

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
<div>August 2025</div> <div>Life Enrichment Calendar</div> <div>Seacrest Village Retirement Communities at Encinitas</div> <div>Leichtag Family Assisted Living Residence</div> <div>[Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]</div>						<div>We thank our contributors for making these programs possible:</div> <div>The Haimsohn Family Holiday Program</div> <div>Irwin & Joan Jacobs Cultural Program</div> <div>Irwin & Joan Jacobs Transportation Program</div> <div>The Galinson Family Rehabilitative Therapy Program</div> <div>The Merrill & Robert Haimsohn Alzheimer's Program</div> <div>Lipinsky Family Foundation Nursing Program</div> <div>The A. Wexler, R. Simon & E. Addleson Family Assisted Living Program</div> <div>The Sima & Joseph Oppenheimer Religious and Edu-</div>						<div>9:30 Resident Council Meeting (SR) 1</div> <div>10:30 Whiteboard Challenges</div> <div>1:30 Art Hour w/ Chanda (SR)</div> <div>3:00 Music in the Sun (DAVS)</div> <div>4:00 Questions & Answers: Life & Lessons (DAVS)</div> <div>4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)</div>		<div>EREV TISHA B'AV 2</div> <div>10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Kathy (CS & 2493)</div> <div>1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)</div> <div>1:30 Daily Chronicle w/ Discussions (SR)</div> <div>2:00 Movement w/ Music (SR)</div> <div>2:30 Why is Change Hard w/ Makayla (SR)</div> <div>3:30 Trivia and Discussion w/ Makayla (DAVS)</div> <div>4:45 Tisha B'av Memorial Blessings (DR)</div>	
<div>TISHA B'AV 3</div> <div>9:30 Daily Chronicle (SR)</div> <div>10:00 Tisha B'av Service w/ Rabbi Yaffa-Shira(CS)</div> <div>1:30 Word Games w/ Kevin (SR)</div> <div>2:30 Learn about the early Phoenicians w/ Makayla (SR)</div> <div>3:30 Trivia Time (DR Lounge)</div>		<div>4</div> <div>9:00 Dominoes with Elliot (Hub D)</div> <div>9:15 Fitness & Fun w/ Fitness Staff (SR)</div> <div>10:00 You be the judge w/ Amy (SR)</div> <div>11:00 Music & Socialization w/ Michael (DR Lounge)</div> <div>1:30 Bingo! w/ Amy (SR)</div> <div>3:00 Trivia (DR Lounge)</div> <div>3:30 Schmooze to Music (DR Lounge)</div>		<div>5</div> <div>9:30 Scenic Drive (Sign Up-Limit 7) HUB B: Gaslamp Quarter/Seaport Village</div> <div>9:30 Senior Samba w/ Tamar! (SR)</div> <div>10:30 Puzzle Creation (SR)</div> <div>1:30 Concert: Tom Reich (SR)</div> <div>2:30 Daily Chronicle + Daily Scoop (DAVS)</div> <div>3:00 Creative Hearts: Pressed Flower Lanterns (DAVS)</div>		<div>6</div> <div>9:30 Morning Moves w/ Ed (SR)</div> <div>10:00 Daily Chronicle & Trivia (SR)</div> <div>10:30 Broadway's Lost Treasures (SR)</div> <div>1:30 Whiteboard Games w/ Ed & Danny (SR)</div> <div>2:45 AL Store (SR)</div> <div>3:00 Music and Sunshine (DAVS)</div>		<div>7</div> <div>9:30 Book Club (SR)</div> <div>10:30 Trivia w/ Jerry (DR Lounge)</div> <div>11:45 AL Lunch Outing (Sign Up-Limit 6) HUB B: The Village Kitchen & Pie Shoppe</div> <div>1:15 Sit n be FIT w/ Fitness Staff (SR)</div> <div>3:30 Happy Hour (DR Lounge)</div>		<div>8</div> <div>9:30 Resident Photoshoot! (HUB D)</div> <div>10:30 Roger Hirsh Piano (SR)</div> <div>1:30 Art Hour w/ Chanda (SR)</div> <div>3:00 Music in the Sun (DAVS)</div> <div>4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)</div>		<div>9</div> <div>10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantory Kathy (CS & 2493)</div> <div>1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)</div> <div>1:30 Daily Chronicle + Daily Scoop (SR)</div> <div>2:00 Israeli Dancing w/ Barbara (SR)</div> <div>2:30 Life on our Planet: The First Frontier (SR)</div> <div>3:30 You be the Judge (DAVS) (Weather Permitting)</div> <div>6:00 Movie Night: Stagecoach (1939) (SR)</div>			
<div>10</div> <div>9:30 Daily Chronicle + Trivia (SR)</div> <div>10:30 All Campus Concert: Sharon Friendly (CS)</div> <div>1:30 Word Games w/ Kevin (SR)</div> <div>2:30 Reminiscing Dance Class w/ Makayla (SR)</div> <div>3:45 Sunshine Time w/ Makayla (DAVS)</div>		<div>11</div> <div>9:00 Dominoes with Elliot (Hub D)</div> <div>9:15 Fitness & Fun w/ Fitness Staff (SR)</div> <div>9:45 Daily Chronicle + Trivia (SR)</div> <div>10:30 Travel Log w/ Hernan Perez (SR)</div> <div>1:45 Pet Therapy Visit w/ Kathy & Finn (SR)</div> <div>1:30 Bingo! w/ Amy (SR)</div> <div>3:00 Concert: Vincent Young (SR)</div> <div>4:00 Schmooze and Share (DR Lounge)</div>		<div>12</div> <div>9:30 Noodle Ball (SR)</div> <div>10:45 Schmooze w/ Rabbi Yaffa-Shira (DR Lounge)</div> <div>1:30 Bouquet Making (DAVS)</div> <div>2:30 Current Events w/ Rick LeVine (SR)</div> <div>3:30 Puzzle Challenge (SR)</div>		<div>13</div> <div>9:30 Morning Moves w/ Ed (SR)</div> <div>10:00 Daily Chronicle & Trivia (SR)</div> <div>10:30 Doris Day- A Sentimental Journey (SR)</div> <div>1:30 Whiteboard Games w/ Ed & Danny (SR)</div> <div>2:45 Corner Store (SR)</div> <div>3:00 Trivia (DR Lounge)</div>		<div>14</div> <div>9:15 Sound Therapy w/ Kathleen (SR)</div> <div>10:00 Jewelry Making w/ Rochelle & Marianne (SR)</div> <div>10:00 Senior Fraud Prevention Presentation w/ La Jolla Wealth Partners (CS)</div> <div>1:00 Scenic Drive (Sign Up-Limit 7) HUB B: La Jolla Shores</div> <div>1:15 Sit n be FIT w/ Fitness Staff (SR)</div> <div>1:30 Fancy Fingers w/ Marianne! (Outside Sunroom)</div> <div>2:00 Word Games (SR)</div> <div>3:30 Happy Hour w/ Jerry McCann (DR Lounge)</div>		<div>15</div> <div>9:30 News of the Day + Discuss (SR)</div> <div>10:30 History Class: The Fall of Bonnie & Clyde (SR)</div> <div>1:30 Afternoon Stretching & Strengthening (SR)</div> <div>2:15 Music in the Sun (DAVS)</div> <div>3:15 TV Cowboy Trivia (DAVS) (Weather Permitting)</div> <div>4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)</div>		<div>16</div> <div>10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Kathy (CS & 2493)</div> <div>1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)</div> <div>1:30 Yoga w/ Makayla (SR)</div> <div>2:00 Daily Chronicle (SR)</div> <div>2:30 Life on our Planet: Invaders of the Land (SR)</div> <div>3:15 Jeopardy w/ Makayla (SR)</div> <div>6:00 Movie Night: Lucy & Desi (2016)</div>			
<div>17</div> <div>9:30 Daily Chronicle (SR)</div> <div>9:45 Learn about Ancient Egypt w/ Makayla (SR)</div> <div>10:30 All Campus Concert: Piano by David Saliamonas (CS)</div> <div>1:30 Word Games w/ Kevin (SR)</div> <div>2:30 Learn about Ancient Egypt w/ Makayla (SR)</div> <div>3:45 Trivia Time w/ Makayla (SR)</div>		<div>18</div> <div>9:00 Dominoes with Elliot (Hub D)</div> <div>9:15 Fitness & Fun w/ Fitness Staff (SR)</div> <div>10:00 Daily Chronicle + World News (SR)</div> <div>11:00 Music & Socialization w/ Michael (DR Lounge)</div> <div>1:30 Bingo! w/ Amy</div> <div>3:00 Trivia w/ Amy (DAVS)</div> <div>4:00 Schmooze & Music w/ Amy (DR Lounge)</div>		<div>19</div> <div>9:30 Scenic Drive (Sign Up-Limit 7) HUB B: Coronado Island/ Hotel Del Coronado</div> <div>9:45 Daily Chronicle (DR Lounge)</div> <div>10:00 Culinary Meeting (DR Lounge)</div> <div>1:30 Entertainment with Hitoshi (SR)</div> <div>2:30 Current Events w/ Rick LeVine (SR)</div> <div>3:30 Music and Sunshine (DAVS)</div>		<div>20</div> <div>9:30 Morning Moves w/ Ed (SR)</div> <div>10:00 Daily Chronicle & Trivia (SR)</div> <div>10:30 Count Basie: Live in 62 (SR)</div> <div>1:30 Live Entertainment - Glenn Kramer! (SR)</div> <div>2:45 Corner Store (SR)</div> <div>3:00 Finish the Lines (DR Lounge)</div>		<div>21</div> <div>9:30 Book Club w/ Keith (SR)</div> <div>10:30 Trivia w/ Jerry (DR Lounge)</div> <div>1:00 Scenic Drive (Sign Up-Limit 7) HUB B: Lake Hodges</div> <div>1:15 Sit n be FIT w/ Fitness Staff (SR)</div> <div>2:00 Script Reading (DR Lounge)</div> <div>3:30 Happy Hour w/ Marissa (DR Lounge)</div>		<div>22</div> <div>9:30 Noodle Ball! (SR)</div> <div>10:30 Roger Hirsh Piano (SR)</div> <div>1:30 Art Hour w/ Chanda (SR)</div> <div>3:00 Healthy Beverage & Snack Tasting (DAVS)</div> <div>4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)</div>		<div>23</div> <div>10:00 Outdoor Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Mark (DAVS)</div> <div>1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)</div> <div>1:30 News of the Day (SR)</div> <div>2:00 Israeli Dancing w/ Barbara (SR)</div> <div>2:30 Learn about Artificial Intelligence w/ Makayla (SR)</div> <div>3:30 Reminisce Discussion w/ Makayla (DR Lounge)</div> <div>6:00 Movie Night: The Imitation Game (2014) (SR)</div>			
<div>24</div> <div>9:30 Daily Chronicle (SR)</div> <div>10:30 All Campus Concert: Classical Piano by Dmitry (CS)</div> <div>1:30 Word Games w/ Kevin (SR)</div> <div>2:45 Life on our Planet: In Cold Blood (SR)</div> <div>3:30 Trivia Time w/ Makayla (SR)</div>		<div>25</div> <div>9:00 Dominoes with Elliot (Hub D)</div> <div>9:15 Fitness & Fun w/ Fitness Staff (SR)</div> <div>9:45 Daily Chronicle (SR)</div> <div>10:00 Morning Trivia (SR)</div> <div>10:45 You Be The Judge (SR)</div> <div>1:30 Bingo! w/ Amy</div> <div>1:45 Pet Therapy Visit w/ Kathy & Finn (SR)</div> <div>3:00 Concert: Vincent Young (SR)</div> <div>4:00 Catch up w/ Amy (DR Lounge)</div>		<div>26</div> <div>9:30 Scenic Drive (Sign Up-Limit 7) HUB B: Ocean Beach/Sunset Cliffs</div> <div>9:45 Noodle Ball (SR)</div> <div>10:45 Schmooze w/ Rabbi Yaffa-Shira (DR Lounge)</div> <div>1:30 International Trivia: England (DR Lounge)</div> <div>2:15 Pet Visit w/ Helen Woodward (DR Lounge)</div> <div>2:30 Current Events w/ Rick LeVine (SR)</div> <div>3:30 Music & Schmooze in the Sun (DAVS)</div>		<div>27</div> <div>9:30 Morning Moves w/ Ed (SR)</div> <div>10:00 Daily Chronicle & Trivia (SR)</div> <div>10:30 Tony Bennett Duets II (SR)</div> <div>1:30 Talent Show Rehearsal (CS)</div> <div>3:00 Corner Store (SR)</div> <div>3:15 Music & Sunshine (DAVS)</div>		<div>28</div> <div>9:45 Daily Chronicle (SR)</div> <div>10:00 Beading w/ Rochelle & Marianne (SR)</div> <div>1:00 Scenic Drive (Sign Up-Limit 7) HUB B: Rancho Santa Fe</div> <div>1:15 Quotes: Find the Meaning (Outside SR)</div> <div>1:30 Fancy Fingers w/ Marianne (Outside SR)</div> <div>2:00 Live Entertainment: Naomi Alter! (SR)</div> <div>3:30 August Birthday Bash/Happy Hour w/ Marissa (DR Lounge)</div>		<div>29</div> <div>9:30 Daily Meditations & Reflection (SR)</div> <div>10:00 Morning Moves & Awakenings (SR)</div> <div>10:30 History Class: Fashions of the 20th Century (SR)</div> <div>1:30 Art Hour w/ Chanda (SR)</div> <div>3:00 News of the Day (DAVS)</div> <div>3:15 Music in the Sun (DAVS)</div> <div>4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)</div>		<div>30</div> <div>10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Kathy (CS & 2493)</div> <div>1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)</div> <div>1:30 Light Cardio (SR)</div> <div>2:00 News of the Day (SR)</div> <div>2:30 Whiteboard Challenges (SR)</div> <div>3:30 Music in the Sun (DAVS)</div> <div>6:00 Movie Night: The Americanization of Emily (1964) (SR)</div>			
<div>31</div> <div>9:30 Daily Chronicle (SR)</div> <div>9:45 Learn about early Polynesia w/ Makayla (SR)</div> <div>10:45 Seated Tai Chi & Movement w/ Patrick (SR)</div> <div>1:30 Word Games w/ Kevin (SR)</div> <div>2:45 Afternoon Volleyball w/ Makayla (SR)</div> <div>3:45 Trivia Time w/ Makayla (SR)</div>															

August 2025- Life Enrichment Newsletter

DAVS= Dave &Annette's Village Square**
ALLO= Assisted Living Lounge
CL=Computer Lab
CS= Chodorow Synagogue
DR= Dining Room
FC = Fitness Center
FP = Fireside Patio
GHC= Goldberg Health
GR = Game Room

Room Codes

LI= Library (Building A)
LR = Living Room
TVLO= TV Lounge*
MR = Meeting Room
R= Recreation Room*
SR= Sunroom
TH =Theater
TR= Tasting Room*

Buildings

(A) Independent Living
(B) Healthcare Center
(C) Administration
(D) Assisted Living
(E) Memory Care
(F) Independent Living

** Non Kosher except for tables directly outside Mel's Café
* Non Kosher

Birthdays

Xochitl - 8/3
Maria - 8/14
Elizabeth - 8/27



AL Caregivers and Mary,

The dedication and kindness you supply to our residents here in Assisted Living, is so appreciated and so are all of you! Thank you. <3

- Sophia Rucireta,
AL Life Enrichment

Tisha B'av

Tisha B'av is an annual fast day in Judaism, named for the ninth day (Tisha) of the month of Av in the Hebrew calendar. The fast commemorates the destruction of both the First and Second temple in Jerusalem. The Book of Lamentations, which is found in the Hebrew Bible and also known as "Eicha" is read. A commemoration will take place on Sunday, August 3rd at 10am in the synagogue.

Hair Salon Open Fridays

To make an appointment, please come to the salon and write your name in the appointment book.

Color Key

- Trips (Drives, Tours, & Shopping Loops)
- Fitness Programs
- Religious Programming
- Resident Council Meeting
- Vendors
- Volunteers
- Involving Food
- Movie Nights



Assisted Living Outings

Lunch Outing

The Village Kitchen & Pie Shoppe -
Carlsbad, CA on 8/7
@ 11:45
(Previous Sign-Up Required –
Limit 6 Residents)

Scenic Drives

Tuesdays
@ 9:30-11:15

August 5 (Gaslamp Quarter/Seaport Village)
August 19 (Coronado Island/Hotel Del Coronado)
August 26 (Ocean Beach/Sunset Cliffs)

Thursdays
@ 1:00-2:45

August 14 (La Jolla Shores)
August 21 (Lake Hodges)
August 28 (Rancho Santa Fe)

All Campus Concert

August 10: Sharon Friendly @ 10:30 (CS)
August 17: Piano by David Saliamonas @ 10:30 (CS)
August 24: Classical Piano by Dmitry @ 10:30 (CS)

Entertainment in Assisted Living

August 3: Concert: Tom Reich @ 3:30 (SR)
August 5: Senior Samba w/ Tamar @ 9:30 (SR)
August 11: Travel Log w/ Hernan @ 10:30 (SR)
August 14: Happy Hour Live Music
w/ Jerry McCann @ 3:30 (DR Lounge)
August 19: Concert: Hitoshi @ 1:30 (SR)
August 20: Concert: Glenn Kramer @ 1:30 (SR)
August 28: Concert: Naomi Alter @ 2:00 (SR)

August 9, 23: Israeli Seated Chair Dancing
w/ Barbara @ 2:00 (SR)
August 11, 25: Concert: Vincent Young
@ 3:00 (SR)
August 12, 19, 26: Current Events
w/ Rick LeVine @ 2:30 (SR)
August 17, 31: Seated Tai Chi w/ Patrick
@ 10:45 (SR)



Book Club: w/ Keith on 8/21 at 9:30 (SR)

Dominoes: w/ Elliot every Monday at 9:00 (HUB B)

Trivia: w/ Jerry every 1st & 3rd Thursday of the month at 10:30 (DR Lounge)

Jewelry Making: w/ Rochelle & Marianne on the 2nd & 4th Thursday of the month (SR)

Sound Therapy: w/ Kathleen every 2nd Thursday of the month at 9:15 (SR)

Art Hour: w/ Chanda every Friday at 1:30 (SR) or (DAVS Patio - weather permitting)
(No art on 8/15)

Whiteboard Games: w/ Kevin every Sunday of the month at 1:30 (SR)

Whiteboard Games/Bingo: w/ Danny on 8/6, 8/13 at 1:30 (SR)

Pet Visit: w/ Kathy & Finn on 8/11 & 8/25 at 1:45 (SR)
Pet Visit: w/ Helen Woodward on 8/26 at 2:15 (DR Lounge)

Piano Performance: w/ Roger on 8/8 & 8/22 at 10:30 (SR)
Music & Socialization: w/ Michael on 8/ & 8/18 at 11:00 (DR Lounge)

Happy Hour: w/ Marissa on 8/21 & 8/28 (DR Lounge)

Mary Fawell - Director of Assisted Living - 760-516-2040

Sophia Rucireta - Life Enrichment Specialist - 760-632-8948

Zy Dewey - Fitness Center - 760-632-3717

Sheryl Seltser - Volunteer Liaison - 760-632-3718

Rabbi Yaffa-Shira - Director of Spiritual Life - 760-942-2950

Front Desk Reception - 760-632-0081

Room Tray Line - 760-516-2009

