

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025

Life Enrichment Calendar

Seacrest Village Retirement Communities at Encinitas

Dorothy & Joseph Goldberg Healthcare Center

[Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]



We thank our contributors for making these programs possible:

- The Haimsohn Family Holiday Program
- Irwin & Joan Jacobs Cultural Program
- Irwin & Joan Jacobs Transportation Program
- The Galinson Family Rehabilitative Therapy Program
- The Merrill & Robert Haimsohn Alzheimer's Program
- Lipinsky Family Foundation Nursing Program
- The A. Wexler, R. Simon & E. Adleson Family Assisted Living Program

8:30 Guardian Room Opens **1**

10:00 **SHABBAT SERVICE** w/Rabbi Yaffa-Shira & Cantor Kathy in the Chodorow Synagogue & SVTV Ch 70

1:00 One on One Visits

2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)

2:30 Movie: "Carousel" w/Shirley Jones And Gordon MacRae

8:30 Guardian Room Opens **2**

9:30 Chair Dancing

10:00 The Daily Chronicle

10:15 Miscellaneous Trivia

11:00 **Live Entertainment: Roger Hirsch!**

1:00 One on One Visits

2:30 **All Campus Concert in the Chodorow Synagogue "Shirim B'ler Women's Choir"**

3:45 Life on Our Planet S1 E1 "The Rules of Life"

World Wildlife Day **3**

8:30 Guardian Room Opens

9:30 Exercise to Music

10:00 **Live Entertainment: Glenn Kramer!**

11:00 "Dancing with the Birds"

1:00 One on One Visits

2:00 **Resident Council Meeting in the Library**

3:00 Specific Afternoon Bingo

8:30 Guardian Room Opens **4**

9:30 **Fun with Fitness Staff**

10:00 A to Z Trivia

10:30 **Live Entertainment: Robert Hardaway!**

11:30 The Daily Chronicle

1:00 Afternoon Visits

1:30 **Art with Susan!**

2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)

3:00 "Secret Lives of Orangutans"

4:20 Brain Game Trivia

8:30 Guardian Room Opens **5**

9:30 Chair Dancing

10:00 The Daily Chronicle

10:15 "You are what you eat. A twin Experiment." E1

11:00 **Eden Update—Noise Makers for Purim**

1:00 Afternoon Visits

2:15 Afternoon Bingo

4:00 "House"

5:45 Art with Sharon!

8:30 Guardian Room Opens **6**

9:30 **Fun with Fitness Staff**

10:00 The Daily Chronicle

10:15 Everyday Trivia

10:45 **Live Entertainment: Senior Samba w/Tamar!**

1:00 One on One Visits

2:00 Happy Hour in the Guardian Room

2:00 Movie: "West Side Story" w/Natalie Wood, Richard Beymer, Russ Tamblyn & Rita Moreno

3:00 Weekly Hand Massage & Manicure

5:45 Rick Time!

Denim Day for Dementia **7**

8:30 Guardian Room Opens

9:30 Let's Move!

10:00 The Daily Chronicle

10:15 Trivia & Reminiscence

10:45 **Pet Therapy w/Atticus!**

11:00 "Seinfeld"

1:00 Afternoon Visits

2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)

3:00 Our Universe E5 "Water World"

4:00 Miscellaneous Trivia

4:30 **Shabbat Candle Lighting w/Rabbi Yaffa-Shira in the Dining Room**

International Women's Day **8**

8:30 Guardian Room Opens

10:00 **SHABBAT SERVICE** w/Rabbi Yaffa-Shira & Cantor Mark in the Chodorow Synagogue & SVTV Ch 70

1:00 One on One Visits

1:45 Movie: "My Fair Lady" With Audrey Hepburn & Rex Harrison

 International Women's Day

Daylight Savings **9**

8:30 Guardian Room Opens

9:30 Chair Dancing

10:00 The Daily Chronicle

10:15 Miscellaneous Trivia


11:00 **Live Entertainment: Roger Hirsch!**

1:00 One on One Visits

2:00 Life on Our Planet S1 E5 "In the Shadow of Giants"

3:00 "House"

4:00 Brain Game Trivia



10

8:30 Guardian Room Opens

9:30 Exercise to Music

10:00 The Daily Chronicle

10:15 "Somebody Feed Phil"

11:15 White Board—Word Mining

1:00 One on One Visits

1:30 **Live Entertainment: Vincent Young!**

2:00 **Pet Therapy w/Finn**

2:45 Explained Episodes 28,29,30

4:00 "Lost"

11

8:30 Guardian Room Opens

9:30 **Fun with Fitness Staff**

10:00 The Daily Chronicle

10:15 A to Z Trivia

11:00 "Grace & Frankie" 2 Episodes

1:00 Afternoon Visits

2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)

3:00 "Inside the Mind of a Cat"

4:10 Brain Game Trivia

12

8:30 Guardian Room Opens

9:30 Chair Dancing

10:00 **Live Entertainment: Taylor Bassett!**

11:00 **Rabbi Shmooze**

1:00 Afternoon Visits

2:15 Afternoon Bingo

4:00 "House"

5:45 Art with Sharon!

EREV PURIM **13**

8:30 Guardian Room Opens

9:30 **Fun with Fitness Staff**

10:00 The Daily Chronicle

10:15 Everyday Trivia

11:00 White Board Game—Name 4

1:00 One on One Visits

2:00 Happy Hour in the Guardian Room

2:10 Movie: "Close Encounters of the Third Kind" w/Richard Dreyfuss, Teri Garr & Melinda Dillon

3:00 Weekly Hand Massage and Manicure

5:45 Rick Time!

PURIM! **14**

8:30 Guardian Room Opens

9:30 Let's Move!

10:00 **Purim Shpiel in the Chodorow Synagogue w/Rabbi Yaffa-Shira & Cantor Kathy**

11:30 Trivia & Reminiscence

1:00 Afternoon Visits

2:00 Relax to Music in the Guardian Room or Patio (weather permitting)

3:00 Our Universe E6 "Forces of Attraction"

4:00 Miscellaneous Trivia

4:30 **Shabbat Candle Lighting w/Rabbi Yaffa-Shira in the Dining Room**



Ides of March **15**

8:30 Guardian Room Opens

10:00 **SHABBAT SERVICE** w/Rabbi Yaffa-Shira in the Chodorow Synagogue & SVTV Ch 70

1:00 One on One Visits

2:00 Movie: "How the West was Won" With CB, LJC, HF, CJ, KM, GP, GP, RP, DR, JS, EW, JW and RW!

4:30 The Daily Chronicle

16

8:30 Guardian Room Opens

9:30 Chair Dancing

10:00 The Daily Chronicle

10:15 Miscellaneous Trivia

11:00 **Live Entertainment: Roger Hirsch!**

1:00 One on One Visits

2:30 **All Campus Event in the Chodorow Synagogue: "Jewish Men's Choir"**

3:45 Life on Our Planet S1 E6 "Out of the Ashes"

17

8:30 Guardian Room Opens

9:30 Exercise to Music

10:00 **Live Entertainment: Glenn Kramer!**

11:00 White Board—Word Mining

1:00 One on One Visits

2:15 Specific Bingo

4:00 "Lost:"

18

8:30 Guardian Room Opens

9:30 **Live Entertainment: Hitoshi!**

10:30 The Daily Chronicle

10:45 White Board Game—Name 10

1:00 Afternoon Visits

2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)

3:00 "Mysteries of the Terracotta Warriors"

4:20 Brain Game Trivia

19

8:30 Guardian Room Opens

9:30 Chair Dancing

10:00 The Daily Chronicle

10:15 "You are what you eat. A twin Experiment." E2

11:00 **Eden Update—Her Israel Video**

1:00 Afternoon Visits

2:15 Afternoon Bingo

4:00 "House"

5:45 Art with Sharon!

20

8:30 Guardian Room Opens

9:30 **Fun with Fitness Staff**

10:00 The Daily Chronicle

10:15 Everyday Trivia

10:45 **Live Entertainment: Senior Samba w/Tamar!**

1:00 One on One Visits

2:00 Happy Hour in the Guardian Room

2:15 Movie: "Executive Decision" with Kurt Russell, Halle Barry, John Leguizamo & Oliver Platt

3:00 Weekly Hand Massage and Manicure

5:45 Rick Time!

21

8:30 Guardian Room Opens

9:30 Let's Move!

9:45 **Scenic Drive**

10:00 The Daily Chronicle

10:15 Trivia & Reminiscence

11:00 "Seinfeld"

1:00 Afternoon Visits

2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)

3:00 "Unknown Cosmic Time Machine"

4:05 Miscellaneous Trivia

4:30 **Shabbat Candle Lighting w/Rabbi Yaffa-Shira in the Dining Room**

22

8:30 Guardian Room Opens

10:00 **SHABBAT SERVICE** w/Rabbi Yaffa-Shira & Cantor Kathy in the Chodorow Synagogue & SVTV Ch 70

1:00 One on One Visits

2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)

2:30 Movie: "Holes" w/Sigourney Weaver, John Voight & Shai LeBeouf

4:30 The Daily Chronicle

8:30 Guardian Room Opens **23**

9:30 Chair Dancing

10:00 The Daily Chronicle

10:15 Miscellaneous Trivia

11:00 **Live Entertainment: Roger Hirsch!**

1:00 One on One Visits

2:00 Life on Our Planet E7 "Inheriting the Earth"

3:00 "House" 4:00 Brain Game Trivia

24

8:30 Guardian Room Opens

9:30 Exercise to Music

10:00 The Daily Chronicle

10:15 "Somebody Feed Phil"

11:15 White Board—Word Mining

1:00 One on One Visits

1:30 **Live Entertainment: Vincent Young!**

2:00 **Pet Therapy w/Finn**

2:45 Explained Episodes 31,32,33

4:00 "Lost"

25

8:30 Guardian Room Opens

9:30 **Fun with Fitness Staff**

10:00 A to Z Trivia

10:30 **Live Entertainment: Robert Hardaway!**

11:30 The Daily Chronicle

1:00 Afternoon Visits

1:30 **Pet Therapy w/Helen Woodward**

2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)

3:00 "You are what you eat. A twin Experiment." E3

4:00 Brain Game Trivia

Wear Purple for Epilepsy Awareness **26**

8:30 Guardian Room Opens

9:30 Chair Dancing

10:00 The Daily Chronicle

10:15 "You are what you eat. A twin Experiment." E4

11:00 **Rabbi Shmooze**

1:00 Afternoon Visits

2:15 Afternoon Bingo

4:00 "House"

5:45 Art with Sharon!

27

8:30 Guardian Room Opens

9:30 **Live Entertainment: Naomi Alter!**

10:30 The Daily Chronicle

10:45 Miscellaneous Trivia

11:15 Balloon Sailing

1:00 One on One Visits

2:00 Happy Hour in the Guardian Room

3:00 Weekly Hand Massage and Manicure

3:00 Movie: "Stand By Me" w/Wil Wheaton River Phoenix, Corey Feldman, Jerry O'Connell & Kiefer Sutherland

5:45 Rick Time!

28

8:30 Guardian Room Opens

9:30 Let's Move!

10:00 **Live Entertainment: Taylor Bassett!**

11:00 "Seinfeld"

1:00 Afternoon Visits

2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)

3:00 "Inside the Mind of a Dog"

4:30 **Shabbat Candle Lighting w/Rabbi Yaffa-Shira in the Dining Room**

29

8:30 Guardian Room Opens

10:00 **SHABBAT SERVICE** w/Rabbi Yaffa-Shira & Cantor Mark in the Chodorow Synagogue & SVTV Ch 70

1:00 One on One Visits

2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)

2:45 Movie: "Grease" with John Travolta & Olivia Newton-John

8:30 Guardian Room Opens **30**

9:30 Chair Dancing

10:00 The Daily Chronicle

10:15 Miscellaneous Trivia

11:00 **Live Entertainment: Roger Hirsch!**

1:00 One on One Visits

2:00 Life on Our Planet E8 "Age of Ice & Fire"

3:00 "House" 4:00 Brain Game Trivia

31

8:30 Guardian Room Opens

9:30 Exercise to Music

10:00 **Live Entertainment: Glenn Kramer!**

11:00 White Board—Word Mining

1:00 One on One Visits

2:15 Specific Bingo

4:00 "Lost:"

31

8:30 Guardian Room Opens

9:30 Exercise to Music

10:00 **Live Entertainment: Glenn Kramer!**

11:00 White Board—Word Mining

1:00 One on One Visits

2:15 Specific Bingo

4:00 "Lost:"