

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2025 Life Enrichment Calendar

Seacrest Village Retirement Communities at Encinitas  
Leichtag Assisted Living

[Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]



## New Year's Day 1

9:30 Morning Moves w/ Ed (SR)  
10:00 Live Entertainment: Taylor Bassett!  
11:00 The Daily Chronicle & Trivia (SR)  
1:30 \$1 Bingo w/ Ed (SR)  
3:00 Corner Store (SR)  
3:45 Trivia w/ Ed (DR Lounge)  
5:45 MOVIE NIGHT: Little Miss Sunshine-2006 (SR)

## 2

9:30 Book Club w/ Keith - Eleanor Roosevelt  
10:30 Trivia w/ Jerry (DR Lounge Area)  
1:00 Scenic Drive (Limit 9) Hub B  
1:15 Exercise to Music w/ Fitness Staff (SR)  
2:00 Fancy Fingers w/ Marianne (Outside SR)  
2:00 History of Seacrest Presentation (SR)  
3:30 Happy Hour (DR Lounge)

## 3

9:45 Morning Music & Stretch (SR)  
10:30 Extra, Extra, Read All About It! / Trivia (SR)  
1:30 Travel & Memory Collages (SR)  
3:00 Library Organization (Outside SR)  
4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)

## 4

10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Kathy (CS)  
1:30 Brain Workouts & Reminisce w/ Amy (DR Lounge)  
1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)  
2:45 Music & Sunshine w/ Amy (DAVS)  
4:00 Would you Rather? w/ Amy (DR Lounge)

9:30 Daily Chronicle (SR) 5  
9:45 The Midwife (SR)  
10:45 Seated Tai Chi & Movement w/ Patrick (SR)  
1:30 Word Games w/ Kevin (SR)  
2:45 Seated Volleyball w/ Makayla (SR)  
3:30 Live Entertainment: Tom Reich (SR)

9:00 Dominoes with Elliot (Hub C) 6  
9:30 Daily Chronicle (SR)  
10:15 Seated Volleyball w/ Makayla (SR)  
1:15 Mahjong w/ Charlyne & Mona (Hub A)  
1:15 Fitness & Fun w/ Fitness Staff (SR)  
2:00 Uno & Card Games w. Makayla (SR)  
3:15 Winter Traditions of Spain & Spanish Gin Tasting w/ Natalie (SR)  
5:45 Movie Night: Sabrina-1954 (SR)

9:30 Scenic Drive (Sign Up-Limit 9) HUB B 7  
9:30 Morning Moves (SR)  
10:00 Daily Chronicle (SR)  
10:30 Resident Council Meeting w/ Mary (SR)  
10:45 Schmooze w/ Rabbi Yaffa-Shira (DR Lounge)  
1:30 Art of the Western World (SR)  
2:00 Fancy Fingers w/ Eva (Outside SR)  
2:30 Current Events w/ Rick LeVine (SR)  
3:30 Music and Sunshine (DAVS)  
6:00 Reading Hebrew w/ Debby (HUB A)

9:30 News of the Day & Discussion w/ Ed (SR) 8  
10:15 Sunroom Volleyball (SR)  
1:30 \$1 Bingo w/ Ed (SR)  
3:00 Whiteboard Games (SR)  
4:00 Schmooze w/ Ed (DR Lounge)  
5:45 MOVIE NIGHT: Woman in Gold-2010 (SR)

9:00 Sound Therapy w/ Kathleen (SR) 9  
10:00 Brain Games (SR)  
1:15 Exercise to Music w/ Fitness Staff (SR)  
2:00 Remember When..? Explain! (DR Lounge)  
2:30 Seacrest Community Wide Memorial (CS)  
3:30 Happy Hour w/ Karen (DR Lounge)

9:45 Morning Music & Stretch (SR) 10  
10:30 Roger Hirsh Piano (SR)  
11:45 AL Lunch Outing—Miltons  
1:30 Afternoon Movie: Mamma Mia! - 2008 (SR)  
3:00 Library Organization (Outside SR)  
4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)

10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Mark (CS) 11  
1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)  
1:45 Israeli Dancing w/ Barbara (SR)  
2:45 Music & Sunshine w/ Amy (DAVS)  
4:00 Trivia w/ Amy (DR Lounge)

9:30 Daily Chronicle (SR) 12  
10:00 The Midwife (Netflix) w/ Makayla (SR)  
10:45 Seated Tai Chi & Movement w/ Patrick (SR)  
1:30 Music & Relaxation w/ Makayla (DAVS)  
2:30 Whiteboard Games w/ Makayla (DR Lounge)  
3:30 Trivia Hour w/ Makayla (DR Lounge)

9:00 Dominoes with Elliot (Hub C) 13  
9:45 Daily Chronicle (SR)  
10:30 Travel Log w/ Hernan Perez the Island of Puerto Rico (SR)  
1:15 Mahjong w/ Charlyne & Mona (Hub A)  
1:15 Fitness & Fun w/ Fitness Staff (SR)  
1:30 Pet Therapy Visit w/ Kathy & Finn (DR Lounge)  
2:00 World-Wide Trivia w/ Makayla (SR)  
3:00 Live Entertainment: Vincent Young (SR)  
5:45 Movie Night: New York, I Love You-2008 (SR)

9:30 Scenic Drive (Sign Up-Limit 9) HUB B 14  
9:30 Morning Moves (SR)  
10:00 Daily Chronicle (SR)  
10:30 Noodle Ball Competition (SR)  
1:30 Shirley Temple Episode (SR)  
2:00 Fancy Fingers w/ Eva (Outside SR)  
2:30 Current Events w/ Rick LeVine (SR)  
3:30 Music and Sunshine (DAVS)  
6:00 Reading Hebrew w/ Debby (Hub A)

9:30 Morning Moves w/ Ed (SR) 15  
10:00 The Daily Chronicle & Discussion (SR)  
10:30 Sunroom Volleyball (SR)  
1:30 Live Entertainment: Glenn Kramer (SR)  
2:45 \$1 Bingo w/ Ed (SR)  
5:45 MOVIE NIGHT: Chaplin-1992

9:30 Book Club w/ Keith 16  
10:30 Trivia w/ Jerry (DR Lounge)  
1:00 Scenic Drive (Limit 9) Hub B  
1:15 Exercise to Music w/ Fitness Staff (SR)  
2:00 Fancy Fingers w/ Marianne (Outside SR)  
2:00 History of Comedy Presentation (SR)  
3:30 Happy Hour (DR Lounge)

9:45 Morning Music & Stretch (SR) 17  
10:45 Extra, Extra, Read All About It! (DR Lounge)  
1:30 Crafting for a Cause w/ Chanda (SR)  
3:00 Library Organization (Outside SR)  
4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)

10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Kathy (CS) 18  
1:30 Music & Sunshine w/ Amy (DAVS)  
1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)  
2:30 Would You Rather & Reminiscence w/ Amy (DAVS)  
3:30 Trivia w/ Amy (DR Lounge)

9:30 Daily Chronicle (SR) 19  
10:00 The Midwife (Netflix) (SR)  
10:45 Seated Tai Chi & Movement w/ Patrick (SR)  
1:30 Word Games w/ Kevin (SR)  
2:30 Seated Volleyball w/ Makayla (SR)  
3:30 Sing-A-Long w/ Makayla (SR)

9:00 Dominoes with Elliot (Hub C) 20  
9:30 Morning Moves w/ Makayla (SR)  
10:00 Daily Chronicle w/ Makayla (SR)  
10:15 Tasty Trivia! w/ Makayla (SR)  
1:15 Mahjong w/ Charlyne & Mona (Hub A)  
1:15 Fitness & Fun w/ Fitness Staff (SR)  
2:00 \$1 Bingo w/ Makayla (SR)  
3:30 Music & Schmooze w/ Makayla (DR Lounge)  
5:45 Movie Night: West Side Story-1961 (SR)

9:30 Scenic Drive (Sign Up-Limit 9) HUB B 21  
9:45 Morning Moves (SR)  
10:15 Daily Chronicle (SR)  
10:45 Schmooze w/ Rabbi Yaffa-Shira (DR Lounge)  
1:30 Art of the Western World (SR)  
2:00 Fancy Fingers w/ Eva (Outside SR)  
2:30 Current Events w/ Rick LeVine (SR)  
3:30 Live Entertainment: Hitoshi (SR)  
6:00 Reading Hebrew w/ Debby (HUB A)

9:30 Morning Moves w/ Ed (SR) 22  
10:00 News of the Day w/ Ed (SR)  
10:15 Sunroom Volleyball (SR)  
1:30 \$1 Bingo w/ Ed (SR)  
3:00 Whiteboard Challenge w/ Ed (SR)  
5:45 MOVIE NIGHT: Back To The Future-1985 (SR)

9:30 News of the Day! (SR) 23  
10:00 Beading w/ Rochelle (SR)  
1:15 Exercise to Music w/ Fitness Staff (SR)  
2:00 Fancy Fingers w/ Marianne (Outside SR)  
2:00 Live Entertainment: Naomi Alter! (SR)  
3:30 Happy Hour (DR Lounge)

9:45 Morning Music & Stretch (SR) 24  
10:30 Roger Hirsh Piano (SR)  
1:30 Nature-Inspired Rock Painting w/ Chanda (DAVS)  
3:00 Library Organization (Outside SR)  
4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)

10:00 Shabbat Services w/ Rabbi Yaffa-Shira (CS) 25  
1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)  
1:45 Israeli Dancing w/ Barbara (SR)  
2:30 Music & Sunshine w/ Amy (DAVS)  
3:30 Trivia w/ Amy (DR Lounge)

9:30 Morning Moves w/ Makayla (SR) 26  
10:00 Daily Chronicle (SR)  
10:30 All Campus Performance: Dancers w/ Heart (CS)  
1:30 Word Games w/ Kevin (SR)  
2:30 Afternoon Walk & Talk w/ Makayla (DAVS)  
3:30 Brain Teasers w/ Makayla (DR Lounge)

9:00 Dominoes with Elliot (Hub C) 27  
9:45 Daily Chronicle (SR)  
10:15 Seated Volleyball Competition w/ Makayla (SR)  
1:15 Mahjong w/ Charlyne & Mona (Hub A)  
1:15 Fitness & Fun w/ Fitness Staff (SR)  
1:30 Pet Therapy Visit w/ Kathy & Finn (DR Lounge)  
2:00 Trivia w/ Makayla  
3:00 Live Entertainment: Vincent Young (SR)  
5:45 Movie Night: Hairspray-2007 (SR)

9:30 Scenic Drive (Sign Up-Limit 9) HUB B 28  
9:30 Morning Moves (SR)  
10:15 Know the Comedian-Lucille Ball (SR)  
1:30 Art of the Western World (SR)  
2:00 Fancy Fingers w/ Eva (Outside SR)  
2:15 Pet Visit w/ Helen Woodward (SR)  
2:30 Current Events w/ Rick LeVine (SR)  
3:30 Daily Chronicle & Daily Scoop (SR)  
6:00 Reading Hebrew w/ Debby (HUB A)

9:30 Morning Moves w/ Ed (SR) 29  
10:00 The Daily Chronicle & Trivia (SR)  
10:15 Sunroom Volleyball (SR)  
1:30 \$1 Bingo w/ Ed (SR)  
3:00 Corner Store (SR)  
3:30 Trivia & Reminisce w/ Ed (DR Lounge)  
5:45 MOVIE NIGHT: The Bounty Hunter-2010 (SR)

9:30 Seated Volleyball (SR) 30  
10:45 Daily Chronicle & Daily Scoop (SR)  
1:00 Scenic Drive (Limit 9) Hub B  
1:15 Exercise to Music w/ Fitness Staff (SR)  
2:00 Fancy Fingers w/ Marianne (Outside SR)  
2:00 Whiteboard Challenge - Literature Edition (SR)  
3:30 Birthday Bash & Sing A-long w/ Karen (DR Lounge)

9:45 Morning Music & Stretch 31  
10:30 Word Games (SR)  
1:30 Storytelling Journals w/ Chanda (SR)  
3:00 Library Organization (Outside SR)  
4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)

We thank our contributors for making these programs possible:  
The Haimsohn Family Holiday Program  
Irwin & Joan Jacobs Cultural Program  
Irwin & Joan Jacobs Transportation Program  
The Galinson Family Rehabilitative Therapy Program  
The Merrill & Robert Haimsohn Alzheimer's Program  
Lipinsky Family Foundation Nursing Program  
The A. Wexler, R. Simon & E. Addleson Family Assisted Living Program

# January 2025 - Life Enrichment Newsletter

**AVS=** Annette's Village Square\*\*  
**ALLO=** Assisted Living Lounge  
**CL=** Computer Lab  
**CS=** Chodorow Synagogue  
**DR=** Dining Room  
**FC =** Fitness Center  
**FP =** Fireside Patio  
**GHC=** Goldberg Health  
**GR =** Game Room  
**GRC=** Goldberg Resident Court

## Room Codes

**LI=** Library (Building A)  
**LR =** Living Room  
**TVLO=** TV Lounge\*  
**MR =** Meeting Room  
**R=** Recreation Room\*  
**SR=** Sunroom  
**TH =**Theater  
**TR=** Tasting Room\*

## Buildings

**(A)** Independent Living  
**(B)** Healthcare Center  
**(C)** Administration  
**(D)** Assisted Living  
**(E)** Memory Care  
**(F)** Independent Living

\*\* Non Kosher except for tables directly outside

## Important Contacts

Katie Park - Building & Life Enrichment Director **760-516-2025**  
 Sophia Rucireta - Life Enrichment Specialist **(760) 632-8948**  
 Elizabeth Bejarano - Resident Services Coordinator **760-632-3717**  
 Fitness Center **760-632-3739**  
 Sheryl Seltser - Volunteer Liaison **760-632-3718**  
 Rabbi Yaffa-Shira - Director of Spiritual Life **760-942-2950**  
 Front Desk Reception - **760-632-0081**  
 Room Tray Line - **760-516-2009**

## Color Key

- Trips (Drives, Tours, & Shopping Loops)
- Religious Programming
- Special Programming

## Hair Salon Open Thursdays

To make an appointment, please come to the salon and write your name in the appointment book.



Howard D. 1/2—408  
 Susan R. 1/9—421  
 Miriam B. 1/10—411  
 Debby S. 1/12—335  
 Edwina A. 1/12—435

*“Wishing you all nothing but smiles, hugs and happiness!*

Love,  
 The Leichtag Assisted Living Family

## January Entertainment

### Concerts & Programs

January 1	10:00	Entertainment: Taylor Bassett
January 5	3:30	Entertainment: Tom Reich
January 13	10:30	Travel Log w/ Hernan
January 15	1:30	Entertainment: Glenn Kramer
January 21	3:30	Entertainment: Hitoshi
January 23	2:00	Entertainment: Naomi Alter

January 5,12,19	10:45	Tai Chi w/ Patrick
January 7, 14, 21, 28	2:30	Current Events w/ Rick Levine
January 11, 25	1:45	Israeli Folk Dancing w/ Barbara
January 13, 27	3:00	Entertainment: Vincent Young

### All Campus Performances in the Synagogue

January 26th	10:30	Dancers with Heart (CS)
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**Happy Hour:** Every Thursday at 3:30pm in the DR Lounge  
**Book Club:** w/ Keith every 1st & 3rd Thursday of the month in the Sunroom  
**Dominoes:** w/ Elliot every Monday at 9:00am in Hub C  
**Kathy & Finn:** 1/13 & 1/27 at 1:30pm in the DR Lounge  
**Fancy Fingers:** Tuesdays & Thursdays at 2:00pm outside of the Sunroom  
**Trivia:** w/ Jerry on 1/2 & 1/16 at 10:30am in the DR Lounge  
**Jewelry Making:** w/ Rochelle on 1/23 at 10:00 in the Sunroom  
**Scenic Drive:** Tuesday at 9:30am & Thursday at 1:00pm  
**Word Games:** w/ Kevin on 1/5, 1/19, 1/26 at 1:30pm in the Sunroom  
**Mahjong:** w/ Charlyne & Mona at 1:15 in Hub A  
**Sound Therapy:** w/ Kathleen on 1/9 at 9:00am in the Sunroom  
**Piano Performance:** w/ Roger Hirsch at 10:30 (SR)  
**Pet Visit:** w/ Helen Woodward on 1/28 at 2:15pm in the Sunroom

