

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2025 Life Enrichment Calendar

Seacrest Village Retirement Communities at Encinitas
Sorothy & Joseph Goldberg Healthcare Center
[Activities can occur at any time and are not limited to
formal activity staff. All activities are subject to change.]



New Year's Day CHANUKAH

8:30 Guardian Room Opens WITH
"Fiddler on the Roof"
1:00 Afternoon Visits
2:15 Afternoon Bingo
4:00 The Daily Chronicle
4:30 Chanukah Candle Lighting
With Rabbi Yaffa-Shira
In the Guardian Room

CHANUKAH ENDS AT SUNDOWN

8:30 Guardian Room Opens
9:30 Live Entertainment: Naomi Alter!
10:30 The Daily Chronicle
10:45 Live Entertainment:
Senior Samba w/Tamar!
1:00 One on One Visits
2:00 Happy Hour in the Guardian Room
2:00 Movie: "The Wizard of Oz"
3:00 Weekly Hand Massage & Manicure
3:45 Wizard of Oz Special Features

8:30 Guardian Room Opens
9:30 Body Movement
9:45 Scenic Tour
10:00 The Daily Chronicle
10:15 Trivia & Reminiscence
11:00 "Seinfeld"
1:00 Afternoon Visits
2:00 Relax to Music in the Guardian Room
Or Patio (weather permitting)
3:00 The States: NJ, AZ, KY, OK & AK
4:00 Miscellaneous Trivia
4:30 Shabbat Candle Lighting
w/Rabbi Yaffa-Shira
In the Dining Room

8:30 Guardian Room Opens
10:00 SHABBAT SERVICE
w/Rabbi Yaffa Shira
In the Chodorow Synagogue
& SVTV Ch 70
1:00 One on One Visits
2:00 Relax to Music in the Guardian
Room or Patio (weather permitting)
3:00 Movie: "Nanny McPhee"
w/Emma Thompson and
Colin Firth

8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 The Daily Chronicle
10:15 Miscellaneous Trivia
11:00 Live Entertainment:
Roger Hirsch!
1:00 One on One Visits
2:00 Our Great National Parks with
B. Obama S1 E1 "A World of Wonder"
3:00 "House"
4:00 "This and That" Trivia

8:30 Guardian Room Opens
9:30 Exercise to Music
10:00 Live Entertainment:
Glenn Kramer!
11:00 White Board—Word Mining
1:00 One on One Visits
2:00 Resident Council Meeting in the
Library
3:00 Specific Afternoon Bingo

8:30 Guardian Room Opens
9:30 Fun with Fitness Staff
10:00 Live Entertainment:
Robert Hardaway!
11:00 Book 1 Random Senior Trivia
1:00 Afternoon Visits
1:30 Art with Susan!
2:00 Relax to Music in the Guardian Room
Or Patio (weather permitting)
3:00 "Life on Our Planet" S1 E1
The Rules of Life
4:00 White Board Brain Game—Name 10

8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 Live Entertainment:
Taylor Basset!
11:00 Rabbi Schmooze
1:00 Afternoon Visits
2:15 Afternoon Bingo
4:00 "House"
5:45 Art with Sharon!

8:30 Guardian Room Opens
9:30 Fun with Fitness Staff
10:00 The Daily Chronicle
10:15 Everyday Trivia
10:45 Live Entertainment:
Senior Samba w/Tamar!
1:00 One on One Visits
2:30 Seacrest Community Wide Memorial
In the Chodorow Synagogue
3:45 Netflix: The Unexplained with
William Shatner (let's see if we like
this program)

8:30 Guardian Room Opens
9:30 Body Movement
10:00 The Daily Chronicle
10:15 Trivia & Reminiscence
11:00 "Seinfeld"
1:00 Afternoon Visits
2:00 Relax to Music in the Guardian Room
Or Patio (weather permitting)
3:00 Walking with Dinosaurs: Episode 1,2
Time of the Titans
4:30 Shabbat Candle Lighting
w/Rabbi Yaffa-Shira
In the Dining Room

8:30 Guardian Room Opens
10:00 SHABBAT SERVICE
w/Rabbi Yaffa-Shira
In the Chodorow Synagogue
& SVTV Ch 70
1:00 One on One Visits
2:00 Relax to Music in the Guardian
Room or Patio (weather permitting)
2:50 Movie: "Nanny McPhee Returns"
w/Emma Thompson

8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 The Daily Chronicle
10:15 Miscellaneous Trivia
11:00 Live Entertainment:
Roger Hirsch!
1:00 One on One Visits
2:00 Our Great National Parks with
B. Obama S1 E2 "Chilean Patagonia"
3:00 "House"
4:00 "This and That" Trivia

8:30 Guardian Room Opens
9:30 Exercise to Music
10:00 The Daily Chronicle
10:15 "Somebody Feed Phil"
11:15 White Board—Word Mining
1:00 One on One Visits
1:30 Live Entertainment:
Vincent Young!
2:00 Pet Therapy w/Finn
2:45 Explained Episodes 16,17,18
4:00 "Lost"

8:30 Guardian Room Opens
9:30 Fun with Fitness Staff
10:00 The Daily Chronicle
10:15 A to Z Trivia
11:00 "Grace & Frankie" 2 Episodes
1:00 Afternoon Visits
2:00 Relax to Music in the Guardian Room
Or Patio (weather permitting)
3:00 BBC Earth The Blue Planet "Coasts"
4:00 White Board Brain Game—Name 10

8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 The Daily Chronicle
10:15 Jeopardy!
11:00 Eden Update
1:00 Afternoon Visits
2:15 Afternoon Bingo
4:00 "House"
5:45 Art with Sharon!

8:30 Guardian Room Opens
9:30 Fun with Fitness Staff
10:00 The Daily Chronicle
10:15 Everyday Trivia
10:45 White Board Game—4
1:00 One on One Visits
1:45 Movie: "The Sound of Music"
With Julie Andrews
2:00 Happy Hour in the Guardian Room
3:00 Weekly Hand Massage & Manicure

8:30 Guardian Room Opens
9:30 Body Movement
10:00 The Daily Chronicle
10:15 Trivia & Reminiscence
11:00 "Seinfeld"
1:00 Afternoon Visit
2:00 Relax to Music in the Guardian Room
Or Patio (weather permitting)
3:00 Walking with Dinosaurs: Episode 3,4
Giant of the Skies
4:30 Shabbat Candle Lighting
w/Rabbi Yaffa-Shira
In the Dining Room

8:30 Guardian Room Opens
10:00 SHABBAT SERVICE
w/Rabbi Yaffa-Shira
In the Chodorow Synagogue
& SVTV Ch 70
1:00 One on One Visits
2:00 Relax to Music in the Guardian
Room or Patio (weather permitting)
2:55 Movie: "Annie Get Your Gun"
With Betty Hutton and
Howard Keel

8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 The Daily Chronicle
10:15 Miscellaneous Trivia
11:00 Live Entertainment:
Roger Hirsch!
1:00 One on One Visits
2:00 Our Great National Parks with
B. Obama S1 E3 "Kenya's Tsaro
National Park"
3:00 "House"
4:00 "This and That" Trivia

**Martin Luther King's Jr.
Birthday**
8:30 Guardian Room Opens
9:30 Exercise to Music
10:00 Live Entertainment:
Glenn Kramer!
11:00 White Board-Word Mining
1:00 One on One Visits
2:15 Specific Afternoon Bingo
4:00 "Lost"

8:30 Guardian Room Opens
9:30 Fun with Fitness Staff
10:00 The Daily Chronicle
10:15 A to Z Trivia
11:00 Balloon Sailing
1:00 Afternoon Visits
2:00 Relax to Music in the Guardian Room
Or Patio (weather permitting)
3:00 BBC EARTH The Biography "Oceans"
4:00 White Board Brain Game—Name 10

8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 The Daily Chronicle
10:15 Jeopardy!
11:00 Rabbi Schmooze
1:00 Afternoon Visits
2:15 Afternoon Bingo
4:00 "House"
5:45 Art with Sharon!

8:30 Guardian Room Opens
9:30 Fun with Fitness Staff
10:00 The Daily Chronicle
10:15 Everyday Trivia
11:00 Balloon Sailing
1:00 One on One Visits
2:00 Happy Hour in the Guardian Room
2:30 Movie: "Star Wars" w/ Mark Hamill,
Harrison Ford, Carrie Fisher and
Sir Alex Guinness
3:00 Weekly Hand Massage & Manicure

8:30 Guardian Room Opens
9:30 Body Movement
10:00 The Daily Chronicle
10:15 Trivia & Reminiscence
11:00 "Seinfeld"
1:00 Afternoon Visits
2:00 Relax to Music in the Guardian Room
Or Patio (weather permitting)
3:00 Walking with Dinosaurs: Episode 5,6
Spirits of the Ice Forest
& Death of a Dynasty
4:30 Shabbat Candle Lighting
w/Rabbi Yaffa-Shira
In the Dining Room

8:30 Guardian Room Opens
10:00 SHABBAT SERVICE
w/Rabbi Yaffa-Shira
In the Chodorow Synagogue
& SVTV Ch 70
1:00 One on One Visits
2:00 Relax to Music in the Guardian
Room or Patio (weather permitting)
3:00 Movie: "Grumpy Old Men"
With Jack Lemmon,
Walter Matthau & Ann-Margret

8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 The Daily Chronicle
10:30 All Campus Concert in the
Chodorow Synagogue:
"Dancers with Heart"
1:00 One on One Visits
2:00 Our Great National Parks with
B. Obama S1 E4 "Monterey Bay
National Marine Sanctuary"
3:00 "House"
4:00 "This and That" Trivia

8:30 Guardian Room Opens
9:30 Exercise to Music
10:00 The Daily Chronicle
10:15 "Somebody Feed Phil"
11:15 White Board -Word Mining
1:00 One on One Visits
1:30 Live Entertainment:
Vincent Young!
2:00 Pet Therapy w/Finn
2:45 Explained Episodes 19,20,21
4:00 "Lost"

8:30 Guardian Room Opens
9:30 Fun with Fitness Staff
10:00 A to Z Trivia
10:30 Live Entertainment:
Robert Hardaway!
11:30 The Daily Chronicle
1:00 Afternoon Visits
2:00 Relax to Music in the Guardian Room
Or Patio (weather permitting)
3:00 BBC EARTH The Biography
"Rare Planet"
4:00 White Board Brain Game—Name 10

8:30 Guardian Room Opens
9:30 Chair Dancing
10:00 The Daily Chronicle
10:15 Jeopardy!
11:00 Eden Update
1:00 Afternoon Visits
2:15 Afternoon Bingo
4:00 "House"
5:45 Art with Sharon!

8:30 Guardian Room Opens
9:30 Fun with Fitness Staff
10:00 The Daily Chronicle
10:15 Everyday Trivia
10:45 White Board Game—Name 4
1:00 One on One Visits
2:00 Happy Hour in the Guardian Room
2:45 Movie: "MIB Men in Black" with
Tommy Lee Jones and
Will Smith
3:00 Weekly Hand Massage & Manicure

8:30 Guardian Room Opens
9:30 Body Movement
10:00 The Daily Chronicle
10:15 Trivia & Reminiscence
11:00 "Seinfeld"
1:00 Afternoon Visits
2:00 Relax to Music in the Guardian Room
Or Patio (weather permitting)
3:00 Walking with Dinosaurs:
The Making Of—disc 2
4:00 Miscellaneous Trivia
4:30 Shabbat Candle Lighting
w/Rabbi Yaffa-Shira
In the Dining Room

We thank our contributors for making these
programs possible:
The Haimsohn Family Holiday Program
Irwin & Joan Jacobs Cultural Program
Irwin & Joan Jacobs Transportation Program
The Galinson Family Rehabilitative
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The Merrill & Robert Haimsohn Alzheimer's
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