

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2025 Life Enrichment Calendar

Seacrest Village Retirement Communities at Encinitas

**Leichtag Family Assisted Living**  
[Activities can occur at any time and are not limited to formal activity staff. All activities are subject to change.]



We thank our contributors for making these programs possible:  
The Haimsohn Family Holiday Program  
Irwin & Joan Jacobs Cultural Program  
Irwin & Joan Jacobs Transportation Program  
The Galinson Family Rehabilitative Therapy Program  
The Merrill & Robert Haimsohn Alzheimer's Program  
Lipinsky Family Foundation Nursing Program  
The A. Wexler, R. Simon & E. Adleson Family Assisted Living Program

10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Kathy (CS & 1390)  
1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)  
1:30 Sunroom Volleyball w/ Amy (SR)  
2:45 Whiteboard Games w/ Amy (SR)  
3:45 Trivia w/ Amy (SR)

2  
9:30 Daily Chronicle (SR)  
10:00 Trivia Time w/ Makayla (SR)  
10:45 Seated Tai Chi & Movement w/ Patrick (SR)  
1:30 Word Games w/ Kevin (SR)  
2:30 Concert: Shirim B'Lev Jewish Women's Choir (CS)  
3:30 Concert: Tom Reich (SR)

3  
9:00 Dominoes with Elliot (Hub C)  
9:30 Daily Chronicle & Discussion (SR)  
10:00 Morning Moves w/ Makayla (SR)  
10:45 Trivia w/ Makayla (SR)  
1:15 Mahjong w/ Charlyne & Mona (Hub A)  
1:15 Fitness & Fun w/ Fitness Staff (SR)  
2:00 Bouquet Making w/ Makayla (SR)  
3:15 Sing-a-long w/ Makayla  
5:45 Movie Night: Persuasion (1995) (SR)

4  
9:30 Scenic Drive (Sign Up-Limit 9) HUB B  
9:30 Senior Samba w/ Tamar! (SR)  
10:30 Mind Exercises (SR)  
1:30 Seated Volleyball & Music (SR)  
2:00 Fancy Fingers w/ Eva (Outside SR)  
2:30 Current Events w/ Rick LeVine (SR)  
3:30 Stand Up Comedy Trivia (DR Lounge)

5  
9:30 Morning Moves w/ Ed (SR)  
10:00 Live Entertainment: Taylor Bassett!  
11:00 Daily Chronicle & Trivia  
1:30 \$1 Bingo w/ Ed & Danny (SR)  
3:00 Andy Williams in Concert (SR)  
3:45 Music & Schmooze w/ Ed (DR Lounge)  
5:45 MOVIE NIGHT: Woman in Gold (2015) (SR)

6  
9:30 Book Club w/ Keith - Jane Austen (SR)  
10:30 Resident Council Meeting (SR)  
11:45 AL Lunch Outing (Sign Up-Limit 9) HUB B  
1:15 Exercise to Music w/ Fitness Staff (SR)  
2:00 Fancy Fingers w/ Marianne (Outside SR)  
2:00 News of the Day Discussion (DR Lounge)  
2:30 Broadway Trivia (DR Lounge)  
3:30 Happy Hour (DR Lounge)

7  
9:45 Morning Music & Stretch (SR)  
10:30 Roger Hirsh Piano (SR)  
2:00 Memorial Service for Irene Locker (SR)  
3:00 Art Hour w/ Chanda (SR)  
4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)

8  
**International Women's Day**  
10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Mark (CS & 1390)  
1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)  
2:00 Israeli Dancing w/ Barbara (SR)  
2:45 Whiteboard Games w/ Amy (SR)  
4:00 Trivia w/ Amy (DR Lounge)  



9  
**Daylight Savings**  
9:30 Daily Chronicle (SR)  
10:00 Trivia Time w/ Makayla (SR)  
10:20 Pet Therapy Visit w/ Christine & Leo! (DR Lounge)  
10:45 Seated Tai Chi & Movement w/ Patrick (SR)  
1:30 Word Games w/ Kevin (SR)  
2:45 Afternoon Watercolor Art w/ Makayla (SR)

10  
9:00 Dominoes with Elliot (Hub C)  
9:30 Daily Chronicle (SR)  
10:00 Speed Trivia w/ Makayla (SR)  
10:30 Travel Log w/ Hernan Perez (SR)  
1:15 Mahjong w/ Charlyne & Mona (Hub A)  
1:15 Fitness & Fun w/ Fitness Staff (SR)  
1:30 Pet Therapy Visit w/ Kathy & Finn (DR Lounge)  
2:00 Let's Talk: Self Care! w/ Makayla (SR)  
3:00 Concert: Vincent Young (SR)  
5:45 Movie Night: Mamale (1938) (SR)

11  
9:30 Scenic Drive (Sign Up-Limit 9) HUB B  
9:45 Daily Chronicle & Daily Scoop (DR Lounge)  
10:15 Comedic Television Show Trivia (DR Lounge)  
10:45 Shmooze w/ Rabbi Yaffa-Shira (DR Lounge)  
1:30 Broadway Musical Trivia (DAVS)  
2:00 Fancy Fingers w/ Eva (Hub A)  
2:30 Current Events w/ Rick LeVine (DAVS)  
3:30 Whiteboard Games - Literature Edition (DR Lounge)

12  
9:30 Morning Moves w/ Ed (SR)  
10:00 PBS: A Yiddish World Remembered (SR)  
1:30 \$1 Bingo w/ Ed & Danny (SR)  
3:00 Corner Store (SR)  
3:30 Music Requests (DR Lounge)  
5:45 MOVIE NIGHT: Breakfast at Tiffany's (1961) (SR)

13  
9:00 Sound Therapy w/ Kathleen (SR)  
10:00 Jewelry Making w/Rochelle (SR)  
1:00 Scenic Drive (Sign Up-Limit 9) HUB B  
1:15 Exercise to Music w/ Fitness Staff (SR)  
2:00 Fancy Fingers w/ Marianne (Outside SR)  
2:00 Jeopardy! (DR Lounge)  
3:30 Happy Hour (DR Lounge)

14  
**Purim!**  
9:30 Daily Chronicle (DR Lounge)  
10:00 Purim Shpiel w/ Rabbi Yaffa-Shira & Cantor Kathy (CS)  
1:30 Art Hour w/ Chanda (SR)  
3:00 Know That Comedian - Rodney Dangerfield Presentation (SR)  
4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)  


15  
10:00 Shabbat Services w/ Rabbi Yaffa-Shira (CS & 1390)  
1:30 Music & Sunshine w/ Amy (DAVS)  
1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)  
2:30 Daily Chronicle & Discuss (DR Lounge)  
3:00 Trivia w/ Amy (DR Lounge)

16  
9:30 Daily Chronicle (SR)  
10:00 The Midwife - Netflix (SR)  
10:45 Seated Tai Chi & Movement w/ Patrick (SR)  
1:30 Historical Trivia w/ Makayla (DR Lounge)  
2:30 San Diego Jewish Men's Choir Performance (CS)  
3:45 Music & Schmooze w/ Makayla (DR Lounge)

17  
9:00 Dominoes with Elliot (Hub C)  
9:30 Daily Chronicle & Trivia w/ Makayla (SR)  
10:15 Sunroom Volleyball w/ Makayla (SR)  
1:15 Mahjong w/ Charlyne & Mona (Hub A)  
1:15 Fitness & Fun w/ Fitness Staff (SR)  
2:00 Self Care Workshop w/ Kathleen (SR)  
3:00 Blue zones Documentary (SR)  
5:45 Movie Night: 007 - On Her Majesty's Secret Service (1969) (SR)

18  
9:30 Scenic Drive (Sign Up-Limit 9) HUB B  
9:45 Daily Chronicle & Daily Scoop (SR)  
10:15 Jeopardy! (SR)  
1:30 Entertainment with Hitoshi (SR)  
2:00 Fancy Fingers w/ Eva (Outside SR)  
2:30 Current Events w/ Rick LeVine (SR)  
3:30 Whiteboard Games - Famous Film Edition (SR)

19  
9:30 Morning Moves w/ Ed (SR)  
10:00 Daily Chronicle & Trivia (SR)  
10:30 Legends in Concert: Andy Williams (SR)  
1:30 Concert: Glenn Kramer (SR)  
2:45 \$1 Bingo w/ Ed & Danny (SR)  
5:45 MOVIE NIGHT: West Side Story (1961) (SR)

20  
9:30 Book Club w/ Keith (SR)  
10:30 Trivia w/ Jerry (DR Lounge)  
11:00 'Go-Bag' & Evacuation Presentation w/Safety Officer, Regina New (CS)  
1:00 Scenic Drive (Sign Up-Limit 9) HUB B  
1:15 Exercise to Music w/ Fitness Staff (SR)  
2:00 Fancy Fingers w/ Marianne (Outside SR)  
2:00 Script Reading (DR Lounge)  
3:30 Happy Hour (DR Lounge)

21  
9:45 Morning Yoga & Music (SR)  
10:30 Roger Hirsh Piano (SR)  
1:30 Sunshine & Music (DAVS)  
2:45 Jeopardy & Spelling Bee (DR Lounge)  
4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)

22  
10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Kathy (CS & 1390)  
1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)  
1:30 Sunroom Volleyball w/ Amy (SR)  
2:45 Trivia w/ Amy (SR)  
3:45 Whiteboard Challenge (SR)

23  
9:30 Daily Chronicle (SR)  
10:00 Trivia Time w/ Makayla (SR)  
10:45 Seated Tai Chi & Movement w/ Patrick (SR)  
1:30 Word Games w/ Kevin (SR)  
2:45 Afternoon Volleyball w/ Makayla (SR)  
4:00 Chit Char & Relax w/ Makayla (DR Lounge)

24  
9:00 Dominoes with Elliot (Hub C)  
9:45 Daily Chronicle (SR)  
10:00 Morning Moves w/ Makayla (SR)  
10:30 Blue Zones Documentary (SR)  
1:15 Mahjong w/ Charlyne & Mona (Hub A)  
1:15 Fitness & Fun w/ Fitness Staff (SR)  
1:30 Pet Therapy Visit w/ Kathy & Finn (DR Lounge)  
2:00 White Board Games w/ Makayla  
3:00 Concert: Vincent Young (SR)  
5:45 Movie Night: G.I. Jews (2017) (SR)

25  
9:30 Scenic Drive (Sign Up-Limit 9) HUB B  
9:45 Classic Mystery Movie Trivia (DR Lounge)  
10:15 News of the Day (DR Lounge)  
10:45 Shmooze w/ Rabbi Yaffa-Shira (DR Lounge)  
1:30 1950's American Trivia (SR)  
2:00 Fancy Fingers w/ Eva (Outside SR)  
2:15 Pet Visit w/ Helen Woodward (DR Lounge)  
2:30 Current Events w/ Rick LeVine (SR)  
3:45 Joke w/ Me (DR Lounge)

26  
9:30 Morning Moves w/ Ed (SR)  
10:00 Daily Chronicle & Trivia w/ Ed (SR)  
10:30 Artie Shaw & Friends (SR)  
1:30 \$1 Bingo w/ Ed & Danny (SR)  
3:00 Corner Store (SR)  
3:15 Trivia and Reminisce w/ Ed (DR Lounge)  
5:45 MOVIE NIGHT: UP! (2009) (SR)

27  
9:30 Daily Chronicle & Daily Scoop (SR)  
10:00 Beading w/ Rochelle (SR)  
1:00 Scenic Drive (Sign Up-Limit 9) HUB B  
1:15 Exercise to Music w/ Fitness Staff (SR)  
2:00 Fancy Fingers w/ Marianne (Outside SR)  
2:00 Live Entertainment: Naomi Alter! (SR)  
2:30 Culinary Meeting (DR Lounge)  
3:30 Happy Hour (DR Lounge)

28  
9:30 SDJA Student Visit - All About Shabbat (SR)  
1:30 Art Hour w/ Chanda  
3:00 Jeopardy! (SR)  
4:45 Shabbat Candle Lighting w/ Rabbi Yaffa-Shira (DR)

29  
10:00 Shabbat Services w/ Rabbi Yaffa-Shira & Cantor Mark (CS & 1390)  
1:30 Shabbat Limud w/ Rabbi Yaffa-Shira (CS)  
2:00 Israeli Folk Dancing w/ Barbara (SR)  
2:30 Trivia w/ Amy (SR)  
3:30 Whiteboard Games w/ Amy (SR)

30  
9:30 Daily Chronicle & Discuss (SR)  
10:00 The Midwife - Netflix (SR)  
10:45 Seated Tai Chi & Movement w/ Patrick (SR)  
1:30 Word Games w/ Kevin (SR)  
2:45 Pop Culture Presentation w/ Makayla (SR)  
4:00 Music & Schmooze w/ Makayla (DR Lounge)

31  
9:30 Daily Chronicle (SR)  
10:00 Jeopardy w/ Makayla (SR)  
1:15 Mahjong w/ Charlyne & Mona (Hub A)  
1:15 Fitness & Fun w/ Fitness Staff (SR)  
2:00 White Board Games w/ Makayla (SR)  
3:00 Famous Musical Performances w/ Makayla (SR)  
5:45 Movie Night: The Grapes of Wrath (1940) (SR)

# March 2025 - Life Enrichment Newsletter

## Room Codes

**AVS**= Annette's Village Square\*\*  
**CL**=Computer Lab  
**CS-DR**= Chodorow Synagogue/  
 Dining Room  
**FC** = Fitness Center  
**FP** = Fireside Patio  
**GHC**= Goldberg Healthcare  
**GR**= Guardian Room in GHC  
**GRC**= Goldberg Residence Court

**LI**= Library (Building A)  
**R**= Recreation Room\*  
**SR**= Assisted Living  
 Sunroom (upstairs)  
**TH** =Theater  
**TR**= Tasting Room\*  
**TVLO**= TV Lounge\*

## Buildings

(A) Independent Living  
 (B) Healthcare Center  
 (C) Administration  
 (D) Assisted Living  
 (E) Memory Care  
 (F) Independent Living

\*\* Non Kosher except for tables directly outside Mel's Café  
 \* Non Kosher

## Important Contacts

Mary Fawell - Director of Assisted Living - **760-516-2040**  
 Sophia Rucireta - Life Enrichment Specialist - **(760) 632-8948**  
 Fitness Center - **760-632-3739**  
 Sheryl Seltser - Volunteer Liaison - **760-632-3718**  
 Rabbi Yaffa-Shira - Director of Spiritual Life - **760-942-2950**  
 Front Desk Reception - **760-632-0081**  
 Room Tray Line - **760-516-2009**

## Color Key

- Trips (Drives, Tours, & Shopping Loops)
- Religious Programming
- Fitness
- Resident Council Meeting
- Vendors
- Volunteers
- Involving Food

## Hair Salon Open Fridays

To make an appointment, please come to the salon and write your name in the appointment book.

## Assisted Living Outings

### Lunch Outing

Chin's - Encinitas, CA on 3/6  
 @ 11:45 - 1:45

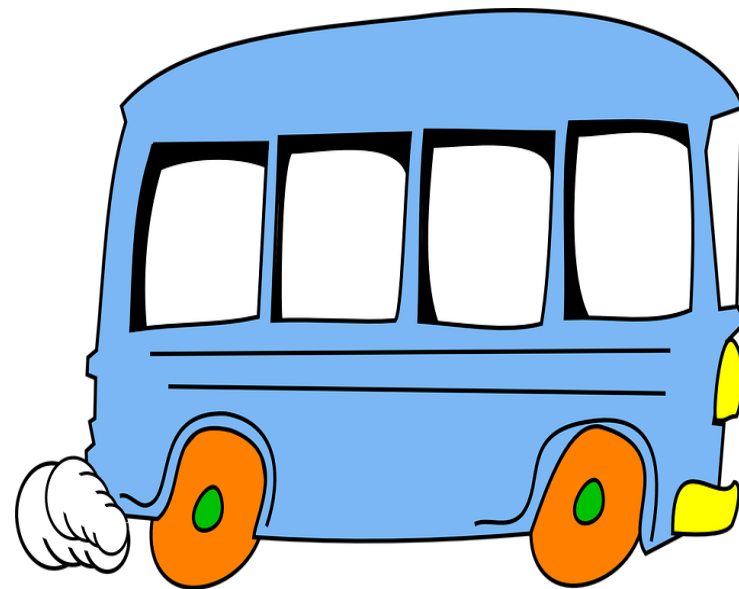
### Scenic Drives

#### Tuesdays

March 4, 11, 18 & 25 @ 9:30 - 11:15

#### Thursdays

March 13, 20, 27 @ 1:00-2:45



### Don't Miss!!

The Purim Shpiel!!  
 w/ Rabbi Yaffa-Shira  
 & Cantor Kathy  
 March 14th @ 10:00  
 in the Synagogue!

Featuring  
 our very own  
**SEACREST  
 ACTORS!**



"Life is a gift, and so are you! Hoping you have a wonderful, beautiful and exquisite birthday!"

LOVE,  
 YOUR LEICHTAG  
 ASSISTED LIVING  
 FAMILY



**Bo Anderson 3/27 - 447**

## Entertainment in the Synagogue

**March 2 @ 2:30**  
**Concert: Shirim**  
**B'Lev Jewish Women's Choir**

**March 14 @ 10:00**  
**Purim Celebration!**

**March 16 @ 2:30**  
**Concert:**  
**San Diego Jewish Men's Choir Performance**



**Book Club:** w/ Keith every 1st & 3rd Thursday of the month at 9:30 in the Sunroom

**Dominoes:** w/ Elliot every Monday at 9:00 in Hub C

**Fancy Fingers:** Tuesdays & Thursdays at 2:00 outside of the Sunroom

**Trivia:** w/ Jerry on 3/6 & 3/20 at 10:30 in the DR Lounge

**Jewelry Making:** w/ Rochelle on 3/13 & 3/27 at 10:00 in the Sunroom

**Word Games:** w/ Kevin on 3/2, 3/9, 3/23 & 3/30 at 1:30 in the Sunroom

**Mahjong:** w/ Charlyne & Mona every Monday at 1:15 in Hub A

**Sound Therapy:** w/ Kathleen on 3/13 at 9:00 in the Sunroom

**Self-Care Workshop:** w/ Kathleen on 3/17 @ 2:00 in the Sunroom

**Piano Performance:** w/ Roger Hirsch on 3/7 & 3/21 at 10:30 in the Sunroom

**Pet Visit:** w/ Christine & Leo on 3/9 @ 10:20 in the DR Lounge

**Pet Visit:** w/ Kathy & Finn on 3/10 & 3/24 at 1:30 in the DR Lounge

**Pet Visit:** w/ Helen Woodward on 3/25 at 2:15 in the DR Lounge