

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p align="center">May 2025</p> <p align="center">Life Enrichment Calendar</p> <p align="center">Seacrest Village Retirement Communities at Encinitas Leichtag Family Assisted Living</p> <p align="center">[Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]</p>		<p align="center"><u>We thank our contributors for making these programs possible:</u></p> <p align="center">The Haimsohn Family Holiday Program Irwin & Joan Jacobs Cultural Program & Joan Jacobs Transportation Program The Galinson Family Rehabilitative Therapy Program The Merrill & Robert Haimsohn Alzheimer's Program Lipinsky Family Foundation Nursing Program The A. Wexler, R. Simon & E. Addleson Family Assisted Living Program</p>			<p align="right">1</p> <p>9:30 Book Club w/ Keith (SR) 10:30 Trivia w/ Jerry (DR Lounge) 1:00 Scenic Drive (Sign Up-Limit 9) HUB B: Balboa Park/Old Town 1:15 Yoga & Groovin' w/ Fitness Staff (SR) 2:30 Israel Independence Day Festival w/ Rabbi Yaffa-Shira (DAVS)</p>	<p align="right">2</p> <p>9:45 Resident Council Meeting (SR) 10:45 News of the Day! (SR) 11:00 U.S. Defense Forces Trivia (SR) 1:30 Susie Q Sing-a-long (SR) 2:30 Jeopardy! (SR) 4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)</p>	<p align="right">3</p> <p>10:00 Shabbat Services w/ Rabbi Yaffa-Shira (CS & 1390) 1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS) 1:30 Life as a Dog Documentary (SR) 2:45 Music & Sunshine w/ Makayla (DAVS) 3:45 Trivia w/ Makayla (DR Lounge)</p>
<p>9:30 Daily Chronicle (SR) 4 9:45 Survivor (SR) 10:20 Pet Therapy Visit w/ Christine & Leo! (DR Lounge) 10:45 Seated Tai Chi & Movement w/ Patrick (SR) 1:30 Word Games w/ Kevin (SR) 2:30 Brain Teasers w/ Makayla</p>	<p>9:00 Dominoes with Elliot (Hub B) 5 9:30 Daily Chronicle (SR) 10:00 Poetry w/ Amy (SR) 1:15 Fitness & Fun w/ Fitness Staff (SR) 2:00 You be the Judge w/ Amy (SR) 3:00 White Board Games w/ Amy (SR) 5:45 Movie Night: The Sting (1973) (SR)</p>	<p align="right">6</p> <p>9:30 Scenic Drive (Sign Up-Limit 9) HUB B: Ocean Beach/Sunset Cliffs 9:30 Senior Samba w/ Tamar! (SR) 10:30 International Trivia: Israel (SR) 1:30 Sunshine Volleyball (SR) 2:30 Current Events w/ Rick LeVine (SR) 3:30 Music and Sunshine (DAVS)</p>	<p align="right">7</p> <p>9:30 Morning Moves w/ Ed (SR) 10:00 Live Entertainment: Taylor Bassett! 11:00 Daily Chronicle & Trivia 1:30 Whiteboard Games w/ Ed (SR) 2:30 Mothers Day Tea (CS) 5:45 MOVIE NIGHT: Little Miss Sunshine (2006) (SR)</p>	<p>9:15 Sound Therapy w/ Kathleen 8 (SR) 10:00 Jewelry Making w/ Rochelle (SR) 11:45 AL Lunch Outing (Sign Up-Limit 6) HUB B: Enzo's BBQ Ale House 1:15 Yoga & Groovin' w/ Fitness Staff (SR) 2:00 Sunshine & Share (DAVS) 3:30 Happy Hour (DR Lounge)</p>	<p align="right">9</p> <p>9:30 Wake Up Workout (SR) 10:00 News of the Day & Discussion (SR) 10:30 Roger Hirsh Piano (SR) 1:30 Art Hour w/ Chanda & Noa (SR) 3:00 Jeopardy! (SR) 4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)</p>	<p align="right">10</p> <p>10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Kathy (CS & 1390) 1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS) 2:00 Israeli Dancing w/ Barbara (SR) 2:30 Trivia w/ Makayla (DR Lounge) 3:30 Schmooze & Share w/</p>	
<p align="center">Mother's Day 11</p> <p>9:30 Daily Chronicle (SR) 10:00 Survivor (SR) 10:45 Seated Tai Chi & Movement w/ Patrick (SR) 1:30 Word Games w/ Kevin (SR) 2:30 Mother's Day Concert: Lesi Mei (CS) 3:30 Trivia Time w/ Makayla (SR)</p> 	<p>9:00 Dominoes with Elliot (Hub B) 12 9:30 Daily Chronicle (SR) 10:00 Poetry w/ Amy (SR) 10:30 Travel Log w/ Herman Perez (SR) 1:15 Fitness & Fun w/ Fitness Staff (SR) 1:45 Pet Therapy Visit w/ Kathy & Finn (DR Lounge) 2:00 White Board Games (SR) 3:00 Concert: Vincent Young (SR) 5:45 Movie Night: Something's Gotta Give (2003) (SR)</p>	<p align="right">13</p> <p>9:30 Scenic Drive (Sign Up-Limit 9) HUB B: SDSU/Lake Murray 9:45 Sunroom Volleyball (SR) 10:45 Schmooze w/ Rabbi Yaffa-Shira (DR Lounge) 1:30 Music and Sunshine (DAVS) 2:30 Current Events w/ Rick LeVine (SR) 3:30 Short Story Readings (SR)</p>	<p align="right">14</p> <p>9:30 Morning Moves w/ Ed (SR) 10:00 Daily Chronicle & Trivia 10:30 Tony Bennett Duets 1:30 Bingo w/ Ed & Danny (SR) 3:00 Corner Store 3:30 Music & Sunshine 5:45 MOVIE NIGHT: The Roosevelts: The Rising Road (1933-1939) (SR)</p>	<p align="right">15</p> <p>9:45 Volleyball in the Sun (SR) 10:30 Trivia w/ Jerry (DR Lounge) 1:00 Scenic Drive (Sign Up-Limit 9) HUB B: Mission Bay/Fiesta Island 1:15 Yoga & Groovin' w/ Fitness Staff (SR) 2:00 Script Reading (DR Lounge) 3:30 Happy Hour (DR Lounge) 6:30 Lag Ba'Omer Bonfire (DAVS)</p>	<p align="right">16</p> <p>9:45 Morning Music & Cardio (SR) 10:30 Bonnie & Clyde Presentation & Discussion (SR) 1:30 Art Hour w/ Chanda (SR) 3:00 Jeopardy! (SR) 4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)</p>	<p align="right">17</p> <p>10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Mark (CS & 1390) 1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS) 1:30 Gratitude circle w/ Makayla (SR) 2:45 Music & Sunshine w/ Makayla (DAVS) 4:00 Trivia w/ Makayla (DR Lounge)</p>	
<p align="right">18</p> <p>9:30 Daily Chronicle (SR) 10:00 Survivor (SR) 10:30 All Campus Concert: Bayou Brothers Band (CS) 1:30 Word Games w/ Kevin (SR) 2:30 Card Games w/ Makayla (SR) 3:45 You be the Judge! w/ Makayla (DR Lounge)</p>	<p align="right">19</p> <p>9:00 Dominoes with Elliot (Hub B) 9:45 Daily Chronicle (SR) 10:15 Noodle Ball w/ Amy (SR) 1:15 Fitness & Fun w/ Fitness Staff (SR) 2:00 Sunshine time on the Patio w/ Amy (DAVS) 3:00 Trivia Challenges w/ Amy (DR Lounge) 5:45 Movie Night: The Roosevelts: The Common Cause 1939-1944(SR)</p>	<p align="right">20</p> <p>9:30 Scenic Drive (Sign Up-Limit 9) HUB B: Rancho Santa Fe 9:30 Morning Chit Chat & Relaxation (DR Lounge) 10:00 Culinary Meeting (DR Lounge) 10:30 International Trivia: France (DR Lounge) 1:30 Entertainment with Hitoshi (SR) 2:30 Current Events w/ Rick LeVine (SR) 3:30 Music and Sunshine (DAVS)</p>	<p align="right">21</p> <p>9:30 Morning Moves w/ Ed (SR) 10:00 Daily Chronicle & Trivia (SR) 10:30 Benny Goodman in Concert (SR) 1:30 Live Entertainment - Glenn Kramer! (SR) 2:30 Whiteboard Games w/ Ed & Danny (SR) 3:30 Music & Sunshine (DAVS) 5:45 MOVIE NIGHT: The Roosevelts: A Strong & Active Faith (1944-1962) (SR)</p>	<p align="right">22</p> <p>9:30 What's the News? (SR) 10:00 Lucy & Desi Documentary (SR) 1:00 Scenic Drive (Sign Up-Limit 9) HUB B: Mt. Soledad/Pacific Beach 1:15 Yoga & Groovin' w/ Fitness Staff (SR) 2:00 Live Entertainment: Naomi Alter! (SR) 3:30 March, April & May Birthday Bash/ Happy Hour (DR Lounge)</p>	<p align="right">23</p> <p>9:45 Morning Music & Stretch (SR) 10:30 Roger Hirsh Piano (SR) 1:30 Art Hour w/ Chanda (SR) 3:00 Whiteboard Challenges (SR) 4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)</p>	<p align="right">24</p> <p>10:00 Shabbat Service & Study Session w/ Cantor Kathy (CS & 1390) 1:30 Shabbat Limud w/ Cantor Kathy (CS) 1:30 Catch up! W/ Makayla (SR) 2:00 Israeli Folk Dancing w/ Barbara (SR) 2:30 Music & Sunshine w/ Makayla (DAVS) 3:30 Nature Trivia w/ Makayla (DR Lounge)</p>	
<p align="right">25</p> <p>9:30 Daily Chronicle (SR) 10:00 Survivor (SR) 10:45 Seated Tai Chi & Movement w/ Patrick (SR) 1:30 Word Games w/ Kevin (SR) 2:30 All Campus Concert "Skylark" w/ Marsi and Charles Carr (CS) 3:45 Reminisce w/ Makayla (DR Lounge)</p>	<p align="center">Memorial Day 26</p> <p>9:00 Dominoes with Elliot (Hub B) 9:30 Daily Chronicle (DR Lounge) 9:45 Chit Chat w/ Amy (DR Lounge) 10:30 Memorial Day Concert (CS) 1:15 Fitness & Fun w/ Fitness Staff (SR) 2:00 White Board Games w/ Amy (SR) 3:00 Concert: Vincent Young (SR) 5:45 Movie Night: The Help (2011) (SR)</p> 	<p align="right">27</p> <p>9:30 Scenic Drive (Sign Up-Limit 9) HUB B: Star of India/San Diego Harbor 9:45 Noodle Ball (SR) 10:45 News of the Day (SR) 1:30 Music and Sunshine (DAVS) 2:15 Pet Visit w/ Helen Woodward (DR Lounge) 2:30 Current Events w/ Rick LeVine (SR) 3:30 Whiteboard Games: Rhyme the Word (SR)</p>	<p align="right">28</p> <p>9:30 Morning Moves w/ Ed (SR) 10:00 Daily Chronicle & Trivia (SR) 10:30 Andy Williams in Concert 1:30 Whiteboard Games w/ Ed & Danny (SR) 3:30 Trivia Time (DR Lounge) 5:45 MOVIE NIGHT: The Last Picture Show (1971) (SR)</p>	<p align="right">29</p> <p>9:30 Book Club w/ Keith 10:45 Daily Chronicle & Daily Scoop (SR) 1:00 Scenic Drive (Sign Up-Limit 9) HUB B: Shelter Island/Point Loma 1:15 Yoga & Groovin' w/ Fitness Staff (SR) 2:00 Poetry Readings & Discussion (SR) 3:30 Happy Hour (DR Lounge)</p>	<p align="right">30</p> <p>9:45 Morning Music & Stretch (SR) 10:15 News of the Day (SR) 10:45 Schmooze w/ Rabbi Yaffa-Shira (DR Lounge) 1:30 Art Hour w/ Chanda (SR) 3:00 International Jeopardy! (SR) 4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)</p>	<p align="right">31</p> <p>10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Kathy (CS & 1390) 1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS) 1:30 Afternoon Volleyball w/ Makayla (SR) 2:45 Music & Sunshine w/ Makayla (DAVS) 3:45 Trivia w/ Makayla (DR Lounge)</p>	

May 2025 - Life Enrichment Newsletter

DAVS= Dave & Annette's Village Square**
ALLO= Assisted Living Lounge
CL= Computer Lab
CS= Chodorow Synagogue
DR= Dining Room
FC = Fitness Center
FP = Fireside Patio
GHC= Goldberg Health
GR = Game Room

Room Codes

LI= Library (Building A)
LR = Living Room
TVLO= TV Lounge*
MR = Meeting Room
R= Recreation Room*
SR= Sunroom
TH = Theater
TR= Tasting Room*

Buildings

(A) Independent Living
(B) Healthcare Center
(C) Administration
(D) Assisted Living
(E) Memory Care
(F) Independent Living

** Non Kosher except for tables directly outside Mel's Café
 * Non Kosher



Helen K. 5/29
 Nisson P. 5/9
 Rhoda K. 5/5
 Naomi T. 5/24
 Martha A. 5/28
 Fred M. 5/30
 Shirley R. 5/13

Brenda F. 5/8
 Stephanie T. 5/24
 Gina G. 5/27



Important Contacts

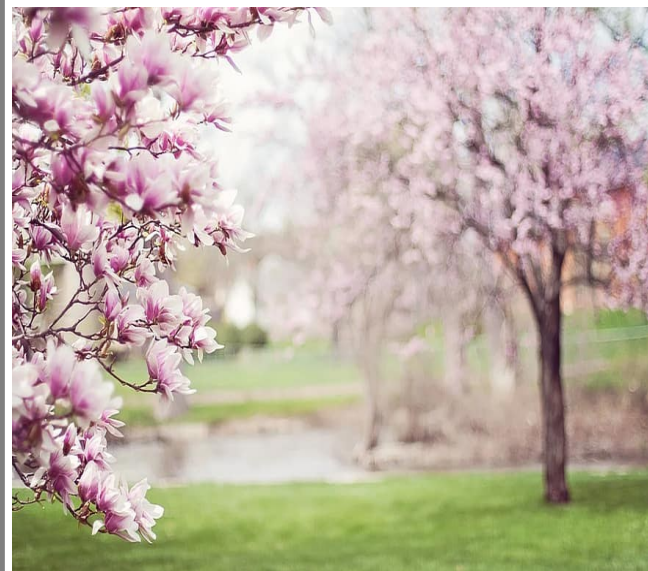
Mary Fawell - Director of Assisted Living - 760-516-2040
Sophia Rucireta - Life Enrichment Specialist - 760-632-8948
Zy Dewey - Fitness Center - 760-632-3717
Sheryl Seltser - Volunteer Liaison - 760-632-3718
Rabbi Yaffa-Shira - Director of Spiritual Life - 760-942-2950
Front Desk Reception - 760-632-0081
Room Tray Line - 760-516-2009

Color Key

- Trips (Drives, Tours, & Shopping Loops)
- Fitness Programs
- Religious Programming
- Resident Council Meeting
- Vendors
- Volunteers
- Involving Food

Hair Salon Open Fridays

To make an appointment, please come to the salon and write your name in the appointment book.



Assisted Living Outings Lunch Outing

Enzo's BBQ Ale House - Encinitas on 5/8

(Previous Sign-Up Required- Limit 6 Residents)

Scenic Drives

Tuesdays
@ 9:30-11:15

May 6 (Ocean Beach/Sunset Cliffs)
 May 13 (SDSU/Lake Murray)
 May 20 (Rancho Santa Fe)
 May 27 (Star of India/San Diego Harbor)

Thursdays
@ 1:00-2:45

May 1 (Balboa Park/Old Town)
 May 8 (Balboa Park/Old Town)
 May 15 (Mission Bay/Fiesta Island)
 May 22 (Mt. Soledad/Pacific Beach)
 May 29 (Shelter Island/Point Loma)

All Campus Concert

May 11: Mothers Day Concert: Lesi Mei @ 2:30
May 18: Bayou Brothers Band @ 10:30
May 25: Skylark w/ Marsi & Charles Carr @ 2:30
May 26: Memorial Day Concert @ 10:30

Entertainment in Assisted Living

May 4: Concert: Tom Reich @ 3:30 (SR)
May 6: Senior samba w/ Tamar @ 9:30 (SR)
May 7: Concert: Taylor Bassett @ 10:00 (SR)
May 12: Travel Log w/ Hernan @ 10:30 (SR)
May 20: Concert: Hitoshi @ 1:30 (SR)
May 21: Concert: Glenn Kramer @ 1:30 (SR)
May 22: Concert: Naomi Alter @ 2:00 (SR)
May 4, 11, 25: Seated Tai Chi w/ Patrick @ 10:45 (SR)
May 6, 13, 20, 27: Current Events w/ Rick: 2:30 (SR)
May 10, 24: Israeli Seated Chair Dancing w/ Barbara: 2:00 (SR)
May 12, 26: Concert: Vincent Young: 3:00 (SR)



Book Club: w/ Keith on the 1st & 3rd Thursday of the month at 9:30 in the Sunroom

Dominoes: w/ Elliot every Monday at 9:00 in HUB B

Trivia: w/ Jerry every 1st & 3rd Thursday of the month at 10:30 in the DR Lounge

Jewelry Making: w/ Rochelle on 5/8 at 10:00 in the Sunroom

Word Games: w/ Kevin every Sunday at 1:30 in the Sunroom

Sound Therapy: w/ Kathleen on 5/8 at 9:15 in the Sunroom

Art Hour: w/ Chanda & Noa on 5/9, 5/16, 5/23 & 5/30 at 1:30 in the Sunroom/ DAVS patio (weather permitting)

Pet Visit: w/ Christine & Leo on 5/4 at 10:20 in the DR Lounge

Pet Visit: w/ Kathy & Finn on 5/12 at 1:45 in the DR Lounge

Pet Visit: w/ Helen Woodward on 5/27 at 2:15 in the DR Lounge

Piano Performance: w/ Roger on 5/9 & 5/23 at 10:30 in the Sunroom

Whiteboard Games/Bingo: w/ Danny every Wednesday at 1:30 in the Sunroom