

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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May 2025
Life Enrichment Calendar

Seacrest Village Retirement Communities at Encinitas
Dorothy & Joseph Goldberg Healthcare Center

[Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]

We thank our contributors for making these programs possible:

The Haimsohn Family Holiday Program
Irwin & Joan Jacobs Cultural Program
& Joan Jacobs Transportation Program
The Galinson Family Rehabilitative Therapy Program
The Merrill & Robert Haimsohn Alzheimer's Program
Lipinsky Family Foundation Nursing Program
The A. Wexler, R. Simon & E. Addleson Family Assisted Living Program

YOM HA'ATZMAUT 1

8:30 Guardian Room Opens
9:30 **Fun with Fitness Staff**
10:00 The Daily Chronicle
10:15 Everyday Trivia
10:45 **Live Entertainment: Senior Samba w/Tamar!**
1:30 An Anthology of Intriguing Animals
2:30 **Isreal Independence Day Celebration on the DAVS Patio**
3:00 "House"

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8:30 Guardian Room Opens
9:30 Let's Move!
9:45 **Scenic Drive**
10:00 The Daily Chronicle
10:15 Trivia & Reminiscence
10:45 **Pet Therapy w/Atticus**
11:00 "Seinfeld"
1:30 Encyclopedia A to Z
2:00 Movie: "Erin Brockovich" With Julia Roberts
4:30 **Shabbat Candle Lighting w/Rabbi Yaffa-Shira In the Dining Room**

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8:30 Guardian Room Opens
10:00 **SHABBAT SERVICE w/Rabbi Yaffa-Shira in the Chodorow Synagogue & SVTV Ch 70**
1:30 Encyclopedia A to Z
2:00 Relax to Music in the Guardian Room or Patio (weather permitting)
3:00 Our Planet: S1 E4 "Coastal Seas"
4:00 Trivia for Seniors

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8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 The Daily Chronicle
10:15 Miscellaneous Trivia
11:00 **Live Entertainment: Roger Hirsch!**
1:30 An Anthology of Intriguing Animals
2:00 "Secret World of Sound" w/David Attenborough
3:00 "House"
4:00 Brain Game Trivia

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8:30 Guardian Room Opens
9:30 Exercise to Music
10:00 **Live Entertainment: Glenn Kramer!**
11:00 White Board—Word Mining
2:00 **Resident Council Meeting in the Library**
2:00 Relax to Music on the Patio (weather permitting)
3:00 Specific Afternoon Bingo

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8:30 Guardian Room Opens
9:30 **Exercise with Fitness Staff**
10:00 A to Z Trivia
10:30 **Live Entertainment: Robert Hardaway!**
11:30 The Daily Chronicle
1:30 **Art with Susan!**
2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)
3:00 America's Sweethearts E6
4:00 White Board Brain Game—Choose 10

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8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 The Daily Chronicle
10:15 Down to Earth with Zac Efron
11:00 **Eden Update**
1:30 Incredible History
2:15 Documentary "My Octopus Teather"
2:30 **Mother's Day Tea in the Chodorow Synagogue**
3:45 A to Z Trivia
4:00 "House"

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8:30 Guardian Room Opens
9:30 **Fun with Fitness Staff**
10:00 The Daily Chronicle
10:15 Everyday Trivia
11:00 White Board Game—Name 4
1:30 An Anthology of Intriguing Animals
2:00 Happy Hour in the Guardian Room
2:50 Movie: "Dr. No" w/Sean Connery and Ursula Andress
3:00 Weekly Hand Massage and Manicure
5:45 Rick Time!

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8:30 Guardian Room Opens
9:30 Let's Move!
10:00 The Daily Chronicle
10:15 Trivia & Reminiscence
11:00 "Seinfeld"
1:30 Encyclopedia A to Z
2:00 Movie: "Dial M for Murder" with Ray Milland, Grace Kelly and Robert Cummings
3:45 Miscellaneous Trivia
4:30 **Shabbat Candle Lighting w/Rabbi Yaffa-Shira In the Dining Room**

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8:30 Guardian Room Opens
10:00 **SHABBAT SERVICE w/Rabbi Yaffa-Shira in the Chodorow Synagogue & SVTV Ch 70**
1:30 Encyclopedia A to Z
2:00 Relax to Music in the Guardian Room or Patio (weather permitting)
3:00 Our Planet: S1 E5 "From Deserts To Grasslands"
4:00 Trivia for Seniors

Mother's Day 11

8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 The Daily Chronicle
10:15 Miscellaneous Trivia
11:00 **Live Entertainment: Roger Hirsch!**
1:30 An Anthology of Intriguing Animals
2:30 **All Campus Concert in the Chodorow Synagogue "Lesi Mei"**
3:45 "House"



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8:30 Guardian Room Opens
9:30 Exercise to Music
10:00 The Daily Chronicle
10:15 "Somebody Feed Phil"
11:15 White Board—Word Mining
1:30 **Live Entertainment: Vincent Young!**
2:00 **Pet Therapy w/Finn**
2:40 BBC Galapagos "Born o Fire"
3:30 Brain Game Trivia
4:00 "Lost"

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8:30 Guardian Room Opens
9:30 **Exercise with Fitness Staff**
10:00 The Daily Chronicle
10:15 A to Z Trivia
11:00 "Grace & Frankie"
1:30 An Anthology of Intriguing Animals
2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)
3:00 American Sweethearts E7
4:00 Brain Game Trivia

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8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 **Live Entertainment: Taylor Bassett!**
11:00 **Rabbi Shmooze**
1:30 Incredible History
2:15 Afternoon Bingo
4:00 "House"
5:45 Art with Sharon!

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8:30 Guardian Room Opens
9:30 **Fun with Fitness Staff**
10:00 The Daily Chronicle
10:15 Everyday Trivia
11:00 White Board Game—Name 10
1:30 An Anthology of Intriguing Animals
2:00 Happy Hour in the Guardian Room
3:00 Weekly Hand Massage & Manicure
3:00 Movie: "The Adventures of Robin Hood" w/Errol Flynn and Olivia De Havilland
5:45 Rick Time!

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8:30 Guardian Raoom Opens
9:30 Let's Move!
9:45 **Scenic Drive**
10:00 The Daily Chronicle
10:15 Trivia & Reminiscence
10:45 **Pet Therapy w/Atticus**
11:00 "Seinfeld"
1:30 Encyclopedia A to Z
2:00 Movie: "batteries not included" With Hume Cronyn & Jessica Tandy
4:00 Miscellaneous Trivia
4:30 **Shabbat Candle Lighting w/Rabbi Yaffa-Shira In the Dining Room**

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8:30 Guardian Room Opens
10:00 **SHABBAT SERVICE w/Rabbi Yaffa-Shira in the Chodorow Synagogue & SVTV Ch 70**
1:30 Encyclopedia A to Z
2:00 Relax to Music in the Guardian Room or Patio (weather permitting)
3:00 Our Planet: S1 E6 "The High Seas"
4:00 Trivia for Seniors

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8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 The Daily Chronicle
10:30 **All Campus Concert in the Chodorow Synagogue "The Bayou Brothers Band!"**
1:30 An Anthology of Intriguing Animals
2:00 "Secret World of Sound" w/David Attenborough
3:00 "House"
4:00 Brain Game Trivia

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8:30 Guardian Room Opens
9:30 Exercise to Music
10:00 **Live Entertainment: Glenn Kramer!**
11:00 White Board—Word Mining
1:30 Incredible History
2:15 Specific Afternoon Bingo
4:00 "Lost"

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8:30 Guardian Room Opens
9:30 **Live Entertainment: Hitoshi!**
10:30 A to Z Trivia
11:00 "Grace & Frankie"
1:30 An Anthology of Intriguing Animals
2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)
3:00 MH370 The Plane that Disappeared E1
4:00 Brain Game Trivia

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8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 The Daily Chronicle
10:15 Down to Earth with Zac Efron
11:00 **Eden Update**
1:30 Incredible History
2:15 Afternoon Bingo
4:00 "House"
5:45 Art with Sharon!

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8:30 Guardian Room Opens
9:30 **Live Entertainment: Naomi Alter!**
10:30 The Daily Chronicle
10:45 Everyay Trivia
1:30 An Anthology of Intriguing Animals
2:00 Happy Hour in the Guardian Room
3:00 Weekly Hand Massage & Manicure
3:00 Movie: "Barefoot in the Park" with Robert Redford and Jane Fonda
5:45 Rick Time!

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8:30 Guardian Room Opens
9:30 Let's Move!
10:00 **Live Entertainment: Taylor Bassett!**
11:00 "Seinfeld"
1:30 Encyclopedia A to Z
2:00 Movie: "Gigi" with Leslie Caron, Maurice Chevalier, Louis Jourdan & Hermine Gingold
4:00 Miscellaneous Trivia
4:30 **Shabbat Candle Lighting w/Rabbi Yaffa-Shira In the Dining Room**

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8:30 Guardian Room Opens
10:00 **SHABBAT SERVICE w/Rabbi Yaffa-Shira in the Chodorow Synagogue & SVTV Ch 70**
1:30 Encyclopedia A to Z
2:00 Relax to Music in the Guardian Room or Patio (weather permitting)
3:00 Our Planet: S1 E7 "Fresh Water"
4:00 Trivia for Seniors

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8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 The Daily Chronicle
10:15 Miscellaneous Trivia
11:00 **Live Entertainment: Roger Hirsch**
1:30 An Anthology of Intriguing Animals
2:30 **All Campus Concert in the Chodorow Synagogue: "Skylark" w/ Marsi and Charles Carr**
3:45 "House"

Memorial Day 26

8:30 Guardian Room Opens
9:30 Exercise to Music
10:00 The Daily Chronicle
10:30 **Memorial Day All Campus Concert**
11:15 White Board—Word Mining
1:30 **Live Entertainment: Vincent Young!**
2:40 BBC Galapagos "Island that Changed the World"
3:40 Brain Game Trivia
4:00 "Lost"



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8:30 Guardian Room Opens
9:30 **Exercise with Fitness Staff**
10:00 A to Z Trivia
11:30 The Daily Chronicle
1:30 **Pet Therapy w/Helen Woodward**
1:30 An Anthology of Intriguing Animals
2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)
3:00 MH370 The Plane that Disappeared E2
4:00 Brain Game Trivia

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8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 The Daily Chronicle
10:15 Down to Earth with Zac Efron
11:00 **Rabbi Shmooze**
1:30 Incredible History
2:15 Afternoon Bingo
4:00 "House"
5:45 Art with Sharon!

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8:30 Guadian Room Opens
9:30 **Fun with Fitness Staff**
10:00 The Daily Chronicle
10:15 Everyday Trivia
11:00 White Board Game—Name 4
1:30 An Anthology of Intriguing Animals
2:00 Happy Hour in the Guardian Room
2:45 Movie: "Midnight Lace" w/ Doris Day And Rex Harrison
3:00 Weekly Hand Massage & Manicure
5:45 Rick Time!

30

8:30 Guardian Room Opens
9:30 Let's Move!
10:00 The Daily Chronicle
10:15 Trivia & Reminiscence
11:00 "Seinfeld"
1:30 Encyclopedia A to Z
2:00 Movie: "Maid in Manhattan" with Jennifer Lopez & Ralph Fiennes
3:45 Miscellaneous Trivia
4:30 **Shabbat Candle Lighting w/Rabbi Yaffa-Shira In the Dining Room**

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8:30 Guardian Room Opens
10:00 **SHABBAT SERVICE w/Rabbi Yaffa-Shira in the Chodorow Synagogue & SVTC Ch 70**
1:30 Encyclopedia A to Z
2:00 Relax to Music in the Guardian Room or Patio (weather permitting)
3:00 Our Planet: S1 E8 "Forests"
4:00 Trivia for Seniors