

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<p style="text-align:center;">1</p> <p>9:30 Daily Chronicle (SR) 9:45 Lincoln Lawyer: Netflix (SR) 11:00 Seated Tai Chi & Movement w/ Patrick (SR) 1:30 Word Games w/ Kevin & Ruby (DAVS) 2:00 Mike Goldman's 90th Birthday Party (SR) 3:30 Concert: Tom Reich (SR)</p>	<p style="text-align:center;">2</p> <p style="text-align:center;">LABOR DAY</p> <p>9:00 Dominoes with Elliot (Hub C) 9:30 Morning Exercise w/Ed (SR) 10:00 The Daily Chronicle (SR) 10:15 Suits: Netflix (SR) 1:15 Mahjong w/ Charlyne & Mona (Hub A) 1:15 Flexibility & Strength w Fitness Staff (SR) 2:00 Script Reading w/ LE Staff (SR) 3:00 White Board Games (DAVS) 5:45 Movie Night: Hester Street 1975 (SR)</p>	<p style="text-align:center;">3</p> <p>9:30 Scenic Drive (Sign Up-Limit 9) HUB B 9:30 Morning Moves (SR) 10:00 Daily Chronicle (SR) 10:00 Brandeis Lecture: American Fears & Hopes (CS) 10:15 Documentary : New York (SR) 10:45 Schmooze w/ the Rabbi (DR Lounge) 1:30 Art of the Western World (SR) 2:00 Fancy Fingers w/ Eva (Outside SR) 2:30 Current Events w/ Rick LeVine (SR) 3:30 Music and Sunshine (DAVS)</p>	<p style="text-align:center;">4</p> <p>9:45 Morning Stretches (SR) 10:15 The Daily Chronicle (SR) 10:30 Sunroom Volleyball (SR) 1:30 Schmooze on the Patio w/ Sophia (DAVS) 2:30 Improv w/ Sophia (SR) 3:00 Adult Education w/ Rabbi Yaffa-Shira (TH) 3:30 Trivia & Reminiscence (SR) 5:45 MOVIE NIGHT: Bee Season 2005 (SR)</p>	<p style="text-align:center;">5</p> <p>9:30 Daily Chronicle (SR) 9:45 White Board Games (SR) 10:30 Trivia w/ Jerry (DR Lounge Area) 1:00 Afternoon Outing (Limit 9) Hub B 1:15 Exercise to Music w/ Kristin (SR) 2:00 Fancy Fingers (Outside SR) 2:00 Concert: Naomi Alter (SR) 3:30 Happy Hour (DR Lounge)</p>	<p style="text-align:center;">6</p> <p>9:30 Armchair Astronomy: Ken Van Lew (TH) 9:45 Sun Room Volleyball (SR) 10:45 Word Games w/ Makayla (SR) 10:45 Roger Hirsh Piano (SR) 1:30 \$1 Bingo w/ LE Staff (SR) 3:15 Word Games w/ LE Staff (SR) 4:45 Shabbat Blessings w/ Rabbi Yaffa-Shira (DR)</p>	<p style="text-align:center;">7</p> <p>10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Kathy (CS & 1390) 1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS) 1:30 Trivia w/ Makayla (DAVS) 2:30 Music & Schmooze (DAVS) 2:30 Classic Movies Saturdays (IL Theatre) 3:30 Seated Israeli Folk Dancing w/ Barbara (CS)</p>
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<p style="text-align:center;">8</p> <p style="text-align:center;">Grandparents' Day</p> <p>9:30 Daily Chronicle (SR) 10:30 All Campus Performance: Irish Dancers (CS) 11:00 Seated Tai Chi & Movement w/ Patrick (SR) 1:30 Grandparent's Day Reception & Tile Painting - DAVS Patio 1:30 Word Games w/ Kevin (SR)</p>	<p style="text-align:center;">9</p> <p>9:00 Dominoes with Elliot (Hub C) 9:30 Morning Exercise w/Ed (SR) 10:00 UCSD Webinar (TH) 10:00 Daily Chronicle (SR) 10:30 Travel Log w/ Hernan Perez (SR) 1:15 Mahjong w/ Charlyne & Mona (Hub A) 1:15 Flexibility & Strength w Fitness Staff (SR) 1:30 Pet Visit w/ Kathy & Finn (DR Lounge) 2:00 Script Reading w/ LE Staff (SR) 3:00 Concert: Vincent Young (SR) 5:45 Movie Night: The Legend of Zorro 2008(SR)</p>	<p style="text-align:center;">10</p> <p>9:30 Scenic Drive (Sign Up-Limit 9) HUB B 9:30 Morning Moves (SR) 10:00 Daily Chronicle (SR) 10:30 UCSD Webinar (CS) 10:30 White Board Games (SR) 1:30 Art of the Western World (SR) 2:00 Fancy Fingers w/ Eva (Outside SR) 2:30 Current Events w/ Rick LeVine (SR) 3:30 Music and Sunshine (DAVS)</p>	<p style="text-align:center;">11</p> <p>9:45 Morning Stretches (SR) 10:15 The Daily Chronicle (SR) 10:30 Sunroom Volleyball (SR) 1:30 Corner Store (SR) 2:30 Improv w/ Sophia (SR) 3:30 Schmooze on the Patio (DAVS) 5:45 MOVIE NIGHT: Mama Mia 2008 (SR)</p>	<p style="text-align:center;">12</p> <p>9:00 Sound Therapy w/ Kathleen (SR) 10:00 Resident Council Meeting (DR Lounge) 1:00 Scenic Drive (Limit 9) Hub B 1:15 Exercise to Music w/ Kristin (SR) 2:00 Fancy Fingers (Outside SR) 2:00 Eden's Update: Get to know Eden (SR) 3:30 Happy Hour w LE staff DR Lounge</p>	<p style="text-align:center;">13</p> <p>9:45 Sun Room Volleyball (SR) 10:45 Word Games w/ Amy (SR) 10:45 Roger Hirsh Piano (SR) 1:30 \$1 Bingo w/ LE Staff (SR) 3:15 Sing-along w/ Amy (SR) 4:45 Shabbat Blessings w/ Rabbi Yaffa-Shira (DR)</p>	<p style="text-align:center;">14</p> <p>10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Mark (Outdoor DAVS) 1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS) 1:30 Geography w/ Amy (SR) 2:30 Word Games w/ Amy (SR) 2:30 Classic Movies Saturdays (IL Theatre) 3:30 Seated Israeli Folk Dancing w/ Barbara (CS)</p>
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<p style="text-align:center;">15</p> <p>9:30 Daily Chronicle (SR) 9:45 Lincoln Lawyer- Netflix (SR) 10:30 Concert: Shalom Strings (CS) 11:00 Seated Tai Chi & Movement w/ Patrick (SR) 1:30 Word Games w/ Kevin (SR) 2:30 Walk-about with Ed (DAVS patio) 3:30 Sing Along w/ Susie Q. (SR)</p>	<p style="text-align:center;">16</p> <p>9:00 Dominoes with Elliot (Hub C) 9:30 Morning Exercise w/Ed (SR) 10:00 Daily Chronicle (SR) 10:00 UCSD Webinar (CS) 10:15 Suits: Net Flix (SR) 1:15 Mahjong w/ Charlyne & Mona (Hub A) 1:15 Fitness & Fun w Fitness Staff (SR) 1:30 Pet Visit w/ Kathy & Finn (DR Lounge) 2:00 Script Reading w/ LE Staff (SR) 3:00 Art w/ Susan (SR) 5:45 Movie Night: Mrs. Doubtfire 1993 (SR) 6:30 \$1 Bingo (CS)</p>	<p style="text-align:center;">17</p> <p>9:30 Scenic Drive (Sign Up-Limit 9) HUB B 9:30 Morning Moves (SR) 10:00 Daily Chronicle (SR) 10:15 Trivia & Reminiscence (SR) 10:45 Schmooze w/ the Rabbi (DR Lounge) 1:30 Art of the Western World (SR) 2:00 Fancy Fingers w/ Eva (Outside SR) 2:30 Current Events w/ Rick LeVine (SR) 3:30 Entertainment with Hitoshi (SR)</p>	<p style="text-align:center;">18</p> <p>9:45 Morning Stretches (SR) 10:15 The Daily Chronicle (SR) 10:30 Sunroom Volleyball (SR) 1:30 Concert: Glenn Kramer (SR) 2:30 Trivia (DR Lounge) 3:00 Food For Thought w/ Erica (DR Lounge) 3:00 Adult Education w/ rabbi Yaffa-Shira (TH) 5:45 MOVIE NIGHT: A Night at the Museum 2006</p>	<p style="text-align:center;">19</p> <p style="text-align:center;">Flu Vaccine Clinic</p> <p>9:30 Senior Samba w/Tamar (SR) 10:30 Trivia w/ Jerry (DR Lounge Area) 1:00 Afternoon Outing (Limit 9) Hub B 1:15 Exercise to Music w/ Kristin (SR) 2:00 Fancy Fingers (Outside SR) 2:00 Eden's Update: Eden gets to know you (SR) 3:30 Happy Hour w LE staff (DR Lounge)</p>	<p style="text-align:center;">20</p> <p>9:45 Sun Room Volleyball (SR) 10:00 Brandeis Lecture: Historical Fiction (CS) 10:45 Word Games w/ Amy (SR) 10:45 Roger Hirsh Piano (SR) 1:30 \$1 Bingo w/ LE Staff (SR) 3:15 Sing-Along w/ Amy (SR) 4:45 Shabbat Blessings w/ Rabbi Yaffa-Shira (DR)</p>	<p style="text-align:center;">21</p> <p>10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Kathy (CS & 1390) 1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS) 1:30 Word Games (SR) 2:30 Geography w/ Amy (SR) 2:30 Classic Movie Saturday: (TH) 3:30 Schmooze on the Patio (DAVS)</p>
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<p style="text-align:center;">22</p> <p style="text-align:center;">First day of Autumn</p> <p>9:30 Daily Chronicle (SR) 9:45 Lincoln Lawyer- Netflix (SR) 11:00 Trivia (SR) 1:30 Word Games w/ Kevin (SR) 2:30 Walk-about with Ed (DAVS patio) 3:30 Music on the Patio (DAVS)</p>	<p style="text-align:center;">23</p> <p>9:00 Dominoes with Elliot (Hub C) 9:30 Morning Exercise w/Ed (SR) 10:15 Suits Net Flix (SR) 1:15 Mahjong w/ Charlyne & Mona (Hub A) 1:30 Pet Visit w/ Kathy & Finn (DR Lounge) 1:15 Flexibility & Strength w Fitness Staff (SR) 2:00 Script Reading w/ LE Staff (SR) 3:00 Concert: Vincent Young (SR) 5:45 Movie Night: the Grapes of Wrath 1939 (SR)</p>	<p style="text-align:center;">24</p> <p>9:30 Scenic Drive (Sign Up-Limit 9) HUB B 9:30 "Not so Shy" w/ Noa Nimridi (SR) 10:00 Brandeis Lecture: Jewish Themed Film (CS) 10:00 Daily Chronicle (SR) 1:30 Art of the Western World (SR) 2:00 Fancy Fingers w/ Eva (Outside SR) 2:15 Pet Visit w/ Helen Woodward (SR) 2:30 Current Events w/ Rick LeVine (SR) 3:30 Music and Sunshine (DAVS) 6:00 Ground Hog Day Movie -Plus High Holiday Discussion w/ Rabbi Yaffa-Shira (TH)</p>	<p style="text-align:center;">25</p> <p>9:45 Morning Stretches (SR) 10:15 The Daily Chronicle (SR) 10:30 Sunroom Volleyball (SR) 1:45 Corner Store (SR) 2:30 Autumn Trivia (SR) 3:30 Sunshine & Music (DAVS) 5:45 MOVIE NIGHT: The War of the Roses 1989 (SR)</p>	<p style="text-align:center;">26</p> <p>9:30 Daily Chronicle (SR) 10:00 Jewelry Making w/ Rochelle (SR) 12:00 Lunch Outing (Limit 7) Hub B 1:15 Exercise to Music w/ Kristin (SR) 2:00 Eden & Van Gogh (SR) 2:00 Fancy Fingers (Outside SR) 2:30 Culinary Meeting (DR Lounge) 3:30 Sing Along-Happy Hour w/ Emily (DR Lounge)</p>	<p style="text-align:center;">27</p> <p>9:00 Scenic Drive (Limit 9) Hub B 9:45 Sun Room Volleyball (SR) 10:45 Word Games w/ Amy (SR) 10:45 Roger Hirsh Piano (SR) 1:30 \$1 Bingo w/ LE Staff (SR) 3:15 Word Games w/ LE Staff (SR) 4:45 Shabbat Blessings w/ Rabbi Yaffa-Shira (DR)</p>	<p style="text-align:center;">28</p> <p style="text-align:center;">Selichot</p> <p>10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Mark (CS & 1390) 1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS) 1:30 Music & Schmooze (DAVS) 2:30 Trivia & Geography (SR) 2:30 Classic Movie Saturday: (TH) 3:30 Seated Israeli Folk Dancing w/Barbara (CS) 6:30 Selichot Services (CS)</p>
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<p style="text-align:center;">29</p> <p>9:30 Daily Chronicle (SR) 10:00 Lincoln Lawyer -Net flix (SR) 11:00 Seated Tai Chi & Movement w/ Patrick (SR) 1:30 Word Games w/ Kevin (SR) 2:30 Walk-about with Ed (DAVS patio) 3:30 Music & Sunshine (DAVS)</p>	<p style="text-align:center;">30</p> <p>9:00 Dominoes w/ Elliot (Hub C) 9:30 Morning Exercise w/Ed (SR) 10:00 Daily Chronicle (SR) 10:15 Suits Net Flix (SR) 1:15 Mahjong w/ Charlyne & Mona (Hub A) 1:15 Fitness & Fun w Fitness Staff (SR) 2:00 Script Reading w/ LE Staff (SR) 3:00 The Box on the Top Shelf w/ Barbara Appleby- A true story "Generations of her Family" (SR) 5:45 Movie Night: The Shootist 1976 (SR) 6:30 \$1 Bingo (CS)</p>		<div style="background-color: #f4a460; padding: 10px; border: 2px solid black;"> <h2 style="margin:0;">September 2024 Life Enrichment Calendar</h2> <p style="margin:5px 0;">Seacrest Village Retirement Communities at Encinitas Leichtag Family Assisted Living</p> <p style="margin:0;">[Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]</p> </div>	<div style="background-color: #f4a460; padding: 10px; border: 2px solid black;"> <p style="margin:0; font-size: small;">We thank our contributors for making these programs possible:</p> <ul style="list-style-type: none"> The Haimsohn Family Holiday Program Irwin & Joan Jacobs Cultural Program Irwin & Joan Jacobs Transportation Program The Galinson Family Rehabilitative Therapy Program The Merrill & Robert Haimsohn Alzheimer's Program Lipinsky Family Foundation Nursing Program The A. Wexler, R. Simon & E. Addleson Family Assisted Living Program </div>	
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September 2024 - Life Enrichment Newsletter

AVS= Annette's Village Square**
ALLO= Assisted Living Lounge
CL= Computer Lab
CS= Chodorow Synagogue
DR= Dining Room
FC = Fitness Center
FP = Fireside Patio
GHC= Goldberg Health
GR = Game Room
GRC= Goldberg Resident Court

Room Codes

LI= Library (Building A)
LR = Living Room
TVLO= TV Lounge*
MR = Meeting Room
R= Recreation Room*
SR= Sunroom
TH =Theater
TR= Tasting Room*

Buildings

(A) Independent Living
(B) Healthcare Center
(C) Administration
(D) Assisted Living
(E) Memory Care
(F) Independent Living

** Non Kosher except for tables directly outside Mel's Café
 * Non Kosher



{Birthdays}

Barbara O. 434
 Shirley G. 311

**Come Celebrate
 Grandparents
 Day on
 September 8th
 (DAVS Patio)**



Important Contacts

Mary Fawell 760-516-2040
Building Director

Ed Burr 760-632-3708
Life Enrichment Specialist

Rabbi Yaffa-Shira 760-942-2950
Director of Spiritual Life

Katie Park 760-516-2025
Director of GRC/Campus Life Enrichment

Kristin Sutton 760-632-3739
Fitness Program Coordinator

Sheryl Seltser 760-632-3718
Volunteer Liaison

Front Desk/Administration 760-632-0081

Color Key

- Vendors & Volunteers
- Religious Programming
- Special Programming/ Resident Council
- Webinar Programming
- Fitness Center Programs

Hair Salon Open Fridays

To make an appointment, please come to the salon and write your name in the appointment book.

Saturday Shabbat Services:

10:00—11:15 AM
 In
 Chodorow Synagogue
 &
 On Channel 1390

Movie Nights!

**Monday & Wednesday
 5:45pm in the Sunroom**

Entertainment

Happy Hour is every
 Thursday from
 3:30pm to 4:30pm



Concerts in the Sun Room:

Sept. 1 3:30 Tom Reich
 Sept. 5 2:00 Naomi Alter
 Sept. 9 10:30 travelogue w/ Hernan
 Sept. 9 3:00 Vincent Young
 Sept. 12 9:00 Sound Therapy
 Sept. 18 1:30 Glen Kramer
 Sept. 19 9:30 Senor Samba w/ Tamar
 Sept. 23 3:00 Vincent Young
 Sept. 29 10:00 Musical memories w/ Ron
 Fridays w/ Roger Hirsh -10:45 in the SR

Fancy Fingers: Tuesday & Thursday :2:00pm
 (Outside Sunroom) Sign up sheet in lobby

Program Highlights

Happy Hour :Thursday at 3:30
 The last Thursday of the month:
 Sing along w/ Emily- Happy Hour
 (DR Lounge)

9/3 : 2:30pm Rick Levine: Current Events (SR)
 9/10: 2:30pm Rick Levine: Current Events (SR)
 9/17: 2:30pm Rick Levine : Current Events (SR)
 9/24: 2:30pm Rick Levine: Current Events (SR)

Trips: Tuesday departs 9:00 in the AM
Thursdays departs 1:00 in the PM
Hub B -previous sign up required

Dominoes w/ Elliot-Every Monday at 9:00 in Hub C
Mahjong w/ Mona & Charlyne- every Monday at 1:15 Hub A

Pet Therapy Dogs: Finn & Kathy
 September 9 & 23 at 1:30 (DR Lounge)

Discussion Groups:
9/12 : Resident Council Meeting (DR Lounge)
9/18: Food for Thought w/ Erica (DR lounge)

Religious Education w/Rabbi Yaffa-Shira:
 Wed September 4 & 18 3pm Adult Education (TH)
 Sun September 7, 14, 21, 28 Shabbat Limud
 Tuesdays-September 3 & 17: Schmooze w/ Rabbi Yaffa-Shira
 (DR Lounge)

All Campus Concerts:
 9/8: Grandparents Day: Irish Dancers 10:30 (CS)
 9/15 Shalom Strings: 10:30 (CS)

Bus Outings this Month:

Lunch Outing 9/26: 12pm-2pm (Limit 7)
9:30am Scenic Drives: 9/3, 9/10, 9/17, 9/24 (Limit 9)
1:00pm Scenic Drive: 9/5, 9/12, 9/19, (Limit 9)