00 Dominoes with Elliot (Hub D) 9:15 Fitness & Fun w/ Fitness Staff (SR) 9:45 Daily Chronicle w/ Makayla (SR) 10:30 Live Concert: Naomi Alter! (SR) 1:30 Walk around the Koi pond w/ Makayla (DAVS) 2:30 Jeopardy! w/ Makayla (SR) 3:45 Reminisce w/ Makayla (DR Lounge)	16 9:30 Scenic Drive (Sign Up-Limit 7) HUB B: Spanish Landing/ Shelter Island 9:45 Daily Chronicle (DR Lounge) 10:00 Culinary Meeting (DR Lounge) 10:45 Shmooze w/ Rabbi Yaffa-Shira (DR Lounge) 1:30 Entertainment with Hitoshi (SR) 2:30 Current Events w/ Rick LeVine (SR) 3:30 Sunshine w/ Music (DAVS)	17 9:30 Morning Moves w/ Ed (SR) 10:00 Daily Chronicle & Trivia (SR) 10:30 Judy, Frank, and Dean: Once in a Lifetime (SR) 1:30 Live Entertainment - Glenn Kramer! (SR) 2:30 Word Games (SR) 3:30 Song Requests (DR Lounge)	18 9:30 Book Club w/ Keith (SR) 10:30 Trivia w/ Jerry (DR Lounge) 1:00 Scenic Drive (Sign Up-Limit 7) HUB B: Coronado Bridge/ Hotel Del Coronado 1:15 Sit n be FIT w/ Fitness Staff (SR) 2:00 One-Act Play Reading: An Actor's Nightmare (DR Lounge) 3:30 Happy Hour w/ Marissa! (DR Lounge)	19 9:30 Morning Moves & Breathwork (SR) 10:00 Noodle Ball (SR) 11:00 News of the Day (SR) 1:30 Art w/ Chanda (SR) 3:15 Music in the Sun (DAVS) 4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)	20 10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Kathy (CS & 2493) 1:30 Shabbat Limud w/ Rhoda Kotzin: Story of Haman" (CS) 1:30 Noodle Ball w/ Amy (SR) 2:45 Daily Chronicle & Daily Scoop w/ Amy (DAVS) 3:15 Sunshine Time w/ Music (DAVS) 6:00 Movie Night: Hidden Figures (2016) (SR)
21 9:30 Daily Chronicle (SR) 9:45 Public Health: Flu Season Lesson w/ Makayla (SR) 10:45 Seated Tai Chi & Movement w/ Patrick (SR) 1:30 Word Games w/ Kevin (SR) 2:45 Our Planet (SR) 3:45 Trivia Time w/ Makayla (SR)	EREV ROSH HASHANAH 22 9:00 Dominoes with Elliot (Hub D) 9:15 Fitness & Fun w/ Fitness Staff (SR) 9:45 Daily Chronicle 10:00 Jeopardy! w/ Makayla (SR) 1:30 You be the Judge (DAVS) 1:45 Pet Therapy Visit w/ Kathy & Finn (SR) 2:30 Reminisce w/ Makayla (SR) 3:00 Concert: Vincent Young (SR) 4:45 Candle Lighting (DR) 6:30 Erev Rosh Hashana Service w/ Rabbi Yaffa-Shira (CS)	Rosh Hashanah 23 10:00 Rosh Hashana Service Day 1 w/ Rabbi Yaffa-Shira & Cantor Kathy (CS & SVTV) 1:30 Rosh Hashana Tashlich Service w/ Rabbi Yaffa-Shira (DAVS) 3:00 Daily News (DAVS) 3:15 Apple & Honey Tasting in the Sun (DAVS)	Rosh Hashanah 24 9:30 Morning Moves w/ Ed (SR) 10:00 Rosh Hashanah Service Day 2 w/ Rabbi Yaffa-Shira & Cantor Kathy (CS & 2493) 1:30 Whiteboard Games w/ Ed & Danny (SR) 2:45 Corner Store 3:15 Trivia Time (DR Lounge)	25 9:30 Daily Chronicle (SR) 10:00 Beading w/ Rochelle & Marianne (SR) 1:00 Scenic Drive (Sign Up-Limit 7) HUB B: Ocean Beach/Sunset Cliffs 1:15 Sit n be FIT w/ Fitness Staff (SR) 1:30 Fancy Fingers w/ Marianne (Outside SR) 2:00 Carol Burnett: A Woman of Character (SR) 3:30 September Birthday Celebrations/ Happy Hour w/ Marissa! (DR Lounge)	26 9:30 Daily News (SR) 10:15 History Class: Carol Burnett (SR) 1:30 Art w/ Chanda (SR) 3:00 Shmooze in the Sun (DAVS) 4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)	27 10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Kathy (CS & 2493) 1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS) 2:00 Israeli Dancing w/ Barbara (SR) 2:45 News of the Day w/ Amy (DAVS) 3:15 Music & Sunshine w/ Amy (DAVS) 6:00 Movie Night: The Cemetery Club (1993) (SR)
28 9:30 Daily Chronicle (SR) 9:45 Learn about Ancient Greece w/ Makayla (SR) 10:45 Seated Tai Chi & Movement w/ Patrick (SR) 11:00 Music & Socialization w/ Michael (DAVS) 1:30 Word Games w/ Kevin (SR) 2:45 Our Planet (SR) 3:45 Trivia Time w/ Makayla (SR)	29 9:00 Dominoes with Elliot (Hub D) 9:15 Fitness & Fun w/ Fitness Staff (SR) 9:45 Daily Chronicle + Trivia (SR) 10:30 Famous Broadway Dance Numbers (SR) 1:30 You be the Judge w/ Makayla (SR) 2:30 Jeopardy! w/ Makayla (SR) 3:45 Music requests w/ Makayla (DR Lounge)	30 9:30 Scenic Drive (Sign Up-Limit 7) HUB B: Cabrillo National Monument 9:45 Noodles & Balloons (SR) 10:45 Daily Chronicle (SR) 1:30 Music and Sunshine (DAVS) 2:15 Pet Therapy Visit w/ Helen Woodward (DR Lounge) 2:45 Influential Speeches of History & Discussions (SR) 4:00 Corner Store (SR)	<div> <div>September 2025</div> <div>Life Enrichment Calendar</div> <div>Seacrest Village Retirement Communities at Encinitas</div> <div>Leichtage Family Assisted Living Residence</div> <div>[Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]</div> </div>		<div> <div>We thank our contributors for making these programs possible:</div> <div>The Haimsohn Family Holiday Program</div> <div>Irwin & Joan Jacobs Cultural Program</div> <div>Irwin & Joan Jacobs Transportation Program</div> <div>The Galinson Family Rehabilitative Therapy Program</div> <div>The Merrill & Robert Haimsohn Alzheimer's Program</div> <div>Lipinsky Family Foundation Nursing Program</div> <div>The A. Wexler, R. Simon & E. Addleson Family Assisted Living Program</div> <div>The Sima & Joseph Oppenheimer Religious and Education Program</div> </div>	

September 2025 - Life Enrichment Newsletter

DAVS= Dave &Annette’s Village Square**
ALLO= Assisted Living Lounge
CL=Computer Lab
CS= Chodorow Synagogue
DR= Dining Room
FC = Fitness Center
FP = Fireside Patio
GHC= Goldberg Health
GR = Game Room

Room Codes

LI= Library (Building A)
LR = Living Room
TVLO= TV Lounge*
MR = Meeting Room
R= Recreation Room*
SR= Sunroom
TH =Theater
TR= Tasting Room*

Buildings

(A) Independent Living
(B) Healthcare Center
(C) Administration
(D) Assisted Living
(E) Memory Care
(F) Independent Living

** Non Kosher except for tables directly outside Mel’s Café
* Non Kosher

{Birthdays}

Residents

Shelley M. - 307
Shirley G. - 311



Rosh Hashanah Services/Programs

September 22:
4:45 Candle Lighting (DR)
6:30 Erev Rosh Hashanah Service (CS & 2493)

September 23:
10:00 Rosh Hashanah Service Day 1
w/ Rabbi Yaffa-Shira & Cantor Kathy (CS & 2493)
1:30 Rosh Hashanah Tashlich Service w/ Rabbi Yaffa-Shira (DAVS)
3:15 Apple & Honey Tasting in the Sun (DAVS)

September 24:
10:00 Rosh Hashanah Service Day 2 w/ Rabbi Yaffa-Shira & Cantor Kathy (CS & 2493)

Important Contacts

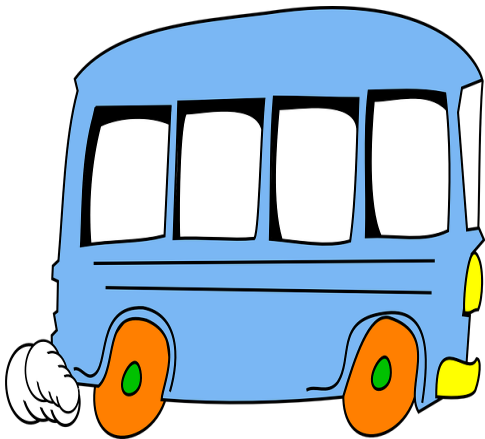
Mary Fawell - Director of Assisted Living - 760-516-2040
Sophia Rucireta - Life Enrichment Specialist - 760-632-8948
Zy Dewey - Fitness Center - 760-632-3739
Sheryl Seltser - Volunteer Liaison - 760-632-3718
Rabbi Yaffa-Shira - Director of Spiritual Life - 760-942-2950
Front Desk Reception - 760-632-0081
Room Tray Line - 760-516-2009

Hair Salon Open Fridays

To make an appointment, please come to the salon and write your name in the appointment book.

Color Key

- **Trips (Drives, Tours, & Shopping Loops)**
- **Fitness Programs**
- **Religious Programming**
- **Resident Council Meeting**
- **Vendors**
- **Volunteers**
- **Involving Food**
- **Movie Nights/T.V. Programs**



Assisted Living Outings

Lunch Outing

Hernandez Hideaway-
Escondido, CA on 9/4
@ 11:45
(Previous Sign-Up Required –
Limit 6 Residents)

Scenic Drives

Tuesdays
@ 9:30-11:15

September 9
(Silver Strand)
September 16
(Spanish Landing/
Shelter Island)
September 30
(Cabrillo National Monument)

Thursdays
@ 1:00-2:45

September 18
(Coronado Bridge/
Hotel Del Coronado)
September 25
(Ocean Beach/Sunset Cliffs)

All Campus Concert

September 7: Grandparents Day Comedy Show
w/ Alan Maisel @ 10:30 (CS)

September 14: The Bayou Brothers (CS)

Entertainment in Assisted Living

September 2: Senior Samba w/ Tamar @ 9:30 (SR)

September 3: Live Concert w/ Taylor Bassett
@ 10:00 (SR)

September 7: Live Music w/ Tom Reich @ 3:30 (SR)

September 8: Travel Log w/ Hernan @ 10:30 (SR)

September 11: Happy Hour Live Music
w/ Jerry McCann @ 3:30 (DR Lounge)

September 15: Concert: Naomi Alter @ 10:30 (SR)

September 16: Concert: Hitoshi @ 1:30 (SR)

September 17: Concert: Glenn Kramer @ 1:30 (SR)

September 2, 16: Current Events w/ Rick LeVine
@ 2:30 (SR)

September 8, 22: Concert: Vincent Young
@ 3:00 (SR)

September 13, 27: Israeli Seated Chair Dancing
w/ Barbara @ 2:00 (SR)

September 21, 28: Seated Tai Chi w/ Patrick
@ 10:45 (SR)



Book Club: w/ Keith on 9/18 at 9:30 (SR)

Dominoes: w/ Elliot every Monday at 9:00 (HUB B)

Trivia: w/ Jerry on 9/18 at 10:30 (DR Lounge)

Trivia: w/ Elliana

Jewelry Making: w/ Rochelle & Marianne on the 2nd & 4th
Thursday of the month at 10:00 (SR)

Sound Therapy: w/ Kathleen every 2nd Thursday of the month
at 9:15 (SR)

Art Hour: w/ Chanda every Friday at 1:30
(SR) or (DAVS Patio - weather permitting)

Whiteboard Games: w/ Kevin every Sunday of the month at 1:30 (SR)

Whiteboard Games/Bingo: w/ Danny on 9/24 at 1:30 (SR)

Pet Visit: w/ Kathy & Finn on 9/8 and 9/22 at 1:45 (SR)

Pet Visit: w/ Helen Woodward on 9/30 at 2:15 (DR Lounge)

Pet Therapy: w/ Christine and Leo on 9/7 at 10:40 (DR Lounge)

Piano Performance: w/ Roger on 9/5 at 10:30 (SR)

Music & Socialization: w/ Michael on 9/28 at 11:00 (DR Lounge) or
(DAVS - Weather Permitting)

Happy Hour: w/ Marissa on 9/18 and 9/25 at 3:30 (DR Lounge)

Fancy Fingers: w/ Marianne on 9/11 and 9/25 at 1:30 (Outside SR)

Creative Writing: w/ Noa on 9/9 at 1:30 (SR)