





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 Daily Chronicle (SR) <b>1</b></p> <p>10:00 The Mid-Wife: Netflix (SR)</p> <p>10:00 <b>Pet Therapy Visit w/ Christine and Leo! (DR Lounge)</b></p> <p>10:45 <b>Seated Tai Chi &amp; Movement w/ Patrick (SR)</b></p> <p>1:30 <b>Word Games w/ Kevin (SR)</b></p> <p>2:00 Bingo and Ice Cream Social (CS)</p> <p>2:30 Skip-Bo w/ Makayla (SR)</p> <p>3:30 <b>Live Entertainment: Tom Reich (SR)</b></p>	<p>9:00 <b>Dominoes with Elliot (Hub C)</b> <b>2</b></p> <p>9:30 Morning Exercise w/ Makayla (SR)</p> <p>10:15 News of the Day (SR)</p> <p>10:30 Suits Netflix (SR)</p> <p>10:30 Morning Exercise &amp; News of the Day (DR Lounge)</p> <p>1:00 Trip to the Shuk Market (IL 149)</p> <p>1:15 <b>Fitness &amp; Fun w/ Fitness Staff (SR)</b></p> <p>2:00 Public Health Lessons w/ Makayla (DR Lounge)</p> <p>2:00 Suits Netflix (SR)</p> <p>3:00 Public Health Lessons w/ Makayla (SR)</p> <p>5:45 Movie Night: With A Song In My Heart (SR)</p>	<p>9:30 <b>Scenic Drive (Sign Up-Limit 9) HUB B</b> <b>3</b></p> <p>9:30 Morning Moves (SR)</p> <p>10:00 Daily Chronicle (SR)</p> <p>10:30 White Board Games (DR Lounge)</p> <p>1:30 Trivia &amp; Music (DR Lounge)</p> <p>2:00 <b>Fancy Fingers w/ Eva (Outside SR)</b></p> <p>2:30 <b>Current Events w/ Rick LeVine (SR)</b></p> <p>3:00 Afternoon Exercise w/ Sophia (DR Lounge)</p> <p>3:30 Music and Sunshine (DAVS)</p>	<p>9:30 Morning Moves w/ Ed (SR) <b>4</b></p> <p>10:00 The Daily Chronicle &amp; Trivia (SR)</p> <p>10:15 White Board Tournament (SR)</p> <p>1:30 Corner Store (SR)</p> <p>1:45 Sunroom Volleyball (SR)</p> <p>3:00 Trip to the Shuk Market (IL 149)</p> <p>5:45 Movie Night: Sense &amp; Sensibility (SR)</p>	<p>9:30 <b>Book Club w/ Keith (SR)</b> <b>5</b></p> <p>10:30 <b>Trivia w/ Jerry (DR Lounge)</b></p> <p>1:00 <b>Scenic Drive (Limit 9) Hub B</b></p> <p>1:15 <b>Exercise to Music w/ Fitness Staff (SR)</b></p> <p>2:00 <b>Israeli Folk Dancing w/ Barbara (SR)</b></p> <p>2:45 Daily Chronicle &amp; Trivia (SR)</p> <p>3:30 <b>Happy Hour w/ Larry (DR Lounge)</b></p>	<p>9:45 Morning Music &amp; Stretch (SR) <b>6</b></p> <p>10:30 <b>Roger Hirsh Piano Performance (SR)</b></p> <p>1:30 <b>\$1 Bingo w/ Chanda (SR)</b></p> <p>3:00 Word Games w/ Sophia (SR)</p> <p>4:45 <b>Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)</b></p>	<p><b>Pearl Harbor Remembrance Day</b> <b>7</b></p> <p>10:00 Shabbat Services w/ Rabbi Yaffa-Shira (CS)</p> <p>1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)</p> <p>2:45 Music &amp; Sunshine w/ Amy (DAVS)</p> <p>4:00 Brain Games w/ Amy (SR)</p> 
<p>9:30 Daily Chronicle (SR) <b>8</b></p> <p>9:45 Name that Tune (SR)</p> <p>10:45 <b>Seated Tai Chi &amp; Movement w/ Patrick (SR)</b></p> <p>1:30 <b>Word Games w/ Kevin (SR)</b></p> <p>2:30 <b>"Sunday Symphony at Seacrest" w/ Big Time Operator (CS)</b></p> <p>3:30 Sunshine &amp; Relax (DAVS Patio)</p>	<p>9:00 <b>Dominoes with Elliot (Hub C)</b> <b>9</b></p> <p>9:30 Morning Exercise w/ Makayla (SR)</p> <p>10:15 Extra, Extra, Read all about it! (SR)</p> <p>10:30 <b>Travel Log: Ireland w/ Heman (SR)</b></p> <p>1:15 <b>Mahjong w/ Charlyne &amp; Mona (Hub A)</b></p> <p>1:30 <b>Pet Therapy Visit w/ Kathy &amp; Finn (DR Lounge)</b></p> <p>1:30 <b>Fitness &amp; Fun w Fitness Staff (SR)</b></p> <p>2:00 \$1 Bingo w/ Makayla (SR)</p> <p>3:00 <b>Live Entertainment: Vincent Young! (SR)</b></p> <p>5:45 Movie Night: The Way We Were (SR)</p>	<p>9:30 <b>Scenic Drive (Sign Up-Limit 9) HUB B</b> <b>10</b></p> <p>9:30 Morning Moves (SR)</p> <p>10:00 Daily Chronicle (SR)</p> <p>10:30 <b>Live Entertainment: Glenn Kramer! (SR)</b></p> <p>1:30 Art of the Western World (SR)</p> <p>2:00 <b>Fancy Fingers w/ Eva (Outside SR)</b></p> <p>2:30 <b>Current Events w/ Rick LeVine (SR)</b></p> <p>3:30 Music and Sunshine (DAVS)</p>	<p>9:30 Morning Moves w/ Ed (SR) <b>11</b></p> <p>10:00 The Daily Chronicle w/Ed (SR)</p> <p>10:30 Visions of France w/Ed (SR)</p> <p>1:30 Seated Volleyball w/Ed (SR)</p> <p>2:45 \$1 Bingo w/ Ed (SR)</p> <p>4:00 Reminisce w/ Ed (DR Lounge)</p> <p>5:45 Movie Night: The Best Years of Our Lives (SR)</p>	<p>9:00 <b>Sound Therapy w/ Kathleen (SR)</b> <b>12</b></p> <p>10:00 <b>Jewelry Making w/ Rochelle (SR)</b></p> <p>1:15 <b>Exercise to Music w/ Fitness Staff (SR)</b></p> <p>2:00 Trivia Time! (DR Lounge)</p> <p>2:45 Daily Chronicle (SR)</p> <p>3:30 <b>Happy Hour w/ Larry (DR Lounge)</b></p>	<p>9:45 Morning Music &amp;Stretch (SR) <b>13</b></p> <p>10:45 <b>Schmooze w/ Rabbi (DR Lounge)</b></p> <p>1:30 <b>Scrapbooking w/ Chanda (SR)</b></p> <p>3:00 Word Games w/ Sophia (SR)</p> <p>4:45 <b>Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)</b></p>	<p>10:00 Shabbat Services w/ Rabbi Yaffa-Shira (CS) <b>14</b></p> <p>1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)</p> <p>1:45 <b>Israeli Dancing w/ Barbara (SR)</b></p> <p>2:45 Music &amp; Sunshine w/ Amy (DAVS)</p> <p>4:00 Trivia w/ Amy (DR Lounge)</p>
<p>9:30 Daily Chronicle (SR) <b>15</b></p> <p>10:00 Time for the Mind (SR)</p> <p>10:45 <b>Seated Tai Chi &amp; Movement w/ Patrick (SR)</b></p> <p>1:30 <b>Word Games w/ Kevin (SR)</b></p> <p>2:30 Let's do a Puzzle w/ Makayla (SR)</p> <p>4:00 Reminiscing w/ Makayla (DR Lounge)</p>	<p>9:00 <b>Dominoes with Elliot (Hub C)</b> <b>16</b></p> <p>9:30 Morning Exercise w/ Makayla (SR)</p> <p>10:15 News of the Day (SR)</p> <p>10:45 Trivia Time w/ Makayla (SR)</p> <p>1:15 <b>Mahjong w/ Charlyne &amp; Mona (Hub A)</b></p> <p>2:00 \$1 Bingo w/ Makayla (SR)</p> <p>3:00 <b>Live Entertainment: Vincent Young! (SR)</b></p> <p>5:45 Movie Night: Seabiscuit (SR)</p>	<p>9:30 <b>Scenic Drive (Sign Up-Limit 9) HUB B</b> <b>17</b></p> <p>9:30 Morning Moves (SR)</p> <p>10:15 Daily Chronicle (SR)</p> <p>10:45 Remember That?! (SR)</p> <p>1:30 Theatre History Presentation (SR)</p> <p>2:00 <b>Fancy Fingers w/ Eva (Outside SR)</b></p> <p>2:30 <b>Current Events w/ Rick LeVine (SR)</b></p> <p>3:30 <b>Live Entertainment: Hitoshi (SR)</b></p>	<p>9:30 Morning Moves w/ Ed (SR) <b>18</b></p> <p>10:00 The Daily Chronicle w/ Ed (SR)</p> <p>10:15 The Doris Day Special (SR)</p> <p>1:30 <b>Live Entertainment: Glenn Kramer! (SR)</b></p> <p>2:30 White Board w/ Ed (SR)</p> <p>3:30 Music &amp; Schmooze w/ Ed (DR Lounge)</p> <p>5:45 Movie Night: Little Miss Sunshine (SR)</p>	<p>9:30 <b>Book Club w/ Keith (SR)</b> <b>19</b></p> <p>10:30 <b>Trivia w/ Jerry (DR Lounge Area)</b></p> <p>1:00 <b>Scenic Drive (Limit 9) Hub B</b></p> <p>1:15 <b>Exercise to Music w/ Fitness Staff (SR)</b></p> <p>2:00 <b>Israeli Folk Dancing w/ Barbara (SR)</b></p> <p>2:45 Daily Chronicle &amp; Trivia (SR)</p> <p>3:30 <b>Happy Hour w/ Karen &amp; Larry (DR Lounge)</b></p>	<p>9:45 Morning Music &amp; Stretch (SR) <b>20</b></p> <p>10:30 <b>Roger Hirsh Piano Performance (SR)</b></p> <p>1:30 <b>Art Hour w/ Chanda (SR)</b></p> <p>3:00 History of Comedy Presentation (SR)</p> <p>4:45 <b>Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)</b></p>	<p><b>Winter Begins!</b> <b>21</b></p> <p>10:00 Shabbat Services w/ Rabbi Yaffa-Shira (CS)</p> <p>1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)</p> <p>1:45 <b>Israeli Dancing w/ Barbara (SR)</b></p> <p>2:30 Art Hour: Let it Snow! w/ Amy (SR)</p> <p>4:00 Trivia &amp; Reminisce w/ Amy (DR Lounge)</p> 
<p>9:30 Morning Stretches w/ Makayla (SR) <b>22</b></p> <p>10:00 Daily Chronicle &amp; Reminisce w/ Makayla (SR)</p> <p>10:45 <b>Seated Tai Chi &amp; Movement w/ Patrick (SR)</b></p> <p>1:30 <b>Word Games w/ Kevin (SR)</b></p> <p>2:30 <b>All Campus Concert: Kol Tefillah (CS)</b></p> <p>3:45 Sunshine &amp; Music w/ Makayla (DAVS)</p>	<p>9:00 <b>Dominoes with Elliot (Hub C)</b> <b>23</b></p> <p>9:30 Morning Exercise w/ Makayla (SR)</p> <p>10:15 Daily Chronicle (SR)</p> <p>10:30 Word Games w/ Makayla (SR)</p> <p>1:00 Trip: 2 Pianos 4 Hands (previous sign up required)</p> <p>1:15 <b>Mahjong w/ Charlyne &amp; Mona (Hub A)</b></p> <p>1:30 <b>Pet Therapy Visit w/ Kathy &amp; Finn (DR Lounge)</b></p> <p>1:30 <b>Fitness &amp; Fun w/ Fitness Staff (SR)</b></p> <p>2:00 \$1 Bingo w/ Makayla (DAVS)</p> <p>3:15 Trivia w/ Makayla (DR Lounge)</p> <p>5:45 Movie Night: Guys and Dolls (SR)</p>	<p>9:30 <b>Scenic Drive (Sign Up-Limit 9) HUB B</b> <b>24</b></p> <p>9:30 Morning Moves (SR)</p> <p>10:00 Daily Chronicle (SR)</p> <p>10:45 <b>Schmooze w/ Rabbi (DR Lounge)</b></p> <p>1:30 Art of the Western World (SR)</p> <p>2:00 <b>Fancy Fingers w/ Eva (Outside SR)</b></p> <p>2:15 <b>Pet Visit w/ Helen Woodward (SR)</b></p> <p>2:30 <b>Current Events w/ Rick LeVine (SR)</b></p> <p>3:30 Music and Sunshine (DAVS)</p>	<p><b>First Night of Chanukah</b> <b>25</b></p> <p>9:30 Morning Moves w/ Ed (SR)</p> <p>10:00 The Daily Chronicle &amp; Trivia w/Ed (SR)</p> <p>10:15 Great Women Singers of the 20th Century: Rosemary Clooney (SR)</p> <p>1:30 After Lunch Walk-About (DAVS)</p> <p>2:30 Art Hour w/ Ed (SR)</p> <p>3:45 Music and Schmooze (DR Lounge)</p> <p>4:30 <b>Chanukah Music w/ Naomi Alter (DR)</b></p> <p>4:45 <b>Chanukah Candle Lighting (DR)</b></p> <p>5:45 Movie Night: Man's Favorite Sport (SR)</p> 	<p><b>Chanukah</b> <b>26</b></p> <p>9:30 News of The Day (SR)</p> <p>10:00 <b>Beading w/ Rochelle (SR)</b></p> <p>1:15 <b>Exercise to Music w/ Fitness Staff (SR)</b></p> <p>2:00 <b>Monthly Birthday Party (SR)</b></p> <p>2:00 Culinary Meeting (DR)</p> <p>3:30 <b>Sing-Along-Happy Hour w/ Karen, Emily &amp; Brianna (DR Lounge Area)</b></p> <p>4:45 <b>Chanukah Candle Lighting w/ Rabbi Yaffa-Shira (DR)</b></p> 	<p><b>Chanukah</b> <b>27</b></p> <p>9:45 Morning Music &amp; Stretch (SR)</p> <p>10:30 Word Games w/ Sophia (SR)</p> <p>1:30 <b>Art Hour w/ Chanda (SR)</b></p> <p>2:45 Daily Chronicle (SR)</p> <p>3:00 Comedy Hour w/ Sophia (SR)</p> <p>4:45 <b>Chanukah &amp; Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)</b></p> 	<p><b>Chanukah</b> <b>28</b></p> <p>10:00 Shabbat Services w/ Rabbi Yaffa-Shira (CS)</p> <p>1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)</p> <p>2:45 Seated Volleyball w/ Amy (SR)</p> <p>3:45 Did You Know? w/ Amy (SR)</p> <p>4:45 <b>Chanukah Candle Lighting w/ Rabbi Yaffa-Shira (DR)</b></p> 

**Chanukah** **29**

9:30 Daily Chronicle (SR)

10:00 The Mid-Wife: Netflix (SR)

10:30 **All Campus Concert: The Sussman's (CS)**


10:45 **Seated Tai Chi & Movement w/ Patrick (SR)**

1:30 Noodle Ball w/ Makayla (SR)

2:30 Skip-Bo w/ Makayla (SR)

3:30 Word Games w/ Makayla (SR)

4:45 **Chanukah Candle Lighting w/ Rabbi Yaffa-Shira (DR)**



**Chanukah** **30**

9:00 **Dominoes with Elliot (Hub C)**

9:30 Morning Exercise w/ Makayla (SR)

10:15 Daily Chronicle & Trivia (SR)

1:15 **Mahjong w/ Charlyne & Mona (Hub A)**

1:15 **Flexibility & Strength w/ Fitness Staff (SR)**


2:00 \$1 Bingo w/ Makayla (SR)

3:00 White Board Games w/ Makayla (SR)

5:45 Movie Night: (SR)

4:45 **Chanukah Candle Lighting w/ Rabbi Yaffa-Shira (DR)**

5:45 Movie Night: Hot August Night (SR)



**New Years Eve Chanukah** **31**

9:30 **Scenic Drive (Sign Up-Limit 9) HUB B**

9:30 Morning Moves (SR)

10:00 Daily Chronicle (SR)

1:30 Art of the Western World (SR)

2:00 **NYE Concert: Just Us 4 (CS)**


2:00 **Fancy Fingers w/ Eva (Outside SR)**

2:30 **Current Events w/ Rick LeVine (SR)**

3:00 Music & Sunshine (DAVS)

5:00 **Chanukah Candle Lighting w/ Rabbi Yaffa-Shira (DR)**

5:15 NYE Dinner & Celebration! (CS)



**December 2024 Life Enrichment Calendar**

Seacrest Village Retirement Communities at Encinitas  
Leichtag Assisted Living

[Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]

We thank our contributors for making these programs possible:

- The Haimsohn Family Holiday Program
- Irwin & Joan Jacobs Cultural Program
- Irwin & Joan Jacobs Transportation Program
- The Galinson Family Rehabilitative Therapy Program
- The Merrill & Robert Haimsohn Alzheimer's Program
- Lipinsky Family Foundation Nursing Program
- The A. Wexler, R. Simon & E. Addleson Family Assisted Living Program



## Room Codes

**DAVS**= Dave & Annette's Village Square\*\*  
**CL**=Computer Lab  
**CS-DR**= Chodorow Synagogue/ Dining Room  
**FC** = Fitness Center  
**FP** = Fireside Patio  
**GHC**= Goldberg Healthcare  
**GR**= Guardian Room in GHC

**LI**= Library (Building A)  
**R**= Recreation Room\*  
**SR**= Assisted Living Sunroom (upstairs)  
**TH** =Theater  
**TR**= Tasting Room\*  
**TVLO**= TV Lounge\*

## Buildings

**(A)** Independent Living  
**(B)** Healthcare Center  
**(C)** Administration  
**(D)** Assisted Living  
**(E)** Memory Care  
**(F)** Independent Living

\*\* Non Kosher except for tables directly outside Mel's Café  
 \* Non Kosher



**Roy B. 12/2—448**



## Important Contacts

**Mary Fawell** 760-516-2040  
*Building Director*

**Sophia Rucireta** 760-632-3708  
*Life Enrichment Specialist*

**Rabbi Yaffa-Shira** 760-942-2950  
*Director of Spiritual Life*

**Katie Park** 760-516-2025  
*Director of GRC/Campus Life Enrichment*

**Fitness Program Coordinator** 760-632-3739

**Sheryl Seltser** 760-632-3718  
*Volunteer Liaison*

**Front Desk/Administration** 760-632-0081

## Color Key

- Fitness Programs
- Religious Programming
- Special Programming/Resident Council
- Webinar Programming
- Vendors/Volunteers

## Hair Salon Open Fridays

To make an appointment, please come to the salon and write your name in the appointment book.

## Saturday Shabbat Services:

**10:00—11:15 AM**  
 In  
 Chodorow Synagogue  
 &  
 On Channel 1390

## Movie Nights!

**Monday & Wednesday**  
**5:45pm in the Sunroom**

## December Entertainment

### Concerts & Programs

December 1 3:30 Entertainment: Tom Reich  
 December 9 10:30 Travel Log w/ Hernan  
 December 10 10:30 Entertainment: Glenn Kramer  
 December 18 1:30 Entertainment: Glenn Kramer  
 December 12 9:00 Sound Therapy w/ Kathleen  
 December 17 3:30 Entertainment: Hitoshi  
 December 31 3:30 NYE Happy Hour!  
 December 31 5:15 NYE Dinner & Celebration (CS)

December 1, 8, 15, 22, 29 10:45 Tai Chi w/ Patrick  
 December 3, 10, 17, 24, 31 2:30 Current Events w/ Rick Levine  
 December 5, 14, 19, 21 2:00 Israeli Folk Dancing w/ Barbara  
 December 9, 16 3:00 Vincent Young  
 December 26, 27, 28, 29, 30 4:45 Chanukah Candle Lighting (DR)

### All Campus Concerts in the Synagogue

December 1st 2:00 Bingo & Ice Cream Social (CS)  
 December 8th 2:30 Sunday Symphony at Seacrest w/ Big Time Operator (CS)  
 December 22nd 2:30 Kol Tefillah (CS)  
 December 29th 10:30 The Sussman's (CS)  
 December 31st 2:00 "Just Us Four" (CS)



**Happy Hour:** Every Thursday at 3:30pm in the DR Lounge  
**Dominoes:** w/ Elliot Every Monday at 9:00am in Hub C  
**Kathy & Finn:** 11/11 & 11/25 at 1:30pm in the DR Lounge  
**Fancy Fingers:** Tuesday & Thursday at 2:00pm Outside the Sunroom  
**Trivia w/ Jerry:** 11/6, 11/20 10:30am in the DR Lounge  
**Jewelry Making:** w/ Rochelle: 10:00am in the Sunroom  
**Script Reading:** every Monday at 2:00pm in the Sunroom  
**Scenic Drive:** Tuesday at 9:30am & Thursday at 1:00pm