

**Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday**

**1**

8:30 Guardian Room Opens  
 9:30 Chair Dancing  
 10:00 The Daily Chronicle  
 10:15 Miscellaneous Trivia  
 11:00 **Live Entertainment: Roger Hirsch!**  
 1:00 One on One Visits  
 2:00 "Survivor"  
 3:00 Sing-a-Long with Rich & Friends  
 4:00 "This and That" Trivia

**2**

8:30 Guardian Room Opens  
 9:30 Exercise to Music  
 10:00 **Live Entertainment: Glenn Kramer!**  
 11:00 White Board—Name 4  
 1:00 One on One Visits  
 2:00 **Residents Council Meeting in the TV Lounge**  
 3:00 Special Afternoon Bingo

**3**

8:30 Guardian Room Opens  
 9:30 **Fun with Fitness Staff**  
 10:00 A to Z Trivia  
 10:30 **Live Entertainment: Robert Hardaway!**  
 11:30 The Daily Chronicle  
 1:00 Afternoon Visits  
 2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)  
 3:00 BBC The Blue Planet: "Coral Seas"  
 4:00 White Board Brain Game - Name 10

**4**

8:30 Guardian Room Opens  
 9:30 Chair Dancing  
 10:00 The Daily Chronicle  
 10:15 Jeopardy!  
 11:00 **Eden Update**  
 1:00 Afternoon Visits  
 2:15 Afternoon Bingo  
 4:00 "Monk" Last Season  
 5:45 Art with Sharon!

**5**


8:30 Guardian Room Opens  
 9:30 **Live Entertainment: Naomi Alter!**  
 10:30 The Daily Chronicle  
 10:45 **Live Entertainment: Senior Samba w/Tamar!**  
 1:00 One on One Visits  
 2:00 Happy Hour in the Guardian Room  
 2:30 Movie: "Stepmom" w/Julie Roberts, Susan Sarandon & Ed Harris  
 3:00 Weekly Hand Massage & Manicure  
 5:45 Rick Time!

**6**

8:30 Guarding Room Opens  
 9:30 Body Movement  
 9:45 **Scenic Drive**  
 10:00 The Daily Chronicle  
 10:15 Trivia & Reminiscence  
 11:00 "Seinfeld"  
 1:00 Duke Wisper Memorial in Chodorow Synagogue  
 1:00 Afternoon Visits  
 2:00 Relax to Music in the Guardian Room or Patio (weather permitting)  
 3:00 Ancient Apocalypse: "The Americas" Season 2 Chapter 5  
 3:45 A to Z Trivia  
 4:30 **Shabbat Candle Lighting w/Rabbi Yaffa-Shira in the Dining Room**

**7**

**Pearl Harbor Remembrance Day**

8:30 Guardian Room Opens  
 10:00 **SHABBAT SERVICE w/Rabbi Yaffa-Shira & Cantor Mark In the Chodorow Synagogue & SVTV Ch 70**  
 1:00 One on One Visits  
 2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)  
 3:00 Movie: Agatha Christie's "Murder Most Foul"  
 4:35 The Daily Chronicle 

**8**

8:30 Guardian Room Opens  
 9:30 Chair Dancing  
 10:00 The Daily Chronicle  
 10:15 Miscellaneous Trivia  
 11:00 **Live Entertainment: Roger Hirsch!**  
 1:00 One on One Visits  
 2:30 **All Campus Concert in the Chodorow Synagogue: "Big Time Operator" a 16 pc Big Band**  
 3:45 "Survivor"

**9**

8:30 Guardian Room Opens  
 9:30 Exercise to Music  
 10:00 The Daily Chronicle  
 10:15 "Somebody Feed Phil"  
 11:15 White Board—Word Mining  
 1:00 One on One Visits  
 1:30 **Live Entertainment: Vincent Young!**  
 2:00 **Pet Therapy w/Finn**  
 2:45 "Explained" Episodes 10,11,12  
 4:00 "Monk" Last Season

**10**

8:30 Guardian Room Opens  
 9:30 **Fun with Fitness Staff**  
 10:00 The Daily Chronicle  
 10:15 A to Z Trivia  
 11:00 Balloon Sailing  
 1:00 Afternoon Visits  
 2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)  
 3:00 BBC The Blue Planet: "Tidal Seas"  
 4:00 White Board Brain Game - Name 10

**11**

8:30 Guardian Room Opens  
 9:30 Chair Dancing  
 10:00 **Live Entertainment: Taylor Bassett!**  
 11:00 **Rabbi Schmooze**  
 1:00 Afternoon Visits  
 2:15 Afternoon Bingo  
 4:00 "Monk" Last Season  
 5:45 Art with Sharon!

**12**

8:30 Guardian Room Opens  
 9:30 **Fun with Fitness Staff**  
 10:00 The Daily Chronicle  
 10:15 Everyday Trivia  
 11:00 Balloon Sailing  
 1:00 One on One Visits  
 2:00 Happy Hour in the Guardian Room  
 2:35 Movie: "Life of PI" w/Suraj Sharma & Gerard Depardieu  
 3:00 Weekly Hand Massage & Manicure  
 5:45 Rick Time!

**13**

8:30 Guardian Room Opens  
 9:30 Body Movement  
 10:00 The Daily Chronicle  
 10:15 Trivia & Reminiscence  
 11:00 **Pet Therapy w/Atticus**  
 11:00 "Seinfeld"  
 1:00 Afternoon visits  
 2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)\_  
 3:00 Ancient Apocalypse: "The Americas" Season 2 Episode 6  
 3:45 A to Z Trivia  
 4:30 **Shabbat Candle Lighting w/Rabbi Yaffa-Shira in the Dining Room**

**14**

8:30 Guardian Room Opens  
 10:00 **SHABBAT SERVICE w/Rabbi Yaffa-Shira & Cantor Kathy in the Chodorow Synangogue & SVTV Ch 70**  
 1:00 One on One Visits  
 2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)  
 3:00 Movie: Agatha Christie's "Murder she said ..."  
 4:30 The Daily Chronicle

**15**

8:30 Guardian Room Opens  
 9:30 Chair Dancing  
 10:00 **Chanukah Cookie Decorations w/Students from Beth Israel**  
 11:00 **Live Entertainment: Roger Hirsch!**  
 1:00 One on One Visits  
 2:00 "Survivor"  
 3:00 Sing-a-Long with Rick & Friends  
 4:00 "This and That" Trivia

**16**

8:30 Guardian Room Opens  
 9:30 Exercise to Music  
 10:00 **Live Entertainment: Glenn Kramer!**  
 11:00 White Board—Name 4  
 1:00 One on One Visits  
 2:15 Specific Afternoon Bingo  
 4:00 "Monk" Last Season

**17**

8:30 Guardian Room Opens  
 9:30 **Live Entertainment: Hitoshi!**  
 10:30 A to Z Trivia  
 11:00 Balloon Sailing  
 1:00 Afternoon Visits  
 2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)  
 3:00 BBC The Blue Planet: "Coasts"  
 4:00 White Board Brain Game - Name 10

**18**

8:30 Guardian Room Opens  
 9:30 Chair Dancing  
 10:00 The Daily Chronicle  
 10:15 Jeopardy!  
 11:00 **Chanukah Sing-A-Long w/Eden**  
 1:00 Afternoon Visits  
 2:15 Afternoon Bingo  
 4:00 "Monk" Last Season  
 5:45 **Chanukah Coloring w/Sharon!**

**19**

8:30 Guardian Room Opens  
 9:30 **Fun with Fitness Staff**  
 10:00 The Daily Chronicle  
 10:15 Everyday Trivia  
 11:00 "Survivor"  
 1:00 One on One Visits  
 2:00 Happy Hour in the Guardian Room  
 2:50 Movie: "The First Wives Club" with Bette Midler, Goldie Hawn and Diane Keaton  
 3:00 Weekly Hand Massage & Manicure  
 5:45 Rick Time!

**20**

8:30 Guardian Room Opens  
 9:30 Body Movement  
 10:00 **Live Entertainment: Taylor Bassett!**  
 11:00 "Seinfeld"  
 1:00 Afternoon Visits  
 2:00 Relax to Music in the Guardian Room or Patio (weather permitting)  
 3:00 The States: TX, MA, AZ, IO & DE  
 4:00 Miscellaneous Trivia  
 4:30 **Shabbat Candle Lighting w/Rabbi Yaffa-Shira in the Dining Room**

**21**

**Winter Begins!**

8:30 Guardian Room Opens  
 10:00 **SHABBAT SERVICE w/Rabbi Yaffa-Shira & Cantor Mark In the Chodorow Synagogue & SVTV Ch 70**  
 1:00 One on One Visits  
 2:00 Relax to Music in the Guardian Room or Patio (weather permitting)  
 3:00 Movie: Agatha Christie's "Murder Ahoy"  
 4:30 The Daily Chronicle 

**22**

8:30 Guardian Room Opens  
 9:30 Chair Dancing  
 10:00 The Daily Chronicle  
 10:15 Miscellaneous Trivia  
 11:00 **Live Entertainment: Roger Hirsch!**  
 1:00 One on One Visits  
 2:30 **All Campus Concert in the Chodorow Synagogue: "Kol Tefillah Jewish Women's Choir"**  
 3:45 "Survivor"

**23**

8:30 Guardian Room Opens  
 9:30 Exercise to Music  
 10:00 The Daily Chronicle  
 10:15 "Somebody Feed Phil"  
 11:15 White Board—Word Mining  
 1:00 One on One Visits  
 1:30 **Live Entertainment: Vincent Young!**  
 2:00 **Pet Therapy w/Finn**  
 2:45 Explained Episodes 13,14,15  
 4:00 "Monk" Last Season

**24**

8:30 Guardian Room Opens  
 9:30 **Fun with Fitness Staff**  
 10:00 The Daily Chronicle  
 10:15 A to Z Trivia  
 11:00 Balloon Sailing  
 1:00 Afternoon Visits  
 2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)  
 3:00 Miramax Collectors Series: "Everest"  
 4:00 White Board Brain Game - Name 10

**25**

**EREV CHANUKAH**

8:30 Guardian Room Opens  
 9:30 Chair Dancing  
 10:00 The Daily Chronicle  
 10:15 **Chanukah Trivia**  
 11:00 **Rabbi Schmooze**  
 1:00 Afternoon Visits  
 2:15 Afternoon Bingo  
 4:30 **Chanukah Candle Lighting w/Rabbi Yaffa-Shira in the Dining Room** 

**26**

**CHANUKAH**

8:30 Guardian Room Opens  
 9:30 **Fun with Fitness Staff**  
 10:00 The Daily Chronicle  
 10:15 Everyday Trivia  
 11:00 "Survivor"  
 1:00 One on One Visits  
 2:00 Happy Hour in the Guardian Room  
 2:00 Movie: "Father Goose" w/Cary Grant & Leslie Caron  
 3:00 Weekly Hand Massage/Manicure  
 4:30 **Chanukah Candle Lighting w/Rabbi Yaffa-Shira in the Dining Room**   
 5:45 Dreidel Games w/Rick!

**27**

**CHANUKAH**

8:30 Guardian Room Opens  
 9:30 Body Movement  
 10:00 The Daily Chronicle  
 10:15 Trivia & Reminiscence  
 10:45 **Live Entertainment: Senior Samba w/Tamar!**  
 1:00 Afternoon Visits  
 2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)  
 3:00 The States: NY, LA, OR, NM & VT   
 4:00 Miscellaneous Trivia  
 4:30 **Shabbat Candle Lighting w/Rabbi Yaffa-Shira in the Dining Room**

**28**

**CHANUKAH**

8:30 Guardian Room Opens  
 10:00 **SHABBAT SERVICE w/Rabbi Yaffa-Shira & Cantor Kathy In the Chodorow Synagogue & SVTV Ch 70**  
 1:00 One on One Visits  
 2:00 Relax to Music in the Guardian Room Or Patio (weather permitting)  
 2:50 Movie: Agatha Christie's "Murder at the Gallop"   
 4:30 **Chanukah Candle Lighting w/Cantor Kathy In the Dining Room**

**29**

**CHANUKAH**

8:30 Guardian Room Opens  
 9:30 Chair Dancing  
 10:00 The Daily Chronicle  
 10:30 **All Campus Concert in the Chodorow Synagogue: "The Sussman's"**  
 1:00 One on One Visits  
 2:00 "Survivor"  
 3:00 Sing-a-Long w/Rick  
 4:00 Everyday Trivia  
 4:30 **Chanukah Candle Lighting w/Cantor Kathy In the Dining Room** 

**30**

**CHANUKAH**

8:30 Guardian Room Opens  
 9:30 Exercise to Music  
 10:00 A to Z Trivia  
 10:30 **Live Entertainment: Robert Hardaway!**  
 11:30 The Daily Chronicle  
 1:00 One on One Visits  
 2:15 Specific Afternoon Bingo  
 3:30 "Monk" Last Season  
 4:30 **Chanukah Candle Lighting w/Cantor Kathy in the Dining Room** 

**31**

**New Years Eve CHANUKAH**

8:30 Guardian Room Opens  
 9:30 **Fun with Fitness Staff**  
 10:00 The Daily Chronicle  
 10:15 A to Z Trivia  
 11:00 Balloon Sailing  
 1:00 Afternoon Visits  
 2:00 Relax to Music in the Guardian Room or Patio (weather permitting)  
 3:00 Disney Nature: "Oceans"  
 4:30 **Chanukah & New Year's Eve Candle Lighting w/Cantor Kathy In the Dining Room**   
 5:00 **NEW YEAR'S EVE DINNER!!**

**December 2024 Life Enrichment Calendar**

Seacrest Village Retirement Communities at Encinitas  
 Dorothy & Joseph Goldberg Healthcare Center

[Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]

We thank our contributors for making these programs possible:

- The Haimsohn Family Holiday Program
- Irwin & Joan Jacobs Cultural Program
- Irwin & Joan Jacobs Transportation Program
- The Galinson Family Rehabilitative Therapy Program
- The Merrill & Robert Haimsohn Alzheimer's Program
- Lipinsky Family Foundation Nursing Program
- The A. Wexler, R. Simon & E. Addleson Family Assisted Living Program

